

LIFELONG LEARNING INSTITUTE – MANASSAS

FALL 2019 PROGRAM GUIDE



Learn as if you were to live forever.

-Mahatma Gandhi

How to Contact LLI

LLI-Manassas
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Haymarket, VA 20168

Website: www.lli-manassas.org

E-mail: llimanassas@gmail.com

Inclement Weather Policy

If Prince William County Schools are cancelled, or students are sent home early because of inclement weather, LLI classes and all other activities for that day are cancelled. If Prince William County Schools have a delayed opening, LLI classes and all other activities will be held as scheduled. Exceptions may be made for bus trips. For school closings call 703-791-2776 and choose menu item 3. Cancellations will be posted on LLI's website.

Lifelong Learning Institute (LLI)-Manassas
is hosted by the
Manassas Campus of Northern Virginia Community College.

Cover photograph: LLI members visit the B&O Railroad Museum during the Spring 2019 semester.

Photographer: Patricia Campbell

Fall 2019 Program Guide

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Fall Registration & Social

Wednesday, September 11, 2019

1:00-3:00 p.m.

Hylton Performing Arts Center

10960 George Mason Circle, Manassas

Directions: From Prince William Parkway turn right onto University Blvd. if you're going north, left if you're going south. Take first left and then left at dead end and follow into parking lot.

- Invite prospective members to attend
- Register for classes (cash or checks, no credit cards). Be sure to bring a blank check in case your final dollar amount changes.
- Meet class coordinators
- Learn about LLI's various clubs
- Participate in drawings for door prizes
- Socialize with other members and enjoy light refreshments

Annual Holiday Luncheon

Thursday, December 12, Regency Clubhouse
15351 Championship Dr., Haymarket, VA 20169
See page 13 for details and sign-up instructions.

Thank You to LLI Venues

The following offer meeting space free of charge:

Bethel Lutheran Church
Dar al-Noor Islamic Community Center
Hylton Performing Arts Center
Juke Box Diner
Manassas Park Community Center
Northern Virginia Community College (NOVA-Manassas)
Quarry Station Senior Apartments
Trinity Episcopal Church

Volunteer Opportunities

In order to continue to grow and develop, LLI-Manassas needs you to step forward to offer your skills and time in a variety of ways. Please contact any member of the Board of Directors to discuss how you can be of service through any one of the six current committees. You will find the contact information for all members of the board at the back of this program guide.

NOVA Educational Opportunities for Seniors

LLI members are invited to explore educational opportunities offered by Northern Virginia Community College (NOVA) through the Workforce Development & Continuing Education office.

Details are explained in a mailer the college sends to local residents. Additional information is available on NOVA's website:
<https://www.nvcc.edu/admissions/apply/seniors.html>

LLI-Manassas Is Grateful To

Northern Virginia Electric Cooperative (NOVEC) for a grant, which helps pay our technology and website expenses.

At a Glance Chart

The At a Glance Chart has been omitted this semester. Forums, events, classes, trips and clubs are numbered and, within each category, are in order of their starting date. A calendar view of all is on LLI's website (www.lli-manassas.org). The calendar is continuously updated to reflect any changes or cancellations. You will also find a list of all forums, events, classes, trips and clubs in numerical order on the registration form on pages 59 and 60.

About the Lifelong Learning Institute

The Lifelong Learning Institute (LLI-Manassas) is a membership organization managed by and for its members. Our mission is to establish a community of adults, 50 years of age and older, that provides affordable educational and social opportunities in a friendly atmosphere. We are hosted by Northern Virginia Community College (NOVA)-Manassas Campus.

We offer daytime and occasional evening classes. In addition to the classes, trips, speaker forums and clubs scheduled for fall and spring semesters, social activities and special events are offered throughout the year. Classes are held at various locations including NOVA-Parrish Hall, Hylton Performing Arts Center, churches, community centers and senior living facilities. Instructors and presenters, who come from diverse backgrounds, are experts in their fields and leaders in various professions. Some are also LLI members.

LLI provides a relaxed, non-threatening atmosphere to facilitate learning. Mental stimulation is as important as physical exercise in maintaining good health. Making new friends is also an important part of the LLI concept.

Members can attend as many classes and activities as they wish, depending on available space. There will be charges for trips and for some classes and special events. Any person age 50 or older is cordially invited to become a member by completing the online membership application or the form at the back of this program guide.

LLI-Manassas may from time to time award an individual scholarship consisting of a dues-paid membership for either a full or half-year. Requests for a scholarship may be submitted by members on behalf of themselves or another person (prospective member). This request must be in writing and detail the reasons and justification for the award. Submit requests to the secretary, Cathy Walsh, cathytrw@aol.com.

The Manassas LLI was organized in 2003 and is one of many LLIs located throughout the United States and Canada. Most (including LLI-Manassas) are affiliates of the Elderhostel Institute Network (EIN). Visit their website at www.roadsscholar.org/ein/intro.asp to learn more about other LLIs.

F2019 Dues, Registration & Other Information

Membership dues must be paid before you register for classes. You can pay by three methods: 1. By credit card on the LLI website (preferred); 2. By check with your mailed-in class registration; or 3. By cash or check at the Fall Registration and Social on September 11. Annual renewal dues of \$125 are payable in September and cover both the fall and spring semesters. New members who join for the first time in January will pay \$75 for the half year (spring semester). **Except for new members joining for the first time in January, no half-year memberships are offered.**

There are three ways to register for classes:

On-line beginning Sept. 9. Go to LLI's website (lli-manassas.org). Click "LLI Class Registration" at the top of the web page. Login using your Username and Password and follow the directions. **Need help?** See "Using the LLI Website" on page 8.

By mail using the form at the back of this program guide.

In person at the Fall Registration & Social on Wednesday, September 11. Due to security concerns only checks and cash (no credit cards) will be accepted. See page 3.

Sign up for as many forums, classes, trips and clubs as you wish, but plan to attend all of them, since instructors and coordinators prepare for the total number registered. If you are wait-listed for a class, the coordinator will make every effort to get you into the class and will let you know if space is available.

Name tags. LLI provides each new member a one-time complimentary name tag. You are encouraged to wear your name tag at all events. You can order a replacement tag (\$8.50) directly from Weisco Printing in Manassas, 703-368-7810, signsbyweisco@aol.com.

Coordinators. An LLI member serves as coordinator for each forum, class or trip. Contact the coordinator if you have questions **or if you are unable to attend a class for which you are registered.** About one week before each forum, class or trip you signed up for starts, you will receive an email reminder from the coordinator.

Venues. Directions to class venues are at the back of this program guide and are included on LLI's website (lli-manassas.org).

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Bring a Guest. Members can bring a guest/potential LLI member to one class meeting each semester (space permitting, and any fees paid). Please notify the class coordinator in advance any time you plan to bring a guest.

Class, event and bus trip fees must be paid with your registration. **You will not be registered unless fees are paid.** If you register online, the fee will not be charged to your credit card if you are wait-listed for a class. If you register by mail or in person and paid by check or cash for a class, event or trip that you are unable to attend because it is full or was cancelled, a refund check will automatically be mailed to you.

Fee Refund Policy: Some fees are non-refundable because they are paid in advance to a vendor or to purchase supplies. Refund procedures for bus trips and classes that require a fee are explained in each bus trip/class write-up.

Class/event fees of \$15 or less will not be refunded unless the class or event is cancelled, in which case refund checks will be automatically mailed to all registered students.

Class/event fees greater than \$15: If you notify the class coordinator of a cancellation by the date stated in the writeup, you can request a refund. If you cancel after the cutoff date, no refund will be issued.

Refund Request Procedure: You can submit a refund request online by going to the Member Area on the LLI website and supplying the necessary information, or you can complete the Request for Refund form at the back of this program guide.

Using the LLI Website

Use the LLI website (lli-manassas.org) to keep up with what's happening in LLI. You can view the calendar of events and the current program guide. You can also register for classes, view your current registrations, and edit your personal information.

Access Your Personal Account

Click on the ***Class Registration*** link at the top of the LLI webpage. Existing members: enter your personal LLI username and password to log into your account. At the next screen, you can renew your membership and register for classes. Click the ***My Account*** tab to view your class registrations and edit your personal information.

Access Our Common Member Area

Use the generic password, **llimanassas!** (all lower case with exclamation point). This area contains LLI documents and forms (Trip Waivers, Requests for Refunds, etc.). It also contains minutes of board meetings, the LLI by-laws, and class materials provided by instructors.

Join LLI (New Member)

Click the ***Join/Renew*** link at the top of the LLI webpage. At the next screen, click the ***New User Start Here*** link.

Forgot Your Password?

If you forget your username or password, click the Forget Password link at the top of the Class Registration page. Enter your email address, and an email will immediately be sent to you showing your username and instructions for re-setting a new password. Check your spam/junk folder if you don't find this email in your inbox.

Speaker Forums (F1901-02)

Forums are open to the public, and LLI members are encouraged to bring friends and neighbors. Refreshments will be served before the presentation.

F1901 Wacky and Weird – Virginia’s Unique Places

Wednesday, Oct. 9

10:00 a.m. refreshments; 10:30 a.m.-noon speaker

Hylton Performing Arts Center

Speaker: Charlie Grymes

It’s entertaining to rummage through the attic and the basement. There are treasures hiding in plain sight and tucked away in trunks. You may already know that Colonial Williamsburg rebuilt the wrong Capitol building (oops...) and a train is buried inside Richmond’s Church Hill, but did you know that Luray Caverns was stolen, the U.S. Army built Virginia’s first nuclear reactor at Fort Belvoir, Natural Bridge has committed manslaughter, and a giant cave at Lake Accotink stores propane? That Fairfax County and Chincoteague were proposed to be included in West Virginia? Great Falls will disappear? Competition for trade was so fierce that Petersburg had a gang literally tear up the railroad to Portsmouth? Come take a tour of the weird, wacky, and oddball facets of Virginia, and take home some entertaining tales to share with family and friends who come to visit.

Charlie Grymes teaches Virginia geography at George Mason University and is the author of the Virginia Places website (www.virginiaplaces.org). He spent over 30 years with the Department of the Interior, working as park ranger, scenic easement administrator, budget analyst, information technology manager, manager of Internet-based outreach, and project leader for an electronic government project. Charlie has presented several classes for LLI-Manassas.

Ann Cain, LLI Coordinator

alcainva@yahoo.com, 757-270-7152

F1902 Guitars in Sync – Music in the Les Paul and Mary Ford Tradition

Wednesday, Oct. 16

10:00 a.m. refreshments; 10:30 a.m.-noon speakers

Hylton Performing Arts Center

Speakers: George Bowley and Laurie Dupuis

Remember Les Paul and Mary Ford – the very popular 1950s husband-and-wife guitar duo? Think back to “How High the Moon” and “The World is Waiting for the Sunrise.” When George Bowley first heard Les Paul in 1950, he made it his goal to learn how to play the guitar in that style and to master the recording process that Les used to create this fascinating sound. Les responded to young George, and a friendship ensued over the years. George and his daughter, Laurie Dupuis, will share with us their own multiple guitar and vocal music and memories of Les Paul and Mary Ford and how their sound was produced. Their program includes 14 melodious songs with anecdotes and personal stories and will provide a delightful return to some of the tuneful music of the 50s and 60s.

George Bowley, a Naval Academy graduate, served 20 years as a naval officer and retired as a commander in 1979. He spent another 25 years as a senior program manager providing multi-faceted technical, management, and programmatic support to various military commands, defense agencies and research laboratories. Throughout his two primary careers, he has also managed to spend a lifetime learning the recording and playing skills of famed guitarist Les Paul.

Laurie Dupuis, George’s youngest daughter, has a natural musical talent and timing instinct for recording multiple voice tracks and for creating flowing background vocal harmonies ideal for recreating Mary Ford. She joined her father in 1980 to form a highly successful recording and performing team. She has a bachelor’s degree in psychology from James Madison University, a master’s in clinical psychology from George Mason University, and recently received her doctorate in clinical psychology from Argosy University. She is currently practicing in Springfield, Va. She and her father have both been honored as lifetime members of the Recording Academy and have twice been considered for a Grammy Nomination.

E. Perley Eaton, LLI Coordinator
eperley.eaton@gmail.com, 703-795-1923

Special Events (F1903-06)

F1903 New Member Orientation: LLI – What’s in It for Me?

Monday, 10:30 a.m.-noon, Sept. 16

Trinity Episcopal Church

Instructors: Mike Ahern, Mary Foster, Kathy Hernandez, Nancy Osborne

This class is designed for members of LLI who would like to know more about the history and operation of the organization. New members are encouraged to attend to learn about what LLI can offer them, including opportunities for socialization, volunteering and, of course, learning. It is hoped that those who have been LLI members for several years will also attend to meet the new members and become informed about current opportunities to contribute for a richer experience in their lifelong learning journey. We will discuss how you can become involved, have fun, and meet new people – all at the same time. Light refreshments will be served.

Mike Ahern holds bachelor’s and master’s degrees in chemistry. He served 26 years in the U. S. Army and later taught in Prince William County Schools and for George Mason University. He served LLI as vice-president for three years and is now president of the organization.

Mary Foster has been a member of LLI since moving to Virginia in 2011. She has been on the board of directors since 2013 and served as president for three years. Mary has a master’s degree in special education and has taught elementary and adult students for 23 years.

Kathy Hernandez is LLI’s webmaster. After living in Florida and Georgia, she settled in Manassas about 18 years ago. She retired two years ago after serving in the U.S. Navy and working for the federal government for 36 years.

Nancy Osborne was on the core committee that started LLI-Manassas in 2003. She served on the board of directors for six years and was president of the organization for two of those years. She now serves on the program committee.

Nancy Osborne, LLI Coordinator
anosb@verizon.net, 703-361-6633, 703-586-7835

F1904 Happy Hour



**Learn about our
Committees and how
to volunteer:**

- Events Coordination**
- Finance**
- IT**
- Membership**
- Outreach**
- Program**
- Trips**

**TUESDAY
SEPTEMBER 17
4-5:30 PM**

**Light Refreshments
Drawings for Free
Hylton Performances**

**Trinity Episcopal Church
9325 West St
Manassas, VA 20110**

*Volunteers keep LLI functioning and thriving. Each member of LLI possesses interests, skills, talents, and expertise to contribute by joining one of several committees, and a great way to get to know new people is by working together in small groups. A first step could be joining others for dinner afterwards in Old Town Manassas. **F1904 Happy Hour** - Sign up for this event using the registration form at the back of this program guide.*

Questions?

**Mary Foster/maryfoster42@gmail.com/571-222-7012
Nancy Osborne/anosb@verizon.net/703-361-6633**

F1905 Social Connect Brown Bag Lunch

Wednesdays, Noon-1:00 p.m., Oct. 23, Nov. 20

Facilitators: Mary Foster and Dar Miklosovich

Bethel Lutheran Church

The Manassas-LLI mission statement includes “social opportunities in a friendly atmosphere.” Therefore, in being true to our mission, we have brown bag lunches for members, new and seasoned, to come together to get to know each other a little better, to chat, to have fun, and to comment or ask questions about LLI. You provide the protein for your lunch and we will supply the carbs with cookies and drinks. Sign up and attend either or both days. We look forward to seeing you.

Nancy Osborne, LLI Coordinator

anosb@veizon.net, 703-361-6633, 703-586-7835

F1906 A or B Annual Holiday Luncheon

Thursday, Dec. 12

Sign-in begins at 11:15 a.m., and lunch will be served at noon

F1906 A. Member \$15 (include with registration)

F1906 B. Guest \$25 (include with registration)

Regency Clubhouse, 15351 Championship Dr., Haymarket

Last date for sign-up or cancellation is Nov. 22. For more information, contact Karla Anzzolin, 703-392-9620, rocmusisn@comcast.net. Directions to the Regency Clubhouse are in the venue section at the back of this program guide.

Classes (F1907-43)

LLI-Hylton Performing Arts Center Partnership (F1907-8)

This semester LLI is partnering with the Hylton Performing Arts Center to offer a tour of the new Educational and Rehearsal Wing. A performance by the Manassas Chorale will also be featured.

F1907 Manassas Chorale: *Broadway's Best*

Lecture: Tuesday, 1:30-3:00 p.m., Sept. 24

Hylton Performing Arts Center

Instructor: Becky Verner

Becky Verner will introduce her opening concert, in which magical melodies will find their way from NYC's Great White Way to Merchant Hall in this showcase of famous Broadway tunes. The full 100-voice Chorale, its smaller Ensemble, and top choirs from select local high schools will perform favorites from a variety of musicals in this sensational season opener.

Rebecca (Becky) D. Verner is the artistic director of the Manassas Chorale. Under her leadership, the Chorale has sung nine Candlelight Concerts at historic Bruton Parish Church in Williamsburg, and at Carnegie Hall and Lincoln Center in New York City. The Chorale Ensemble has sung at the Washington National Cathedral. Becky is also Director of Music at Manassas Baptist Church, where she oversees the music ministry and directs the adult choir, a children's choir and adult handbells. Past Dean of the Northern Virginia chapter of the American Guild of Organists, Becky is a member of the American Choral Directors Association, Choristers Guild and serves on two state committees for her denomination. In 2007, the Manassas Parade Committee named her "Woman of the Year."

Performance: *Broadway's Best*

Saturday, 7:30 p.m., Oct. 12

Hylton Performing Arts Center

Tickets: Adults \$20, \$18. Children 18 and under are free. No LLI discount since tickets are already discounted.

Bob Marsh, LLI Coordinator

omarshva@icloud.com, 703-789-6681

F1908 News and Tour at the Hylton Performing Arts Center

Thursday, 1:30-3:00 p.m., Oct. 10

Hylton Performing Arts Center

Instructors: Claire Machosky-Ullman and Marit Majeske

Building upon years of programming experience and an understanding of our region's requirements, the new Education and Rehearsal Wing will complete the original vision for the Hylton Performing Arts Center. Prior to the tour we will hear about how the Hylton Center and PAK (Performing Arts for Kids) offer an experience of the arts to the children of our community. We will also learn about the Hylton's efforts to make the performing arts accessible to members in the audience with special needs.

Claire Machosky-Ullman, a retired New York teacher and school administrator, resides in Prince William County. She has served as the Occoquan Bicentennial Chairperson, the Odyssey of the Mind school coordinator for Gravely Elementary School and is currently co-chair of the Hylton Education Committee. Claire is a charter member of Performing Arts for Kids and is currently its vice-chairperson.

Marit Majeske has been the front of house manager at the Hylton Performing Arts Center since it opened in May 2010. In October 2016, she took on the additional role of interim education coordinator, working with local school systems to provide diverse arts experiences to local students. Prior to joining the staff at the Hylton Center, she worked as an assistant house manager at Ford's Theater and a volunteer intern with the Performing Arts for Everyone and Kennedy Center Friends offices at the Kennedy Center. Marit holds a bachelor's degree in music and broadcast journalism from Winthrop University (Rock Hill, South Carolina) and a master's in arts management from George Mason University. She received the Kennedy Center Leadership Exchange in Arts and Disability (LEAD) Emerging Leader Award in August 2014.

Bob Marsh, LLI Coordinator

omarshva@icloud.com, 703-789-6681

Arts & Literature (F1909-13)

F1909 Understanding Opera: A Guide for the Passionate and the Puzzled

Tuesday and Wednesday, 10:00 a.m.-noon, Sept. 17, Oct. 30

Hylton Performing Arts Center

Instructor: Dr. Glenn Winters

This class will introduce students to the first two productions of Virginia Opera's 2019-2020 season: Giacomo Puccini's *Tosca* and Daniel Catan's *Il Postino*. The instructor will present detailed musical and dramatic analysis illustrated with audio and video excerpts. This class is recommended for beginners and opera buffs alike.

Glenn "Doc Opera" Winters is in his 16th season as Virginia Opera's community outreach musical director, imparting his knowledge and love of opera to thousands of Virginians. Dr. Winters is the composer of ten operas successfully performed by Virginia Opera, Piedmont Opera, Cimarron Opera and others. He is the author of *The Opera Zoo: Singers, Composers and Other Primates*, available from Kendall Hunt Publishing.

Ann Cain, LLI Coordinator

alcainva@yahoo.com, 757-270-7152

F1910 Tour of the Lorton Workhouse Arts Center

**Thursday, 10:30 a.m.-noon, Sept. 26 (rain date Thursday, Oct. 17)
Workhouse Arts Center, 9601 Ox Rd., Lorton, VA 22079
Leader: Andrea Mays**

Andrea Mays, who conducted two classes on mosaic art this past spring, will conduct a tour of the Workhouse including the Glasshouse (Building 7), where she was a studio artist creating mosaic art with an emphasis on historic reproductions among other glass art. Andrea will arrange for some of the artists in the Glasshouse to give demonstrations. After the tour, registrants will be free to explore 12 galleries, where they can see one of a kind art being created by some of the 65 artists and 25 associate artists currently at the Workhouse Visual and Performing Arts Center. Also, a new museum will be open depicting the history of the Workhouse and the cruel treatment that the Suffragists received for protesting in Washington, D.C. for the right to vote.

Note: Parking is free. There will be a lot of walking but no steps and plenty of benches. Go to www.workhousearts.org for directions and other information. Rain date is Thursday, October 17.

Andrea Mays was a mosaic artist at the Workhouse Arts Center in Lorton and specialized in historic reproductions from the Roman and Byzantine eras. She has toured several European countries to see the mosaic art of the world and currently uses her artistic knowledge and skills by creating free form mosaics. Andrea is a former middle school science teacher and is currently active with community theater in the Prince William area.

Nancy Osborne, LLI Coordinator
anosb@verizon.net, 703-361-6633, 703-586-7835

F1911 A Writer's Life

Tuesday, 10:30 a.m.-noon, Oct. 8

Hylton Performing Arts Center

Instructor: Jack DuBrul

While many writers are fortunate to publish even one book, *The New York Times* bestselling author Jack DuBrul is currently working on his 17th novel. His talk will focus on his time as a solo writer and his co-authorship with Clive Cussler, the Grandmaster of Adventure, on the Oregon Files series and most recently *The Titanic Secret*. He will discuss the hows and whys of his career as well as the writing process and how publishing really works. Maybe he will throw in a few anecdotes from his many research trips – like the time a dinner receipt almost cost him his marriage.

Jack DuBrul promised his parents, who had paid for his prep school and college educations, that he'd publish his first novel before turning thirty or he'd give up the dream and get "a real job." He made it with a few months to spare. He went on to write seven more novels featuring globe-trotting geologist Philip Mercer before being asked by Clive Cussler to helm the Oregon Files books and most recently the stories of detective Isaac Bell. A recent transplant from Vermont, DuBrul now calls Northern Virginia home.

Lynn Hoffman, LLI Coordinator

lynnhoffman00@gmail.com, 703-405-2718

F1912 Lights! Camera! Action! Early Years of the Movie Musical

Tuesday, 10:00 a.m.-noon, Oct. 15

Hylton Performing Arts Center

Instructor: Dan Sherman

In 1927, the film musical came to Hollywood with *The Jazz Singer*. Although the technology was initially crude, films quickly evolved through the 1930s to feature the great silver screen films of Fred and Ginger and Technicolor of *The Wizard of Oz*. Unlike later times, movies of this time primarily included songs written for films rather than the stage. This class will provide a chance to sample great performances – both well-known and not – from film musicals of the 1930s that contributed to the Great American Songbook.

Dan Sherman is a recently retired economist who earned his doctorate at Cornell University. He has taught more than 25 courses to lifelong learning groups in the Washington area, mostly on topics related to musical theatre. He gave his first LLI-Manassas class in April 2018, on “Hamilton: The Man and The Musical.” Since then he has given us classes on Frank Lloyd Wright, Oscar Hammerstein and George Gershwin.

Nancy Arrington, LLI Coordinator
narrington1@verizon.net, 703-408-7446

F1913 His Story, Her Story, My Story, Our Stories

Monday, 10:30 a.m.-noon, Nov. 18

Trinity Episcopal Church

Instructor: Glenna Ohlms

The tradition of oral storytelling is as old as language itself. As people learned to communicate, they told stories, and their listeners remembered their favorites and passed them along. After written language came along, those who were able recorded many of those stories for posterity, thus **history**. In this interactive workshop we'll touch on the history of storytelling and how it transcends time and cultures. You'll hear stories from Alaska and Appalachia, Russia and Europe, as well as others based on Glenna's own experiences. You'll find stories in the ordinary objects of daily life and maybe awaken your inner child. Come prepared to relax, have fun, laugh, and perhaps even shed a tear or two.

Glenna Ohlms grew up in Danville and Martinsville, Virginia, where every family gathering was an opportunity to listen to stories from her father, mother, and two brothers as they recounted the adventures of living. She earned a bachelor's degree from Longwood College and a master's from Virginia Tech. Glenna taught pre-school and first through third grades, and she currently teaches English to adults as a volunteer at her church. In retirement she has enjoyed telling stories in area schools, nursing homes, the Nokesville Library, area churches and at the Harris Pavilion in Manassas. She has been a member of two storytelling organizations, Voices in the Glen and a Virginia Storytelling Alliance.

Nancy Osborne, LLI Coordinator

anosb@verizon.net, 703-361-6633, 703-586-7835

Current Events (F1914-18)

F1914 The League of Women Voters: History and Relevance Today

Monday, 1:30-3:00 p.m., Sept. 23

Dar al-Noor Islamic Community Center

Instructor: Carol Proven

The League of Women Voters has been in existence for 100 years, maintaining a long and proud heritage and reputation as an activist grassroots organization whose leaders believe that voters should play a critical role in a democracy. The League is proud to be nonpartisan, neither supporting nor opposing candidates or political parties at any level of government, but always working on vital issues of concern to members and the public. What has it accomplished, and what is its relevance in today's society? In this class we will look at the history of the League and discuss the vital issues its members are addressing today.

Note: Attendees will be asked to remove their shoes; women should not wear sleeveless garments.

Carol Proven, president of the League of Women Voters of the Prince William Area, is a second-generation league member. She taught civics, history and economics at all levels and has been a consultant in the field of project management. Citizen engagement has always been her priority in the classroom and out. Having lived and worked overseas, she appreciates the value of civil discourse and the voting power of the people.

E. Perley Eaton, LLI Coordinator

eperley.eaton01@gmail.com, 703-795-1923

F1915 Anatomy of an Active Shooter

Wednesday, 10:30 a.m.-noon., Oct. 2

Trinity Episcopal Church

Instructor: Col. John Halinski

In this presentation the instructor will discuss the current threats posed by active shooting situations, which have seen an increase in recent years. He will provide insights into the profiles and types of individuals who are active shooters, how to look for possible signs of potential active shooters, and how to classify these types. Most importantly, you will learn how to avoid potential loss of life or injury if you become involved in an active shooter situation, including how to react/respond and how to prepare for these situations. The class will include a team that has experience in active shooter training and preparation, including a member who survived an active shooter situation. This training has been provided to U.S. government agencies and the private sector.

John Halinski, team leader, is a retired USMC officer with extensive experience in counterterrorism and intelligence operations. He served as the deputy administrator/deputy assistant secretary for the Transportation Security Administration and currently owns a global security consulting firm. Col. Halinski will be assisted by James Halinski, a former USMC officer with over twenty-five years working with the CIA. James Halinski survived the Westgate Mall attack in Nairobi, Kenya.

Janet Wheatcraft, LLI Coordinator
jwheatcraft@verizon.net, 703-475-4222

F1916 Great Decisions

Wednesdays, 1:30-3:00 p.m., Oct. 16, 23, Nov. 13, 20

Bethel Lutheran Church

Class fee: Briefing Book \$32 (see Note below)

Instructor: Dan Leahy

Great Decisions is America's largest discussion program on world affairs. The program model involves reading the Great Decisions Briefing Book, watching the DVD and meeting in a group to consider the most critical global issues facing America today. The Spring 2019 semester included Refugees and Global Migration, The Middle East: Regional Disorder, Nuclear negotiations: Back to the Future? and The Rise of Populism in Europe. Topics for this semester will be Decoding U.S.-China Trade, Cyber Conflicts and Geopolitics, The United States and Mexico: Partnership Tested, and State of the State Department and Diplomacy.

Note: Information on purchasing the Briefing Book will be sent to members who register for the class.

Dan Leahy is a retired federal government employee with over 30 years of public service in the area of international trade. Dan is a longtime member of LLI and taught the Current Events Discussions and Great Decisions classes for several years. He is a past president of LLI and currently is a member of the program committee.

Dan Leahy, LLI Coordinator

dfleahy47@aol.com, 703-309-0914

F1917 The U.S. Court of Appeals for Veterans Claims

Wednesday, 10:30 a.m.-noon, Nov. 13

Hylton Performing Arts Center

Instructor: Chief Judge Robert N. Davis

Currently there are 19 million living veterans in the United States, of which 4.8 million receive disability compensation. In this class Chief Judge Davis of the U.S. Court of Appeals for Veterans Claims will detail what is involved when veterans decide to make claims as well as how they can be served by the Court. He will discuss the history and structure of this Court, which President Reagan created in 1988, and the fact that it is part of the United States judiciary, not a part of the Department of Veterans Affairs. He will go on to explain how the Court fits into the appellate system.

Chief Judge Robert N. Davis was appointed as a Judge of the U.S. Court of Appeals for Veterans Claims by President Bush in 2004. He became Chief Judge in 2016 and presides over the Court as a decorated Navy veteran. Prior to his judicial appointment, he was a tenured professor at Stetson University College of Law in Gulfport, Florida. He also taught for 13 years at the University of Mississippi School of Law. Chief Judge Davis has extensive experience as an arbitrator and mediator with the American Arbitration Association.

Nancy Osborne, LLI Coordinator

anosb@verizon.net, 703-361-6633, 703-586-7835

F1918 An Insider's Guide to Virginia Jury Trials

Friday, 3:00-4:30 p.m., Nov. 22

Prince William County Courthouse

9311 Lee Ave., Manassas 20110

Instructor: Honorable Craig D. Johnston

Judge Johnston will take students on an exploration of what happens in a jury trial, including during the times when jurors are not in the courtroom. Why are some people summonsed, and others are not? Why are some jurors excused, and others are not? What is going on during recesses, when the jury is not present? Why do we have jury trials in some cases, but not in others? These and many other questions that citizens may have about jury service will be discussed. The class will be held (court schedule permitting) in Circuit Courtroom 4, site of many of the County's famous (and infamous) jury trials. Questions about jury service and jury trials will be welcomed.

Honorable Craig D. Johnston is a former Chief Judge of the Circuit Court and is now semi-retired. He is the author of a treatise on Virginia trial procedure, the "Trial Handbook for Virginia Lawyers." He and his wife, Joyce, who has taught several LLI classes, are members of LLI-Manassas.

Bob Marsh, LLI Coordinator

omarshva@icloud.com, 703-789-6681

Experience Buffet (F1919-20)

In this popular series of classes, LLI members share their work experiences, hobbies, travels and special interests. Please consider presenting your own story next semester. Contact a program committee member if you need technical help (PowerPoint, etc.) with your presentation.

F1919 An African Adventure

Tuesday, 10:30 a.m.-noon, Sept. 24

Bethel Lutheran Church

Presenters: David and Mary Pace

David and Mary Pace's presentation will begin in South Africa, with visits to Cape Town, Stellenbosch, Hermanus, and the Entabeni wildlife conservancy. Next will come Zimbabwe, with its Victoria Falls and an elephant rescue park. Finally, there will be Botswana and its Chobe National Park. Spoiler alert: they did have close encounters with all of the "Big Five" safari animals: lions, leopards, elephants, Cape buffalo, and rhinos, plus many more species. The climax will be a close-up view of a confrontation between a pride of lions and a herd of elephants protecting their young. Come see how it ended.

David and Mary Pace have visited 76 countries. They started their travel hobby when David was stationed in Germany for three years. They have since visited all the continents except Antarctica and almost made it there before their flight from South America to a Chilean research station was cancelled by the Chilean Navy due to unfavorable weather at the destination. Mary has a master's degree in education and is a retired teacher. David has a master's degree in astronomy and is a retired meteorologist. He also had career stints in the Air Force, the private sector and the FAA and is a Fellow of the American Meteorological Society. David has appeared as a background extra in four TV shows and one movie.

Karen Waltman, LLI Coordinator
geraldwaltman@hotmail.com, 703-830-5710

F1920 The Art of Oral Storytelling

Monday, 10:30 a.m.-noon, Nov. 25

Trinity Episcopal Church

Presenter: Bob Heffelfinger

LLI member Bob Heffelfinger will introduce us to the art of storytelling with tales, often told around the fire, that are as old as mankind itself. Bob invites us to join the story circle and visit with cultures from around the U. S. and the world. We will travel back and forth in time while never leaving the comfort of our seats. Together we will share a lifetime of learning, laughing and crying. We will discover some wonderful unknown facts about those whom we thought we knew. We will hone our ability to share ourselves and our world with others. Perhaps this class will lead to the formation of an LLI Storytelling Club.

Bob Heffelfinger discovered his love of storytelling at Godfrey Daniel's Listening Club in Bethlehem, Pennsylvania. One night of listening turned into a great love of stories and those who tell them. Bob has told stories and folk tales at storytelling festivals, churches and other events. He has told personal stories of his own and stories about his own town of Kibitz, located in the heart of Pennsylvania Dutch Country. Storytelling was a blossoming career interrupted by his wife's battle with Alzheimer's disease. It also caused him to move to Woodbridge, Va. for help caring for her. Now recovering from both grief and the woes of caregiving, he finds himself returning to telling tales.

Nancy Osborne, LLI Coordinator

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Health & Fitness (F1921-24)

F1921 The Art of Happiness

Wednesday, 10:30 a.m.-noon, Sept. 18

Dar al-Noor Islamic Community Center

Instructor: Dr. Denna (Dee) Brown

For most of its history psychology has focused on pathology, diagnosing and treating mental health problems. A new century brought a new emphasis with some psychologists focusing their research on the positive and how to achieve a happier, more satisfied lifestyle. We'll look at various perspectives on happiness from a former president of the APA, a chair of geriatric psychology, the Dalai Lama, and even Lucy the retriever (after all, who is happier than a lab or golden retriever?) Amazingly their ideas almost completely agree (except for the drinking out of the toilet and butt sniffing part) and outline a path to a more positive life. We'll examine the research and do some tests and exercises to see where we stand and how to get more joy and life satisfaction as we age.

Note: Attendees will be asked to remove their shoes; women should not wear sleeveless garments.

Dr. Denna (Dee) Brown is a clinical psychologist by vocation and an animal loving world traveler by avocation. Since completing her PhD 45 years ago, she has taught at universities in Hawaii, California and Virginia, as well as in Europe and Asia. She has worked with the military in research especially as it transitioned from a draft to a volunteer military in which women play an active role. She has headed family counseling programs in Europe and supervised drug and alcohol programs in Japan. Now retired, she finds herself busy with the things she loves – animals, theater, nature, and, of course, like you, lifelong learning and mental stimulation.

Kathy Marsh, LLI Coordinator
omarshva@icloud.com, 703-368-7276

F1922 A, B or C Hearing Loss Is Not for Sissies

F1922 A. Tuesday, 1:30-3:30 p.m., Oct 1

F1922 B. Tuesday, 1:30-3:30 p.m., Oct. 8

F1922 C. Tuesday, 1:30-3:30 p.m., Oct. 15

Bethel Lutheran Church

Maximum class size 20

Instructor: Alice Crume

Have you noticed that people seem to mumble? Do you often ask people to repeat what they said? Do you have loved ones who rarely join in conversations or seem to ignore people who speak to them? Hearing loss affects everyone – those who have the hearing loss as well as the people around them. Some people with hearing loss don't know how much their loss has affected their quality of life and their circle of communication. The instructor will introduce the World of Hearing Loss: being deaf, hard of hearing, and combinations of both. This is your opportunity to discuss the types and impacts of hearing loss, followed by a brief overview of assistive devices and equipment. For full participation in this class, please bring a Smartphone (any type) to operate an app, which will be given to you with instructions two weeks before the class takes place.

Note: This is a one-session class that repeats in order to accommodate more members. Sign up for the date you prefer – A on Oct. 1, B on Oct. 8 or C on Oct 15.

Alice Crume is a retired 20-year human communication professor with a research specialty in mediation. She has had a progressive hearing loss since 1988 and now has a deafened left ear and wears a cochlear implant. She has 30% hearing in her right ear and wears a hearing aid. Alice was trained with the HLAA/N-Chatt (Hearing Loss Association of America/Network of Consumer Hearing Assistive Technology Trainers) project in Spring 2017. N-Chatt trains volunteers to give free talks on hearing loss assistive technology equipment – information only, no selling involved.

Elizabeth Crawford, LLI Coordinator
crawforde1@juno.com, 703-594-0049

F1923 A or B Introduction to Tai Chi Chuan

F1923 A. Wednesday, 1:30-3:00 p.m., Oct. 2

F1923 B. Monday, 1:30-3:00 p.m., Oct. 7

Maximum class size 30

Bethel Lutheran Church

Instructor: Jeffrey Smith

This class will provide general instruction in tai chi chuan, which has been translated “Grand Ultimate Fist.” Tai chi chuan is a popular Chinese martial art often performed for its health benefits, which include relaxation, coordination and balance. The movements are performed slowly and fluidly, which makes it good for people who want to relax and who do not want to or cannot perform high-impact, strenuous moves. We will discuss tai chi chuan, do a short warm up, and practice typical movements. We will put this together and start learning a short form (a short series of movements) which is very popular for exercise. We can take breaks as desired. Students should wear comfortable shoes and loose clothing.

Note: This is a one-session class that repeats in order to accommodate more members. Sign up for the date you prefer – A on Oct. 2 or B on Oct. 7. The same class was offered in the Spring 2019 semester.

Jeffrey Smith, a native of Annapolis, is a published poet and editor, polyglot, and Government civilian and military retiree. He has taught as an assistant in martial arts schools. He started learning tai chi chuan when stationed overseas and has demonstrated the form at martial arts tournaments in the U.S. Mr. Smith has a second-degree black belt in tae kwon do and taught tae kwon do to a group of U.S. Army personnel while deployed to Iraq. He recently started practicing jeet kune do fundamentals.

Kathy Marsh, LLI Coordinator
omarshva@icloud.com, 703-368-7276

F1924 A Gift of a Heart

Monday, 10:30 a.m.-noon, Oct. 7

Hylton Performing Arts Center

Instructor: George Williamson

George Williamson's presentation will begin with some history about organ transplants. He will talk about his first heart attack, the events that led up to his heart transplant, and the post-transplant lifestyle changes necessary to deal successfully with daily life. Some of the challenges include diet, daily medication management, post-transplant physical rehabilitation, and managing relationships with medical professionals. Lastly, he will talk about the importance of heart donation and the pressing need for organ donors.

George Williamson and his wife Katheryn moved to Manassas in 1993. He is a certified public accountant and is currently employed by the FDIC in Arlington, Va. He received his heart transplant January 15, 2018 at the INOVA Heart Institute in Fairfax, Va. He plays golf regularly and he has been a member of the Manassas Host Lions Club since 2003.

Lianetta Ruettgers, LLI Coordinator

lianetta37@gmail.com, 703-368-3040

History (F1925-26)

F1925 The Vietnam War

Fridays, 10:00 a.m.-noon, Sept. 27, Oct. 4, 11, 18, 25

Bethel Lutheran Church

Facilitators: Dan Leahy and Ann Cain

Ken Burns and Lynn Novick's ten-part, 18-hour documentary series, *The Vietnam War*, tells the epic story of one of the most consequential, divisive, and controversial events in American history as it has never before been told on film. Visceral and immersive, the series explores the human dimensions of the war through revelatory testimony of nearly 80 witnesses from all sides – Americans who fought in the war and others who opposed it, as well as combatants and civilians from North and South Vietnam. We will watch five parts this semester with discussion after each part. The remaining five parts will be covered in the Spring 2020 semester.

Ann Cain spent 39 years teaching American history and government to high school and community college students in several states including Virginia. She received her undergraduate degree in history from Duke University and her master's degree in history from the University of Tulsa. She is a James Madison Foundation Fellow with a special interest in the creation of the United States and the U.S. Constitution. Ann is a member of the LLI program committee.

Dan Leahy's bio is on page 23.

Dan Leahy, LLI Coordinator
dfleahy47@aol.com, 703-309-0914

F1926 Understanding Impeachment

Tuesday, 10:30 a.m.-noon, Oct. 1

Hylton Performing Arts Center

Instructor: Ann Cain

In this class, we will examine the process by which the lower house of the legislature brings charges against a civil officer of government for crimes that are alleged to have been committed. It is like being indicted for a crime. The class will examine the impeachment of Andrew Johnson and Bill Clinton, the resignation of Richard Nixon to avoid impeachment, and calls for impeachment of Donald Trump.

Ann Cain's bio is on the previous page.

Dan Leahy, LLI Coordinator

dfleahy47@aol.com, 703-309-0914

Lifestyle (F1927-32)

F1927 A or B An Olive Oil and Balsamic Vinegar Experience

F1927 A. Wednesday, 5:30-7:30 p.m., Sept. 18

F1927 B. Thursday, 5:30-7:30 p.m., Sept. 19

Minimum class size 10, maximum 25

Class fee \$25 (include with registration)

Laconiko Warehouse, 9239 Mike Garcia Dr., Manassas 20109

Instructors: Diamantis and Dino Pierrakos

Come join us at Laconiko to learn about the true taste of extra virgin olive oil from the producer, the Pierrakos family. We will taste their award-winning extra virgin olive oil, their flavored olive oils, and balsamic vinegars. All will be paired with small plates of personally prepared dishes that showcase their different uses. You will be educated, entertained, and perhaps be able to purchase their products. Diamantis and Dino promise that this class will be even better than the one they offered in 2016.

Note: This is a one-session class that repeats in order to accommodate more members. Sign up for the date you prefer – A on Sept. 18 or B on Sept. 19. The last day to register for this class is Sept. 11. After that date, the fee is non-refundable unless you find a replacement or if there is a wait list. Parking is limited so carpool if possible and park in unnumbered spaces. Bring a sweater or jacket since the warehouse setting can be chilly.

Diamantis and Dino Pierrakos come from a family of four generations (about 150 years) of Greek extra virgin olive oil producers. They were educated in the U.S. and live in Northern Virginia but spend most of the year in Sparta, Greece, working on the family olive estate. They do not mass produce but rather focus on using quality processes resulting in an award-winning extra virgin olive oil. They have won numerous medals in the largest international olive oil competitions, including two gold medals for the most recent harvest of their Koroneiki extra virgin olive oil varietal.

Janet Wheatcraft, LLI Coordinator
jwheatcraft@verizon.net, 703-369-2499

F1928 Granite Heights Winery Food & Wine Pairing

Monday, 1:30-3:00 p.m., Oct. 21

Minimum class size 20, maximum 60

Class fee \$32 (include with registration)

Granite Heights Winery, 8141 Opal Red., Warrenton, VA 20186

Visit an award-winning winery and taste five of their wines paired with food. Granite Heights is a very small boutique winery that makes exceptional wines. They won the Best in Show Red double gold at the American Wine Society 2018 Conference for their Lomax Reserve Bordeaux blend red wine. In the last four years, Granite Heights has won seven gold medals in the prestigious Virginia Governor's Cup Wine Competition.

Note: The last day to register for this class is Oct. 7. After that date, the fee is non-refundable unless you find a replacement or if there is a wait list.

Jerry Fisher, LLI Coordinator

gerard.h.fisher@comcast.net, 703-403-4300

F1929 Sharks, Reefs and Wrecks

Tuesday, 10:30 a.m.-noon, Oct. 22

Maximum Class Size 100

Manassas Park Community Center

Instructor: Stuart Vernon

Scuba diving, as a hobby or a profession, offers a wide variety of underwater environments and activities – swimming with sea turtles and pretty tropical fish in the warm, clear waters of the Caribbean; exploring daunting sinkholes and underground limestone caves in Florida and Mexico; and probing the interiors of shipwrecks sunk during the World Wars and earlier. Stuart Vernon is a technical diver, underwater photographer, and scuba instructor who has engaged in all these activities. In this class, he will share his adventures, experiences, and underwater photographs while also incorporating a bit of the history of scuba diving and the current state of scuba technology. He will have a selection of scuba gear on display, from the basic, workhorse scuba regulator used by divers everywhere to the advanced Closed-Circuit Rebreather that allows divers to operate at great depths for hours at a time.

Stuart Vernon is a native Floridian who has lived all over the United States. His passion for scuba diving began as a boy watching his father dive in the rivers and caves of north Florida, bringing up numerous fossils and artifacts. Stuart has dived throughout North America from the Caribbean to Canada, as well as in Hawaii. A licensed Open Water Scuba Instructor since 2017, he is qualified on the most advanced recreational techniques and air mixtures. His favorite diving locale is the wrecks (and their shark inhabitants!) off the North Carolina coast. By day, Stuart runs his own software consulting business, writing custom business software for a variety of clients. When not chained to a computer or scuba diving, he is a motorcyclist (award-winning racer in his younger days) and a musician playing the electric bass guitar.

Mike Ahern, LLI Coordinator

mike@theaherns.com 703-969-2381

F1930 Platters for the People – How to Create a Grazing Table

Thursday, 1:30-3:00 p.m., Oct. 24

Minimum class size 15, maximum 32

Class fee \$15 (include with registration)

Trinity Episcopal Church

Instructor: Lynn Hoffman

Just when you thought you'd mastered the cheese platter! The grazing platter/table has become one of the hottest new trends in party entertaining. You will learn how to style an epic grazing table and receive recipes for platters guaranteed to be easy and delicious. You will sample a Greek Mezze platter with homemade Tzatziki; an Antipasto Board overflowing with meats, cheeses and a festive, colorful bruschetta; a fun "Fruit Stand" Platter and a mouth-watering Dessert Platter featuring banana cupcakes and a variety of sweets. Plus, as always, there will be a food trivia quiz and a drawing for a table grazing essential.

Lynn Hoffman earned a bachelor's degree from the University of Connecticut and a master's from Fairfield University. She was director of marketing communications for several high-tech companies including Hyperion Software, now Oracle. Lynn has enjoyed cooking and entertaining family and friends since at age five she pulled her first cake out of her Easy-Bake oven. Lynn is on LLI's board of directors and is a member of the program committee. She has taught several cooking classes for LLI.

Lynn Hoffman, LLI Coordinator

lynnhofman00@gmail.com, 703-405-2718

F1931 A or B Fall Flower Arranging

F1931 A. Thursday, 10:00 a.m.-noon, Nov. 21

F1931 B. Thursday, 1:00-3:00 p.m., Nov. 21

Minimum class size 10, maximum 25

Class fee \$35 (include with registration)

Flower Gallery of Manassas, 10816 Sudley Manor Dr., Manassas

Instructor: Doug Burroughs

Doug will demonstrate how to choose flowers, greenery and other materials for a fall arrangement. He will then supply each student with flowers and materials to create an arrangement to take home and enjoy.

Note: This is a one-session class that repeats in order to accommodate more members. Sign up for the time you prefer – A the morning class (10:00 a.m.-noon) or B the afternoon class (1:00-3:00 p.m.). The last date to register for this class is Nov. 14. If you are wait-listed for this class, the coordinator will make every effort to get you into the class and will let you know if space is available.

Doug Burroughs has owned the Flower Gallery of Manassas for over 30 years. His career started in high school when he had a job delivering flowers after school. He now works every day in all aspects of the florist business, including the design of flower arrangements. Doug has taught classes for garden clubs, women's groups, school groups, and several for LLI-Manassas.

Jill Gentry, LLI Coordinator

traveljill@aol.com, 703-335-1529

F1932 A or B Holiday Flower Arranging

F1932 A., Monday, 10:00 a.m.-noon, Dec. 16

F1932 B., Monday, 1:00- 3:00 p.m., Dec. 16

Minimum class size 10, maximum 25

Class fee \$35 (include with registration)

Flower Gallery of Manassas, 10816 Sudley Manor Dr., Manassas

Instructor: Doug Burroughs

Doug will demonstrate how to choose flowers, greenery and other materials for a holiday arrangement. He will then supply each student with flowers, greenery and materials to create an arrangement to take home and enjoy.

Note: This is a one-session class that repeats in order to accommodate more members. Sign up for the time you prefer – A the morning class (10:00 a.m.-noon) or B the afternoon class (1:00-3:00 p.m.). The last date to register for this class is Dec. 9. If you are wait-listed for this class, the coordinator will make every effort to get you into the class and will let you know if space is available.

Doug Burroughs' bio is on the previous page

Jill Gentry, LLI Coordinator

traveljill@aol.com, 703-335-1529

Our Neighborhood (F1933-37)

F1933 A School of Their Own: Jennie Dean and Industrial Education in Post-Reconstruction Virginia

Monday, 1:30-3:00 p.m., Sept. 30

Trinity Episcopal Church

Instructors: Ellie Hill and Lisa Sievel-Otten

In the Virginia of the late 19th century, educational opportunities for African Americans were slim. Young people were without marketable skills, civil rights had been curtailed, and black disenfranchisement was on the horizon. In this environment, a former slave named Jennie Dean was inspired to uplift her people. Learn how her vision, faith and exceptional fundraising established an industrial school for young people of color on the very ground where so many had died in the conflict that decided their fate.

Ellie Hill, visitor services aide at the Manassas Museum, holds a bachelor's degree in social science from the University of Virginia and a certificate in historic preservation from Northern Virginia Community College. A multi-generational Virginian, she has a special interest in Virginia women's and African American history.

Lisa Sievel-Otten, communications coordinator for the City of Manassas Community Development Department, has led numerous tours and programs at Manassas historic sites and serves on the Jennie Dean Memorial Update Fundraising Committee. She is the author of *Manassas: A Postcard History*, and *Liberia: Sentry of the Ages*, a short history of the 1825 home.

Dan Leahy, LLI Coordinator
dfleahy47@aol.com, 703-309-0914

F1934 The Portners and Annaburg Manor

Monday, 10:30 a.m.-noon, Oct. 21

Maximum class size 40

Manassas Museum, 9101 Prince William St., Manassas 20110

Instructor: Mary Helen Dellinger

In 1895, Alexandria beer baron Robert Portner moved his large family into their newly built, 35-room summer home in Manassas. Soon his 2,000-acre estate stretched from Main Street to the Fairfax County line at Bull Run and included a deer park and hunting lodge, two ponds, a dairy farm (Liberia), a 40-acre vineyard, a greenhouse and a swimming pool. After Portner's death in 1906, his wife and various family members lived off and on at Annaburg until the late 1920s. The house sat empty and unlocked until a developer bought the property in 1947. In the 1960s it was turned into a nursing home. In this class students will learn about the impact Manassas's first millionaire had on this small town and the city's current plans for Annaburg and its surrounding 3.65 acres.

Note: This class will be held at Manassas Museum, where a collection of Annaburg and Portner Brewing artifacts will be on display. The class will be repeated in the spring if there is a wait list.

Mary Helen Dellinger is a native of Manassas Park, Virginia. She attended public schools there before going to Mary Washington College, where she graduated with a bachelor's degree in American history. She also holds a master's degree in history from George Mason University. From 1990 to 2011 she worked as the curator of the Fredericksburg Area Museum and Cultural Center. In 2012 she was named curator of the Manassas Museum System, the position she still holds today. Dellinger is responsible for the care of the Museum's extensive collection of objects on area history, managing the exhibition program, working with student interns and volunteers, and overseeing the care of six other historic properties owned by the City of Manassas.

Dan Leahy, LLI Coordinator

dfleahy47@aol.com, 703-309-0914

F1935 Walk at Occoquan Bay National Wildlife Refuge

Monday, 10:30 a.m.-12:30 p.m., Nov. 4

Occoquan Bay National Wildlife Refuge

13950 Dawson Beach Rd., Woodbridge 22191

Leader: Bill Willis

Bill Willis will lead a two- or three-mile walk (you choose which one you want) at Occoquan Bay National Wildlife Refuge. Sightings will include the huge eagle nest that was monitored by the refuge staff in the spring, the beautiful Occoquan Bay, Painted Turtle Pond, a bird banding station, man-made meadows and freshwater tidal marshes. The trails are flat and wide. The U.S. Fish and Wildlife Refuge System is a network of lands and waters managed specifically for the protection of wildlife and wildlife habitat.

Bill Willis spent 21 years in the Army and is a Vietnam veteran. He taught different math classes in the Prince William County School system for 20 years and was chosen the 2005-2006 PWCS Outstanding Teacher of the Year. In 2007 he was selected Outstanding Physics Teacher in Virginia as well as the Virginia Teacher of the Year for Education Region IV. Bill is a Master Gardener and has been a volunteer for the U.S. Fish and Wildlife Service since 2013.

Karen Waltman, LLI Coordinator

geraldwaltman@hotmail.com, 703-830-5710

F1936 Vulcan Quarry Tour

Wednesday, 1:30-3:00 p.m., Nov. 6 (rain date Friday, Nov. 8)

Vulcan Quarry, 8537 Vulcan Ln., Manassas 20109 (see Note below)

Instructors: Andy Gates and Lloyd Hughes

Vulcan Quarry in Manassas is a 450-foot deep, 115-acre hole in the ground. Its walls are composed of layers of different types of stone formed over the past several million years. Our guides, Andy Gates and Lloyd Hughes, will begin the tour with a slide show that explains the extraction and crushing process; then they will lead us part way down into the pit for a closer look at the quarry's operation. The quarry has been in operation since 1963 and annually produces 1 to 1.5 million tons of crushed stone, sand and gravel used in local road building and other commercial projects. In 2014 the National Stone, Sand and Gravel Association awarded Vulcan's Manassas quarry with an Excellence in Community Relations Gold Award for their volunteerism with Adopt-a-School programs, SERVE, and tours for school groups, scouts and geology students.

Note: Please park behind Stonewall High School, 8820 Rixlew Lane, Manassas 20109, and a bus will take us to the quarry. Do not drive to the quarry on your own.

Andy Gates is the Manassas Vulcan Quarry plant manager and has worked for the Vulcan Materials Company for 12 years.

Lloyd Hughes has worked for Vulcan for 30 years and is a buyer for supplies at five VMC quarries.

Karen Waltman, LLI Coordinator
geraldwaltman@hotmail.com, 703-830-5710

F1937 Judge Jarvis Continues His Series on the Judicial System and Offers a Tour of His Courtroom

Friday, 1:30-3:30 p.m., Dec. 6

Maximum class size 125

Prince William County Courthouse

9311 Lee Ave., Manassas 20110

Instructor: Honorable William E. Jarvis

Judge Jarvis returns, by popular demand, to continue talking about our legal rights in court and on the street. He plans to be joined by a member of the defense bar and a representative from the Commonwealth Attorney's Office. All who attended his earlier classes enjoyed his presentations and the questions that followed. Judge Jarvis will continue with police/citizen encounters and add a discussion on the different ethical obligations of prosecutors and defense lawyers. He may discuss any legal issue that is in the current news. After his presentation, Judge Jarvis will give us a tour of his courtroom.

Honorable William E. Jarvis graduated from Old Dominion University in 1985 with bachelor's degrees in philosophy and criminal justice. After doing graduate work at the University of Virginia, he attended George Mason University School of Law and graduated in 1991. He served as a prosecutor in Pittsylvania County, Virginia from 1992 to 1998 and in Marion County, Florida from 1998 to 2002. Upon his return to Virginia in 2002, he prosecuted in Prince William County until 2012, when he was appointed to the PWC General District Court Bench. Judge Jarvis has taught search and seizure as well as right to counsel legal updates to police, attorneys and judges throughout his legal career.

Bob Marsh, LLI Coordinator

omarshva@icloud.com, 703-789-6681

Religion & Philosophy (F1938-39)

F1938 Introduction to Bioethics

Thursdays 10:30 a.m.-noon, Oct. 3, 10, 24, 31

Bethel Lutheran Church

Instructor: James Fletcher, Ph.D.

Hippocrates in the 5th century BCE famously instructed physicians to “First. Do no harm.” In the time since, until the middle of the 20th century, the focus of medical ethics had been on the qualities and duties of health care professionals. Developments in biology and medicine have refocused the ethics of health care on the patient. One recent approach bases ethical considerations in health care on four principles: Autonomy, Nonmaleficence, Beneficence, and Justice. The instructor will briefly examine this approach to bioethics. Further, moral rights and obligations are tied to personhood, and many of the most vexing challenges facing society today involve conflicting claims about who or what has the status of a person. We will look at some common attempts to provide a definition of “person.” Finally, we will look at some issues that have shaped contemporary bioethics, namely, physician assisted dying and research involving human subjects.

James J. Fletcher received his bachelor’s degree from Iona College, his master’s from Marquette University and his Ph.D. from Indiana University. He is professor emeritus of philosophy at George Mason University. He joined the George Mason faculty in 1972 serving in a variety of teaching and administrative capacities, including fifteen years in the Office of the Provost as associate provost and dean for undergraduate studies. He specialized in courses in general ethics, bioethics and the ethics of health care. His research interests in bioethics included organizational ethics for health care providers, end of life issues and community health needs. In addition, he has written and presented extensively on higher education issues relating to faculty roles and rewards.

Janet Wheatcraft, LLI Coordinator

jwheatcraft@verizon.net, 703-475-4222

F1939 General Biblical Issues: Inspiration, Inerrancy and Canonicity

Thursdays, 10:00 a.m.-noon, Nov. 7, Dec. 5

Trinity Episcopal Church

Instructor: The Rev. James Hughes

Reverend Hughes will speak to why the Bible is taught as the Inspired Word of God and what that really means. He will address the analogies that have been used to understand Inspiration and the theories that have evolved to explain it. If we understand that the Bible is without error (inerrant), how do we explain obvious contradictions? We will discuss the philosophical foundation for inerrancy. The word “kanon” comes from the Greek language and means a unit of measure. Canonicity studies the measures taken by the Early Christian Community to determine the suitability of a book or letter to be included in the New Testament. How is it that the New Testament has only 27 books – why not 37? We will consider how these three issues were involved in the compilation of the New Testament and the Hebrew Scriptures. During our time together we will examine the many Bible publications – texts, versions, and translations – from the two governing schools of thought and the impact they exert today.

The Rev. James Hughes was ordained as a priest in the Roman Catholic Church in 1982. More recently he studied at the Virginia Theological Seminary, which led to being received as an Episcopal priest in December 2016. Currently he serves as an associate priest at Trinity Episcopal Church in Manassas. Rev. Hughes holds bachelor’s degrees in philosophy and the classics and a master’s in biblical studies and systematic theology from Catholic University in Washington, D.C. He taught two classes for LLI on The Library of Congress, where he worked for 23 years in the Visitor Services Office, and four classes on The Book of Job.

Nancy Osborne, LLI Coordinator

anosb@verizon.net, 703-361-6633, 703-586-7835

Science and Technology (F1940-43)

F1940 History of the Universe, Part 2: Modern Cosmology

Fridays, 1:30-3:00 p.m., Sept. 20, 27, Oct. 4, 11

Maximum Class Size: 54

NOVA-Manassas, Parrish Hall

Instructor: Mark Dodge

In this class we will explore how the current Big Bang Theory of the universe developed from Edwin Hubble's early observations of galaxies and their motion, which led to the idea of an expanding universe that began at a single point about 13.8 billion years ago. We'll discuss the age and size of the universe and how we came to be able to make these measurements. We'll consider the life cycle of stars (in particular, the quite spectacular ways in which they "die"). We'll also talk about current areas of research and some of the unsolved problems in our understanding of the universe, including topics like "dark matter" and "dark energy."

Mark Dodge earned a bachelor's degree in physics from the University of California Berkeley and a master's in engineering physics from the University of Virginia. He worked at IBM as an engineering scientist for 12 years and as a high school physics teacher for 24 years. He has been fascinated by astronomy ever since he gazed through his first telescope when he was in seventh grade. Mr. Dodge is also fascinated by ancient cultures and how they still influence us today. This class is a compilation of several of his most popular presentations from his high school teaching.

E. Perley Eaton, LLI Coordinator
eperley.eaton01@gmail.com, 703-795-1923

F1941 Can Facebook Steal My Stuff? Privacy, Property Rights and Social Media

Wednesday, 1:30-3:00 p.m., Oct. 9

Hylton Performing Arts Center

Instructor: Joyce Johnston

Europe's new General Data Protection Regulation has produced a flood of privacy notices on social media, but how does it affect America's seniors? It's hard to know whether you still own your speech, writing and photos once you put them online. What about your posts to Facebook or Twitter? What happens to Pinterest pins, or images on YouTube or Instagram? How about the things you said to voice assistants like Alexa, Bixby or Cortana? Learn what U. S. law can and can't do to protect your personal privacy and intellectual property on top social media sites. Joyce will tailor this presentation for members of LLI.

Joyce Johnston's graduate work was in Medieval literature; however, her current areas of specialization reflect the opportunities offered to George Mason faculty: computer assisted instruction, online civility and intellectual property, especially issues surrounding copyright and plagiarism and electronics environments. She has spoken at several national, state and regional conferences about intellectual property, music, copyright and copyright issues in education. This talk is based on an invited talk at the Virginia Association of School Librarians' annual conference in November of 2018. She will repeat it this fall for OLLI as well as The Internet Librarian Conference in Monterey, California.

Kathy Marsh, LLI Coordinator

omarshva@icloud.com, 703-368-7276

F1942 Atmosphere, Weather and Storms

Fridays, 1:30-3:30 p.m., Oct. 18, 25, Nov. 8

Maximum class size 54

NOVA-Manassas, Parrish Hall

Instructor: Frank Gregorio

Frank Gregorio's timely presentation will cover:

Meteorology, the Science of the Air – Earth is covered by a 300-mile-high blanket of air. What is it made of? How do humidity, air pressure and temperature affect our atmosphere? How do meteorologists possibly forecast the weather? Learn how to forecast your own weather. It will “blow you away!”

Winds, the Breath of Earth – Have you ever wondered why the winds blow? What causes them to blow in all strengths from gentle breezes at the beach to roaring tornadoes? What is the jet stream? What is causing our polar ice caps to melt ever faster? What are the trade winds and why do they blow?

Storms, Tornadoes and Hurricanes – Earth's atmosphere is a scary place with dangerous thunderstorms, lightning, tornadoes, hurricanes, microbursts, and more. How do these frightening storms form? How does lightning form? What is a tornado? What causes a hurricane?

Frank Gregorio is a retired earth sciences and biology teacher for Prince William County Schools. With degrees in earth sciences and biology, and over 40 years as a practicing scientist, CEO of an international biotechnology corporation, vice president of regulatory affairs for a major medical device company, senior investigator with the FDA, and 20 years of experience as an award-winning science teacher for PWC, Frank is well qualified to bring the universe to life. He operates a very popular educational YouTube channel, on which over 70 million children have seen his exciting videos in their classrooms.

E. Perley Eaton, LLI Coordinator
eperley.eaton01@gmail.com, 703-795-1923

F1943 Are You Smarter than Your Smart Phone?

Friday, 1:30-4:00 p.m., Nov. 1

Maximum class size 54

NOVA-Manassas, Parrish Hall

Instructors: NVCC Volunteer Students & Dr. Dahlia Henry-Tett

This class will start with a short lecture and discussion on combating Robo-calls and other nuisances encountered on your phone. Following that, student instructors will focus on the use of specialized “mobile apps” on your Smart Phones. For example:

- Foreign Language, both spoken and written
- Directions through unknown territory, finding best roads and identifying “points of interest” such as restaurants, gas stations, and attractions.
- Still photos or motion pictures, filing them and sending them in real time to relatives or friends.

Additional “mobile apps” may be more useful to you than those listed above. If you wish to explore the use of other “mobile apps,” please email the LLI Class Coordinator with your suggestions so that instructors will be prepared to help with your requests.

Dr. Dahlia Henry-Tett holds an Ed.D. from Teachers College, Columbia University and has over 20 years of experience in higher education. She joined the NOVA Manassas Campus family as a faculty member and program administrator in Fall 2008. During her tenure at NOVA, Dahlia has received several professional awards for leadership, innovation, teaching and service. For Spring 2019 she was the recipient of the Dr. Wilfred Howsmon Manassas Campus Community Builder Award. For the 2019-2020 academic year, Dahlia serves as the Campus Honors Program Leader, Collegewide Chair of the Physical Education and Health Faculty Discipline Group, and professor in the Health and Physical Education Department.

E. Perley Eaton, LLI Coordinator
eperley.eaton01@gmail.com, 703-795-1923

Bus Trip (F1944)

The following policies apply to all LLI-sponsored bus trips:

1. To participate in an LLI bus trip activity, you must be registered for the trip and ride on the bus. (For contractual and liability reasons, you cannot travel independently and then join the group at the destination).
2. After the specified date in the program guide, the bus trip fee is non-refundable unless a wait-listed person registers in your place, or if you find a replacement.
3. In addition to trip registration and fee, each person must complete an **Acknowledgement, Release and Waiver Form, with the Emergency Contact Information**. Your registration is not complete unless this form is submitted, using one of the methods below:
 - a. By mail: Fill out the Acknowledgement, Release and Waiver form found at the back of this program guide and include it with your registration form and check for fees.
 - b. Online: On the LLI website, go to the Member Area (generic password llimanassas!) and click the Trip Acknowledgement and Waiver form from the left column. Fill in the information for the trip, and then click "Submit" at the bottom. The form will be sent directly to the Trip Coordinator.

F1944 Winterthur: Costuming the Crown

Tuesday, 6:00 a.m.-7:00 p.m., Oct. 29

Minimum trip size 35, maximum 53

Trip cost \$85 (include with registration and waiver)

We will visit Winterthur Museum and the exhibit “Costuming the Crown” based on Netflix’s hit show, which dramatizes the history of the reign of Queen Elizabeth II. We will also learn how costume design is used to tell the history of her reign. Included in the trip fee are bus transportation, admissions, lunch vouchers and gratuities.

Note: The last day to register for this trip is October 10, 2019. After that date, the fee is nonrefundable, unless you find a replacement or if there is a wait list. You will receive a detailed itinerary prior to departure.

Jo Anne Renton, LLI Coordinator

jojorenton@gmail.com, 703-675-2976

Clubs (F1945-48)

The following clubs are open to all LLI members. Please list them on your registration form. New participants are welcome to join at any time and must be LLI members.

F1945 Book Club

Wednesdays (last of each month), 1:30-3:00 p.m.

Bethel Lutheran Church

Facilitator: Barbara Deegan, 703-670-9969

Books, both fiction and non-fiction, are selected by the members, usually one or two months in advance. The discussions are fun for all, including those who may not have finished reading the current book. Members are encouraged to lead discussions.

F1946 Bridge Club

Thursdays, 1:00-4:00 p.m.

Venue: Check with facilitator

Facilitator: Alan Hemer, 703-743-9296

Join us every Thursday afternoon, or whenever you can, for enjoyable games of Contract Bridge. An intermediate level of bidding and playing is required, and familiarity with the following books is necessary: *The American Contract Bridge League Series: Vol. 1 Bidding in the 21st Century*, *Vol. 2 Play of the Hand in the 21st Century*, and *Vol. 3 Defense in the 21st Century*. A one-volume learning guide is *Bridge for Dummies*, based on the same basics as the ACBL series.

F1947 Lunch Club

Fridays, Noon, Sept. 6, Oct. 4, Nov. 1, Dec. 6, Jan. 3

Juke Box Diner, 8637 Canterbury Village Shopping Center, Manassas

Facilitators: Mary Foster and Nancy Osborne

maryfoster42@gmail.com; anosb@verizon.net

The Lunch Club meets on the first Friday of each month at the Juke Box Diner. The purpose of the club is for LLI members to enjoy a meal together and become better acquainted with fellow members. There will not be a planned program or topic – we will just chat about anything that comes to mind. Participants will pay for their own meals.

F1948 Mah Jongg Club

Tuesdays, 1:30-2:30 p.m.

Juke Box Diner, 8637 Sudley Rd., Canterbury Village Shopping Center, Manassas

Facilitator: Kathy Fowler, 703-368-7315

Every Tuesday, 1:30-2:30 p.m., we meet for fun, laughter and a good time. All levels of experience are welcome from beginners through master players. Instruction will be provided for those who need it and competitive games will be provided for those who wish them. New cards are ordered annually at the end of March at a cost of \$9 each.

LLI Board of Directors

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LLI-Manassas Membership Application

Membership dues are as follows:

- \$125 if joining or renewing in September. This covers participation for two consecutive semesters (Fall and Spring).
- \$75 if joining in January. This covers the Spring semester only. Must renew (\$125) in September.

First Name _____ MI _____

Last Name _____

Preferred LLI Badge Name: _____

Street Address: _____

City _____ State _____ Zip _____

Home Phone _____

Cell Phone _____

Email _____

- Your personal information will not be shared or sold to anyone outside the LLI-Manassas organization.
- Photographs: By becoming a member of LLI and participating in classes and other activities, you may be photographed and your picture may appear in our publications or on our website.
- See Class Registration Form (next page) for payment and LLI mailing address information.

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Registration Form Fall 2019

Use a SEPARATE FORM for each member

Name (last, first) _____

Email _____

Check the box next to each item you are registering for. Add the fees and enter total on next page.

	Membership, Join Fall 2019	\$125
	Forum, Event, Class, Trip, Club	Fee
	F1901 Wacky and Weird	
	F1902 Guitars in Sync	
	F1903 New Member Orientation	
	F1904 Happy Hour	
	F1905 Social Connect Bag Lunch	
	F1906 A. Holiday Luncheon – Member	\$15
	F1906 B. Holiday Luncheon – Guest	\$25
	F1907 Broadway’s Best	
	F1908 News & Tour at Hylton	
	F1909 Understanding Opera	
	F1910 Tour of Lorton Workhouse	
	F1911 A Writer’s Life	
	F1912 Movie Musical	
	F1913 His Story, Her Story, My Story	
	F1914 League of Women Voters	
	F1915 Anatomy of an Active Shooter	
	F1916 Great Decisions	
	F1917 U.S. Court of Appeals	
	F1918 Virginia Jury Trials	
	F1919 An African Adventure	
	F1920 Art of Oral Storytelling	
	F1921 The Art of Happiness	
	F1922 A. Hearing Loss	
	F1922 B. Hearing Loss	
	F1922 C. Hearing Loss	
	F1923 A. Intro to Tai Chi Chaun	

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	F1923 B. Intro to Tai Chi Chaun	
	F1924 A Gift of a Heart	
	F1925 The Vietnam War	
	F1926 Understanding Impeachment	
	F1927 A. Olive Oil & Balsamic Vinegar	\$25
	F1927 B. Olive Oil & Balsamic Vinegar	\$25
	F1928 Granite Heights Winery Tasting	\$32
	F1929 Sharks, Reefs and Wrecky	
	F1930 Platters for the People	\$15
	F1931 A. Fall Flower Arranging	\$35
	F1931 B. Fall Flower Arranging	\$35
	F1932 A. Holiday Flower Arranging	\$35
	F1932 B. Holiday Flower Arranging	\$35
	F1933 School of Their Own	
	F1934 Portners and Annaburg Manor	
	F1935 Walk at Occoquan Bay NWR	
	F1936 Vulcan Quarry Tour	
	F1937 Judge Jarvis	
	F1938 Introduction to Bioethics	
	F1939 General Biblical Issues	
	F1940 History of the Universe	
	F1941 Facebook Steal My Stuff?	
	F1942 Atmosphere, Weather and Storms	
	F1943 Smarter than Your Smart Phone?	
	Bus Trip	
	F1944 Winterthur: The Crown	\$85
	Clubs	
	F1945 Book Club	
	F1946 Bridge Club	
	F1947 Lunch Club	
	F1948 Mah Jongg Club	

Total balance due \$ _____

Fall 2019 Program Guide

Enclose a check payable to LLI-Manassas for total balance due. You will not be registered unless membership dues and class fees are paid.

Are you registering for the bus trip? If so, you must include the Acknowledgement, Release and Waiver form, along with Emergency Contact Information, (next page).

**Mail all forms and check to:
LLI-Manassas
PO Box 284
Haymarket, VA 20168**

For Office Use Only

Date Registration Received _____

- Account Created/Verified**
- Membership Entered; Dues Paid**
- Registered for Classes**
- Payment Received**

Acknowledgment, Release and Waiver

Winterthur: Costuming the Crown, Oct. 29, 2019

Complete and return with registration.

The undersigned:

Acknowledges that he/she plans to participate in the Winterthur trip.

Hereby waives and releases LLI-Manassas from any and all claims for injury or damage sustained by, through or as a result of such trip.

Holds LLI-Manassas harmless for any claims resulting therefrom.

Signature

Print Name

Your Cell Phone Number

Today's Date

Emergency Contact Information

Name of Contact

Contact's Phone Number

Make a copy of this form and have any non-LLI member who is your guest fill it out and return it with your registration.

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Request for Refund

Date _____

Name _____

Street Address _____

City _____ State _____ Zip _____

Class/Event Title & Number _____

Date of Class/Event _____

Date of Cancellation Notice to Coordinator _____

Refund Amount \$ _____

Payment Method: Check or Credit Card (circle one)

Mail this form to:

LLI Treasurer

P.O. Box 284

Haymarket, VA 20168

Office Use

Check Number _____

Date _____

Venues

Location and/or directions for each venue are given below. You can also check Google Maps or MapQuest for up to date maps and directions.

Bethel Lutheran Church, 8712 Plantation Ln., Manassas 20110, 703-368-3943, is located at the intersection of Plantation Ln. and Sudley Rd. near the main post office and across Sudley Rd. from Java Rock and Manassas Baptist Church.

Dar al-Noor Islamic Community Center, 5404 Hoadly Rd., Manassas 20112, 703-580-0808. From the intersection of Liberia Ave., Wellington Rd. and Prince William Parkway/Rt. 294, follow Prince William Parkway/Rt. 294 east for 7 mi. Turn right onto Hoadly Rd. and drive 0.7 mi., and the community center is on your right. From Woodbridge and Lake Ridge, take Prince William Parkway/Rt. 294 west. Turn left onto Hoadly Rd. and drive 0.7 mi. and the community center is on your right. From the south on Dumfries Rd./Rt. 234, Spriggs Rd. and Dale Blvd. follow these directions north to Hoadly Rd.

Grace Life Community Church, 9560 Linton Hall Rd., Bristow 20136, 571-229-1700. From Rt. 29 South, turn left onto Linton Hall Rd.; church will be 4.5 miles on the right. From Rt. 28 South, turn right onto Linton Hall Rd.; church will be about 1 mile on the left. Church is across Linton Hall Rd. from the Benedictine Monastery. Parking lot is in front of the church.

Hylton Performing Arts Center, 10960 George Mason Circle, Manassas 20110. From Prince William Parkway turn right onto University Blvd. if you're going north, left if you're going south. Take the first left onto the George Mason Campus and then left at dead end and follow to parking lot. From Manassas take Godwin Dr. South and turn right on University Blvd. Go about one mile and turn right onto the George Mason Campus and follow above directions.

Manassas Park Community Center, 99 Adams St., Manassas Park, VA 20111, 703-335-8872. From Manassas, take Rt. 28 (Centreville Rd.) toward Centreville. Get in the left lane and go through the traffic light at Manassas Dr. At the next traffic light, make a U turn and then take the first right onto Old Centreville Rd. Follow to the Manassas Park Post Office. Then take a left just past the post office onto Spruce

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St. and follow a short distance to Adams St. Take a left onto Adams and follow around to the front of the community center.

NOVA-Manassas, Parrish Hall, 9601 Sudley Rd., Manassas 20190. From points east and south, get on Sudley Rd. north. After crossing under 1-66, go straight at the traffic light at Battleview Pkwy, then turn right at the campus marquee (Campus Dr.). From points west, take 1-66 east to Exit 47B; use two left lanes to turn sharply left onto Sudley Rd. northbound and follow above directions. After turning into campus, proceed to the traffic circle, go three-quarters of the way around the circle to continue on Campus Dr. After exiting the circle, Parrish Hall will be on your right. Turn right and park in lot B2.

Quarry Station Senior Apartments, 8750 Quarry Rd., Manassas 20110, 703-393-7788. From points north and west, take Prince William Parkway to Sudley Manor Dr. North and follow it to Sudley Rd. Turn right on Sudley Rd. (Rt. 234) and follow it toward Manassas. Sudley Rd. becomes Prescott Ave. at its intersection with Rt. 28. At 4-way stop on Prescott, turn left onto Quarry Rd. and follow to apartments on left. From points south and east, take Prince William Parkway to its intersection with Liberia Ave. and continue straight on Wellington Rd. Turn right on Fairview Ave., right on Center St. which becomes Prescott Ave. Continue as above.

Regency Clubhouse, 15351 Championship Dr., Haymarket, 20169, 571-261-3335. Take the Rt. 15 North Exit off 1-66. After approximately 1.5 mi., turn left onto Dominion Valley Dr. Go straight at the first traffic light and turn right on Regency Club Dr. Stop at the gatehouse (names will be provided for access). Turn left onto Championship Dr. and then left into the club parking lot (adjacent to the gatehouse).

Trinity Episcopal Church, 9325 West St., Manassas, 20110, 703-368-4231, is located on Church St. near the corner of West St. in Old Town Manassas. Park in the church's parking lot directly behind the downtown post office. Use the church's West St. entrance (double glass doors). **Parking is limited so please carpool if possible.**

Lifelong Learning Institute - Manassas
PO Box 284
Haymarket VA 20168