

LIFELONG LEARNING INSTITUTE – MANASSAS

SPRING 2019 PROGRAM GUIDE



Learn as if you were to live forever.

-Mahatma Gandhi

How to Contact LLI

LLI-Manassas
PO Box 284
Haymarket, VA 20168

Website: www.lli-manassas.org

E-mail: llimanassas@gmail.com

Inclement Weather Policy

If Prince William County Schools are cancelled, or students are sent home early because of inclement weather, LLI classes and all other activities for that day are cancelled. If Prince William County Schools have a delayed opening, LLI classes and all other activities will be held as scheduled. Exceptions may be made for bus trips. For school closings call 703-791-2776 and choose menu item 3. Cancellations will be posted on LLI's website.

Lifelong Learning Institute (LLI)-Manassas
is hosted by the
Manassas Campus of Northern Virginia Community College.

Cover photograph: LLI members attend a class at the National Museum of the Marine Corps during the Fall 2018 semester.

Photographer: Patricia Campbell

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Spring Registration & Social

Wednesday, January 16, 2019 (snow date Friday 18th)

1:00-3:00 p.m.

Hylton Performing Arts Center

10960 George Mason Circle, Manassas

Directions: From Prince William Parkway turn right onto University Blvd. if you're going north, left if you're going south. Take first left and then left at dead end and follow into parking lot.

- Invite prospective members to attend
 - Register for classes (cash or checks, no credit cards). Be sure to bring a blank check in case your final dollar amount changes.
 - Meet class coordinators
 - Learn about LLI's various clubs
 - Participate in drawings for door prizes
 - Socialize with other members and enjoy light refreshments
-

Annual Membership and Business Meeting

Wednesday, April 17, 2019, Regency Clubhouse

15351 Championship Dr., Haymarket, VA 20169

See page 17 for details and sign-up instructions.

In Memoriam

Mary Shaw

September 19, 1957 – December 14, 2018

DVD Lending Library

LLI has a library of DVDs used in past classes, which members can borrow for a period of one month. For a list of the DVDs and the free borrowing procedure, go to LLI's website (lli-manassas.org) and click on the "Member Area." Need further information? Contact Kathy Pechauer at 703-975-5049 or kapechauer@gmail.com.

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Thank You to LLI Venues

The following offer meeting space free of charge:

Bethel Lutheran Church
Dar al-Noor Islamic Community Center
Holy Trinity Church
Hylton Performing Arts Center
Juke Box Diner
Manassas Park Community Center
Northern Virginia Community College (NOVA-Manassas)
Quarry Station Senior Apartments
Trinity Episcopal Church

Volunteer Opportunities

In order to continue to grow and develop, LLI-Manassas needs you to step forward to offer your skills and time in a variety of ways. Please contact any member of the Board of Directors to discuss how you can be of service through any one of the nine current committees. You will find the contact information for all members of the board at the back of this program guide.

NOVA Educational Opportunities for Seniors

LLI members are invited to explore educational opportunities offered by Northern Virginia Community College (NOVA) through the Workforce Development & Continuing Education office.

Details are explained in a mailer the college sends to local residents. Additional information is available on NOVA's website: www.nvcc.edu/wdce/pwregional.

LLI-Manassas Is Grateful To

Northern Virginia Electric Cooperative (NOVEC) for a grant, which helps pay for our venues.

About the Lifelong Learning Institute

The Lifelong Learning Institute (LLI-Manassas) is a membership organization managed by and for its members. Our mission is to establish a community of adults, 50 years of age and older, that provides affordable educational and social opportunities in a friendly atmosphere. We are hosted by Northern Virginia Community College (NOVA)-Manassas Campus.

We offer daytime and occasional evening classes. In addition to the classes, trips, speaker forums and clubs scheduled for fall and spring semesters, social activities and special events are offered throughout the year. Classes are held at various locations including NOVA-Parrish Hall, Hylton Performing Arts Center, churches, community centers and senior living facilities. Instructors and presenters, who come from diverse backgrounds, are experts in their fields and leaders in various professions. Some are also LLI members.

LLI provides a relaxed, non-threatening atmosphere to facilitate learning. Mental stimulation is as important as physical exercise in maintaining good health. Making new friends is also an important part of the LLI concept.

Members can attend as many classes and activities as they wish, depending on available space. There will be charges for trips and for some classes and special events. Any person age 50 or older is cordially invited to become a member by completing the online membership application or the form at the back of this program guide.

LLI-Manassas may from time to time award an individual scholarship consisting of a dues-paid membership for either a full or half-year. Requests for a scholarship may be submitted by members on behalf of themselves or another person (prospective member). This request must be in writing and detail the reasons and justification for the award. Submit requests to Barbara Marotta, 703-743-5363, bmarotta@nvcc.edu.

The Manassas LLI was organized in 2003 and is one of many LLIs located throughout the United States and Canada. Most (including LLI-Manassas) are affiliates of the Elderhostel Institute Network (EIN). Visit their website at www.roadsscholar.org/ein/intro.asp to learn more about other LLIs.

S2019 Dues, Registration & Other Information

Membership dues must be paid before you register for classes. You can pay by three methods: 1. By credit card on the LLI website (preferred); 2. By check with your mailed-in class registration; or 3. By cash or check at the Spring Registration and Social on January 16 (snow date Jan. 18). Annual renewal dues of \$125 are payable in September and cover both the fall and spring semesters. New members who join for the first time in January will pay \$75 for the half year (spring semester). **Except for new members joining for the first time in January, no half-year memberships are offered.**

There are three ways to register for classes:

On-line beginning Jan. 14. Go to LLI's website (lli-manassas.org). Click "LLI Class Registration" at the top of the web page. Log in using your Username and Password (LOGIN box on right.) **Need help?** Print directions from the registration page for How to Renew Your Membership, Register for Classes, and Manage Your Account Information. Also see "Using the LLI Website" on page 8.

By mail using the form at the back of this program guide.

In person at the Spring Registration & Social on Wednesday, January 16 (snow date Friday 18th). Due to security concerns only checks and cash (no credit cards) will be accepted. See page 3.

Sign up for as many forums, classes, trips and clubs as you wish, but plan to attend all of them, since instructors and coordinators prepare for the total number registered. If you are wait-listed for a class, the coordinator will make every effort to get you into the class and will let you know if space is available.

Name tags. LLI provides each new member a one-time complimentary name tag. You are encouraged to wear your name tag at all events. You can order a replacement tag (\$8.50) directly from Weisco Printing in Manassas, 703-368-7810, signsbyweisco@aol.com.

Coordinators. An LLI member serves as coordinator for each forum, class or trip. Contact the coordinator if you have questions. About one week before each forum, class or trip you signed up for starts, you will receive an email reminder from the coordinator.

Venues. Directions to class venues are at the back of this program guide and are included on LLI's website (lli-manassas.org).

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Bring a Guest. Members can bring a guest/potential LLI member to one class meeting each semester (space permitting, and any fees paid). Please notify the class coordinator in advance any time you plan to bring a guest.

Class, event and bus trip fees must be paid with your registration. **You will not be registered unless fees are paid.** If you register online, the fee will not be charged to your credit card if you are wait-listed for a class. If you register by mail or in person and paid by check or cash for a class, event or trip that you are unable to attend because it is full, a refund check will automatically be mailed to you.

Fee Refund Policy: Some fees are non-refundable because they are paid in advance to a vendor or to purchase supplies. Refund procedures for bus trips and classes that require a fee are explained in the bus/class write-up.

Class/event fees of \$10 or less will not be refunded unless the class or event is canceled, in which case refund checks will be automatically mailed to all registered students.

Class/event fees greater than \$10: If you notify the class coordinator of a cancellation by the date stated in the writeup, you can request a refund. If you cancel after the cutoff date, no refund will be issued.

Refund Request Procedure: You can submit a refund request online by going to the Member Area on the LLI website and supplying the necessary information, or you can complete the Request for Refund form at the back of this program guide.

Using the LLI Website

Use the LLI website (lli-manassas.org) to keep up with what's happening in LLI. You can view the calendar of events and the current program guide. You can also register for classes, view your current registrations, and edit your personal information.

Access Your Personal Account

Click on the ***Class Registration*** link at the top of the LLI webpage. Existing members: enter your personal LLI username and password to log into your account. At the next screen, you can renew your membership and register for classes. Click the ***My Account*** tab to view your class registrations and edit your personal information.

Access Our Common Member Area

Use the generic password, **llimanassas!** (all lower case with exclamation point). This area contains LLI documents and forms (Trip Waivers, Requests for Refunds, etc.) and our DVD Lending Library. It also contains minutes of board meetings, the LLI by-laws, and class materials provided by instructors.

Join LLI (New Member)

Click the ***Join/Renew*** link at the top of the LLI webpage. At the next screen, click the ***New User Start Here*** link.

Forgot Your Password?

If you forget your username or password, click the Forget Password link at the top of the Class Registration page. Enter your email address, and an email will immediately be sent to you showing your username and instructions for re-setting a new password. Check your spam/junk folder if you don't find this email in your inbox.

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Spring 2019 Forums, Classes & Trips at a Glance

Forums, classes and trips are listed here in order of starting date. In the Program Guide they are listed numerically in order of class number, which is in parenthesis in this chart.

Forum, Class or Trip	Time	Venue
The Book of Job (36)	Thurs 10:00 a.m.-noon, Jan 24, Feb 21	Trinity Episcopal Church
Einstein's Theory of Relativity (42)	Fri 3:00-4:30 p.m., Jan 25, Feb 8, 15	NOVA-Manassas, Parrish Hall
New Member Orientation (04)	Mon 10:30 a.m.-noon, Jan 28	Trinity Episcopal Church
Steel Magnolias (07)	Mon 1:30-3:00 p.m., Jan 28	Hylton Performing Arts Center
Understanding Opera (11)	Wed 10:00 a.m.-noon, Jan 30, Mar 6	Hylton Performing Arts Center
The Great War in America (27)	Tues 10:30 a.m.-noon, Jan 29	Hylton Performing Arts Center
Mosaic Art (12)	Thurs 10:30 a.m.-noon, Jan 31, Feb 7	Trinity Episcopal Church
Universe Designed for Life? (37)	Mon 10:30 a.m.-noon, Feb 4, 11	Trinity Episcopal Church
Discovery at Man. Natl. Bf. Park (28)	Wed 10:30 a.m.-noon, Feb 6	MNBP Visitor Center
The Big Store: Am. Dept. Store (29)	Tues 10:00 a.m.-noon, Feb 12	Dar al-Noor Islamic Community Center
The Aging Brain (22)	Thurs 1:30 – 3:00 p.m., Feb 14, 21, 28	Bethel Lutheran Church
Great Decisions (17)	Tues 1:30-3:00 p.m., Feb 19,26, Mar 19,26	Bethel Lutheran Church
Tin Pan Alley (08)	Mon 10:00-11:30 a.m., Feb 25	Hylton Performing Arts Center
Smarter than Smart Phone (43)	Fri 1:30-4:00 p.m., Mar 1	NOVA-Manassas, Parrish Hall

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Tai Chi Chuan (23 A or B)	Tues, Wed 10:30 a.m.-noon, Mar 5 or 13	Bethel Lutheran Church
Moral Philosophy (38)	Thurs 10:30 a.m.-noon, Mar 7, 14, 21, 28	Bethel Lutheran Church
Social Connect Brown Bag Lunch (05)	Thurs, Tues Noon-1:00 p.m., Mar 7, Apr 23	Bethel Lutheran Church
Is There a Life Hereafter? (39)	Thurs 1:30-3:00 p.m., Mar 7, 14, 21	Bethel Lutheran Church
Outdoors Northern Virginia (32)	Fri 10:30 a.m.-noon, Mar 8	Manassas Park Community Center
Our Stories: A Writing Workshop (13)	Mon 1:30-3:30 p.m., Mar 11, 18, 25, Apr 1, 8, 15, 22, 29	Quarry Station Senior Apartments
Post Civil War America (30)	Tues 10:30 a.m.-noon, Mar 12	Dar al-Noor Islamic Community Center
Dealing with Difficult People (18)	Wed 1:30-3:00 p.m., Mar 13	NOVA-Manassas, Colgan Hall Auditorium
Anne of Green Gables (09)	Fri 10:30 a.m.-noon, Mar 15	Hylton Performing Arts Center
Hallelujah! Music of Leonard Cohen (14)	Wed 10:00 a.m.-noon, Mar 20	Hylton Performing Arts Center
Forum: PWC: Aerial Perspective (01)	Wed 1:00-3:00 p.m., Mar 20	Hylton Performing Arts Center
World War II (31)	Fri 1:30-3:00 p.m., Mar 22, 29, Apr 5	NOVA-Manassas, Parrish Hall
'S Wonderful: Music of Gershwin (15)	Tues 10:00 a.m.-noon, Mar 26	Hylton Performing Arts Center
Forum: What's New at NOVA? (02)	Wed 10:00 a.m.-noon, Apr 3	Hylton Performing Arts Center
Walk with Jerry (24)	Thurs 10:00 a.m.-noon, Apr 4	Pr. Wm. Forest Park Visitor Center
Inca Trail to Galapagos Islands (44)	Fri 10:30 a.m.-noon, Apr 5	Hylton Performing Arts Center
Rare Earth (45)	Wed 10:30 a.m.-noon, Apr 10	Hylton Performing Arts Center
Hearing Loss (20)	Wed 1:-30-3:00 p.m., Apr 10	Bethel Lutheran Church

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Bus Trip: B&O Railroad Museum (48)	Thurs 7:00 a.m.-7:00 p.m., Apr 11	Departure Location TBD
Close Encounters: Judge Jarvis (19)	Fri 1:30-3:30 p.m., Apr 12	Prince William County Courthouse
Stayin' Alive (25)	Sat, 9:00 a.m.-noon, date TBD	Prince William Hospital Center
Annual Membership Meeting (06)	Wed 11:00 a.m.-1:00 p.m., Apr 17	Regency Clubhouse
Recreational Mathematics (33)	Thurs 10:00 a.m.-noon, Apr 18	Bethel Lutheran Church
Party on the Patio (34 A or B)	Thurs, Wed 1:30-3:00 p.m., Apr 25 or May 1	Trinity Episcopal Church
Biology, Cont'd. (46)	Fri 1:30-3:30 p.m., Apr 26, May 3, 10, 17, 24	NOVA-Manassas, Parrish Hall
Sir Kenneth Clark's Civilization (16)	Tues 10:00 a.m.-noon, Apr 30, May 7, 14, 21	Bethel Lutheran Church
Forum: No. Va. Transportation (03)	Wed 10:00 a.m.-noon, May 1	Hylton Performing Arts Center
Rocket Science (21)	Thurs 10:30 a.m.-noon, May 2	Holy Trinity Church
Personal Prayer (40)	Mon 10:30 a.m.-noon, May 6	Trinity Episcopal Church
Effingham Winery Tour & Tasting (35)	Wed 1:00-3:00 p.m., May 8	Effingham Manor Winery
Maintaining Unity in Diversity (41)	Thurs 10:30 a.m.-noon, May 9, 16	Bethel Lutheran Church
Depression (26)	Mon 10:30 a.m.-noon, May 13	Trinity Episcopal Church
Yellow Buses? PAK (10)	Tues 10:30 a.m.-noon, May 14	Hylton Performing Arts Center
Space Satellites (47)	Wed 10:30 a.m.-noon, May 15	Hylton Performing Arts Center
Bus Trip: Jefferson's Retreat/D-Day (49)	Wed 6:00 a.m.-7:00 p.m., May 29	Departure Location TBD

Speaker Forums (S1901-03)

Forums are open to the public, and LLI members are encouraged to bring friends and neighbors. Refreshments will be served before the presentation.

S1901 Prince William County: An Aerial Perspective

Wednesday, Mar. 20

1:00 p.m. refreshments

1:30-3:00 p.m. speaker

Hylton Performing Arts Center

Speaker: Roger Snyder

Roger Snyder is returning to LLI to present a third forum based on his work since his retirement in 2002. He will present and describe recent aerial photographs depicting public and private development that is constantly changing the landscape of this region of more than a half million people.

Roger Snyder earned a bachelor's degree from Dartmouth, a master's degree from Syracuse and then embarked on a 35-year career in community planning and economic development, starting in New York State and ending in Virginia. During that time, he served as director of planning in Madison County, New York and Prince William County, Virginia. He also worked for five years as the CEO of the Northern Virginia Building Industry Association. In 2002, he retired after 10 years as the community development director for the City of Manassas. Since retirement, Roger has established an aerial photography business that now includes a list of more than 500 clients. His photography has been used in planning presidential security at the Presidents Cup Golf Tournament, at the opening of the Marine Heritage Museum and on many clients' websites. His aerial pictures are frequently seen in two weekly electronic and print newspapers.

Nancy Osborne, LLI Coordinator
anosb@verizon.net, 703-361-6633

S1902 What's New at NOVA (Northern Virginia Community College)?

Wednesday, Apr. 3

10:00 a.m. refreshments

10:30 a.m.-noon speaker

Hylton Performing Arts Center

Speakers: Dr. Scott Ralls, Dr. Chad Knights and Dr. Molly Lynch

Northern Virginia Community College is continually working to create programs to meet the needs of students and the workforce. This forum will highlight some of NOVA's new programs and initiatives.

President Scott Ralls will discuss ADVANCE, a new partnership between NOVA and George Mason, and some of the exciting new programs in workforce development. Dr. Ralls holds a Ph.D. in industrial and organizational psychology from the University of Maryland and was named honorary fellow of Warwickshire College in Leamington, England. He currently serves as co-chair for the Policy Leadership Trust for Student Success, a national effort sponsored by Jobs for the Future, to advance state policy improvements that promote completion for community college students.

Dr. Chad Knights will report on some of NOVA's new programs including a cloud computing program developed in collaboration with Amazon Web Services and the revised engineering technology program that includes a data center operations specialization. Dr. Knights obtained his Ph.D. in biochemistry from the University at Buffalo through studies completed at the Roswell Park Cancer Institute in Buffalo, NY and has conducted translational cancer research at both GWU and Georgetown University's Lombardi Cancer Center. Dr. Knights joined NOVA in 2007 and was most recently appointed NOVA's first provost of information and engineering technologies. Dr. Knights serves on the executive boards of SPARK, the Education Foundation for PWCS, and on the Virginia Microelectronics Consortium helping to promote and support STEM education throughout Northern Virginia and the Commonwealth.

Dr. Molly Lynch will provide a snapshot of NOVA students and an update on the Manassas campus. Dr. Lynch received a bachelor's degree in psychology from the University of Notre Dame and a master's and a Ph.D. in social psychology from Ohio State University. Prior to joining NOVA, she was a research associate at Vanderbilt Institute of Public Policy Studies in Washington, D.C. Dr. Lynch

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joined the NOVA teaching faculty in 2003 and quickly became involved in campus, college and statewide initiatives. She has been actively involved in the Achieving the Dream initiative at NOVA, which combines her love of data and interest in student success. Dr. Lynch currently serves as the provost at the Manassas campus.

Mary Foster, LLI Coordinator

maryfoster42@gmail.com, 571-222-7012

S1903 Northern Virginia Transportation: An Update

Wednesday, May 1

10:00 a.m. refreshments

10:30 a.m.-noon speaker

Hylton Performing Arts Center

Speaker: Michael Longhi

The Northern Virginia Transportation Authority (NVTA) is our regional multi-modal (trains, roads, buses etc.) transportation planning organization. Since 2014 the NVTA has funded over \$2 billion in transportation projects in the region, which consists of the counties of Prince William, Fairfax and Loudoun and the cities of Manassas, Manassas Park, Fairfax, Falls Church, Arlington and Alexandria. During this forum NVTA and Prince William County transportation leaders will provide an overview of the regional planning efforts, a summary of the regional revenues raised and programmed, and an overview of transportation projects in the pipeline. There will be a focus on projects in the areas that we believe are of interest to LLI members. There will be a question and answer period.

Ann Cain, LLI Coordinator

alcainva@yahoo.com, 757-270-7152

Special Events (S1904-06)

S1904 New Member Orientation: LLI – What’s in It for Me?

Monday, 10:30 a.m.-noon, Jan. 28

Trinity Episcopal Church

Maximum class size 60

Instructors: Mike Ahern, Mary Foster, Kathy Hernandez, Nancy Osborne and Cathy Walsh

This class is for anyone new to LLI-Manassas as well as members who would like to know more about the history and operations of the organization. We will discuss how you can become involved, have fun and meet new people – all at the same time. Light refreshments will be served.

Mike Ahern holds bachelor’s and master’s degrees in chemistry. He served 26 years in the U. S. Army and later taught in Prince William County Schools and for George Mason University. He served LLI as vice-president for three years and is now president of the organization.

Mary Foster has been a member of LLI since moving to Virginia in 2011. She has been on the board of directors since 2013 and served as president for three years. Mary has a master’s degree in special education and has taught elementary and adult students for 23 years.

Kathy Hernandez is LLI’s webmaster. After living in Florida and Georgia, she settled in Manassas about 18 years ago. She retired two years ago after serving in the U.S. Navy and working for the federal government for 36 years.

Nancy Osborne was on the core committee that started LLI-Manassas in 2003. She served on the board of directors for six years and was president of the organization for two of those years. She now serves on the program committee.

Cathy Walsh is a retired nurse. She lives in Heritage Hunt, where she served on the board of directors and participated in several committees and task forces. Cathy joined LLI in 2016, serves on the board of directors and is chair of the membership committee.

Nancy Osborne, LLI Coordinator
anosb@verizon.net, 703-361-6633

S1905 Social Connect Brown Bag Lunch

Thursday, Noon-1:00 p.m., Mar. 7

Tuesday, Noon-1:00 p.m., Apr. 23

Maximum class size 60

Bethel Lutheran Church

The Manassas-LLI mission statement includes “social opportunities in a friendly atmosphere.” Therefore, in living true to our mission, we have brown bag lunches for members, new and seasoned, to come together to get to know each other a little better, to chat, have fun, and to comment or ask questions about LLI. You provide the protein for your lunch and we will supply the carbs with cookies and drinks. You are welcome to attend either or both sessions. We look forward to seeing you.

Mary Foster, LLI Coordinator

maryfoster42@gmail.com, 571-222-7012

Dar Miklosovich, LLI Coordinator

sdmik@verizon.net, 703-754-4683

S1906 Annual Membership and Business Meeting

Wednesday, Apr. 17

Sign-in begins at 11:00 a.m.; meeting 11:30 a.m.; complimentary lunch at 12:00 noon for members only

Regency Clubhouse, 15351 Championship Dr., Haymarket

The annual Membership and Business Meeting is your opportunity to learn about the current “state of LLI,” vote for candidates for the board of directors, and vote for proposed changes in our by-laws. A complimentary luncheon is included in this meeting. Sign up using the same procedure you use to register for classes. Last date for sign-up is Mar. 27. For more information, contact Karla Anzzolin, 703-392-9620, rocmusisn@comcast.net. Directions to the Regency Clubhouse are in the venue section at the back of this program guide.

Classes & Trips

LLI-Hylton Performing Arts Center Partnership (S1907-10)

This semester LLI is partnering with Hylton Performing Arts Center to offer four classes and performances. A lecture will be held at the Hylton Center before each performance. **You must purchase your own ticket to each performance. Ticket prices and information about LLI's discount are included with the write-up for each performance.**

S1907 *Steel Magnolias* as Contemporary Romanticism

Lecture: Monday, 1:30-3:00 p.m., Jan. 28

Hylton Performing Arts Center

Instructor: Dr. Ken Elston

In this class, the instructor will explain why he considers elements of Romanticism inherent in this contemporary tragicomedy. Works of the Romantic period often established a magical environment for discovery and transformation. *Steel Magnolias* creates a strongly feminine world, as the title suggests. The fact that we can laugh through the tragedy of this play makes it an extremely appealing piece of theatre. The titular characters are able to persevere because of their strong community as women who learn to grow stronger as they face each new obstacle together.

Ken Elston is the director of the School of Theater at George Mason University, teaching courses in acting and directing. His stage credits include several off-Broadway, regional companies, and universities. Internationally, Ken has had professional residencies in China and has been a guest artist for communicating science at the Lisbon Biological Sciences Institute. Ken is a member of Actor's Equity, Screen Actors Guild, American Federation of Television and Radio Artists, Stage Directors and Choreographers Society, and the Association of Theatre Movement Educators. He has written several dramatic plays on the Civil War, including the National Jubilee of Peace in 2011 for the City of Manassas and Prince William County, featured by the National Park Service for the war's sesquicentennial. He is a member of the Manassas City Council.

Spring 2019 Program Guide

Performance: *Steel Magnolias*

Saturday, 8:00 p.m., Feb. 9

Hylton Performing Arts Center

Tickets: \$44, \$37, \$26. Purchase tickets online at HyltonCenter.org, or by phone 703-993-7757, or at the ticket office 10960 George Mason Circle, Manassas, Va. Use CODE: LLI20 for LLI's 20% discount.

Bob Marsh, LLI Coordinator

omarshva@icloud.com, 703-789-6681

S1908 Tin Pan Alley: Songwriters of the Great American Songbook

Lecture: Monday, 10:00-11:30 a.m., Feb 25

Hylton Performing Arts Center

Instructor: Dr. Darden Purcell

Dr. Purcell will discuss the importance of the Great American Songbook songwriters, composers, and lyricists. She will bring back to life all those wonderful songs we grew up listening to on the radio and on our record players and discuss the importance of jazz in forming the Great American Songbook. A question and answer period will follow.

Dr. Darden Purcell is a Washington D.C. based jazz vocalist, an active featured soloist with symphony orchestras, big bands and small ensembles, and a band leader and vocal instructor. Dr. Purcell has shared the stage with top jazz artists including Eric Alexander, Terell Stafford, Jim Pugh, Chip McNeill, Dana Hall, Alan Baylock, Stockton Helbing, Byron Stripling, Bobby Floyd, Joel Spencer, Darmon Meader, Lisanne Lyons, the Metropolitan Jazz Orchestra, the U.S. Navy Commodores, The Airmen of Note, U.S. Army Blues and the American Festival Pops Orchestra (Tony Maiello) performing at concert halls and clubs throughout the nation. Dr. Purcell is the director of Jazz Studies, Jazz Voice instructor and director of the Mason Jazz Vocal Ensemble at George Mason University.

**Performance: Celebrating Gershwin: A Stroll Down Tin Pan Alley
Friday, 8:00 p.m., Mar. 1**

Hylton Performing Arts Center

Tickets: \$46, \$39, \$28. Purchase tickets online at HyltonCenter.org, or by phone 703-993-7757, or at the ticket office 10960 George Mason Circle, Manassas, Va. Use CODE: LLI20 for LLI's 20% discount.

Bob Marsh, LLI Coordinator

omarshva@icloud.com, 703-789-6681

S1909 Prince William Little Theatre: *Anne of Green Gables*

Lecture: Friday, 10:30 a.m.-noon, Mar. 15

Hylton Performing Arts Center

Instructors: Susy Moorstein and Select Cast Members

Prince William Little Theatre (PWLT) presents a refreshing, contemporary telling of this classic story. Stern Marilla and her warm-hearted brother Matthew hoped to adopt a boy to work on their farm. The orphanage sends young, befreckled Anne by mistake, and their lives are never the same as Anne's warmth and wit win over even the gruffest of characters. Learn how a play is brought to stage by an all-volunteer community theatre company. You may meet the director, the producer, and some cast members.

Susy Moorstein was active in professional and community theater in Ohio before moving to Prince William Co. and co-founding Prince William Little Theatre in 1980. She has directed about a dozen shows for PWLT and costumed about 40 productions throughout the local theater community. As a collector for over 40 years and owner of SusyQtiques, a vintage clothing store, she enjoys costuming historical shows. Susy and her husband Mark are parents of two children and four grandchildren, who keep them busy and young.

Performance: Prince William Little Theatre: *Anne of Green Gables*

Friday, 8:00 p.m., Mar. 15; Saturday 8:00 p.m., Mar. 16

Sunday, 2:00 p.m. Mar. 17

Hylton Performing Arts Center

Tickets: \$20, \$17. Purchase tickets online at HyltonCenter.org, or by phone 703-993-7757, or at the ticket office 10960 Mason Circle, Manassas, Va. Use CODE LLI20 for LLI's 20%.

Bob Marsh, LLI Coordinator

omarshva@icloud.com, 703-789-6681

S1910 Yellow Buses at the Hylton Center: PAK's Mission of Education

Tuesday, 10:30 a.m.-noon, May 14

Hylton Performing Arts Center

Facilitators: Claire Machosky and Marit Majeske

Performing Arts for Kids, also known as PAK, is a non-profit organization that works exclusively with the Hylton Performing Arts Center to provide a rich cultural repertoire for school age children. Since 2013, PAK has supported programming at the Hylton for over 30,000 students from the public schools of Prince William County and the cities of Manassas and Manassas Park. This is an opportunity to learn about the work of the Hylton Education Committee and to share your ideas that will contribute to the continued success of children and the arts in Prince William County. The facilitators will be joined by other staff and community representatives for this interactive program.

Claire Machosky-Ullman, a retired New York teacher and school administrator, resides in Prince William County. She has served as the Occoquan Bicentennial Chairperson, the Odyssey of the Mind school coordinator for Gravely Elementary School and is currently co-chair of the Hylton Education Committee. Claire is a charter member of Performing Arts for Kids and is currently its vice-chairperson.

Marit Majeske has been the front of house manager at the Hylton Performing Arts Center since it opened in May 2010. In October 2016, she took on the additional role of interim education coordinator, working with local school systems to provide diverse arts experiences to local students. Prior to joining the staff at the Hylton Center, she worked as an assistant house manager at Ford's Theater and a volunteer intern with the Performing Arts for Everyone and Kennedy Center Friends offices at the Kennedy Center. Marit holds a bachelor's degree in music and broadcast journalism from Winthrop University (Rock Hill, S.C.) and a master's in arts management from George Mason University. She received the Kennedy Center Leadership Exchange in Arts and Disability (LEAD) Emerging Leader Award in August 2014.

Bob Marsh, LLI Coordinator

omarshva@icloud.com, 703-789-6681

Arts & Literature (S1911-16)

S1911 Understanding Opera: A Guide for the Passionate and the Puzzled

Wednesdays, 10:00 a.m.-noon, Jan. 30, Mar. 6

Hylton Performing Arts Center

Instructor: Dr. Glenn Winters

The class will introduce students to the spring productions of Virginia Opera's 2018-2019 season: Gaetano Donizetti's *The Elixir of Love* and Giacomo Puccini's *Madame Butterfly*. The instructor will present detailed musical and dramatic analysis illustrated with audio and video excerpts. This class is recommended for beginners and opera buffs alike.

Glenn “Doc Opera” Winters is in his 15th season as Virginia Opera's community outreach musical director, imparting his knowledge and love of opera to thousands of Virginians. Dr. Winters is the composer of ten operas successfully performed by Virginia Opera, Piedmont Opera, Cimarron Opera and others. He is the author of *The Opera Zoo: Singers, Composers and Other Primates*, available from Kendall Hunt Publishing.

Ann Cain, LLI Coordinator

alcainva@yahoo.com, 757-270-7152

S1912 Mosaic Art: History and Hands On

Thursdays, 10:30-noon, Jan. 31, Feb. 7

Trinity Episcopal Church

Class fee: \$5 will be collected at the first session.

Maximum class size 30

Instructor: Andrea Mays

This class will be presented in two parts. In the first class Ms. Mays will present the history of mosaic art and describe the techniques involved. She will share photos of the mosaics that she has seen in Italy, Spain, the Library of Congress and in her own work. She will show you the tools that are used to create the art. In the second class participants will be guided in making their own artistic creations from materials they have personally collected like shells, broken jewelry, pennies or by using glass and ceramic tiles, marbles and beads. In the Fall 2019 semester Ms. Mays will arrange for class participants to tour the Workhouse Arts Center in Lorton.

Note: Class fee of \$5 will be collected at the beginning of the first session. Please bring exact cash or a check made out to LLI-Manassas. There will be no refunds.

Andrea Mays was a mosaic artist at the Workhouse Arts Center in Lorton and specialized in historic reproductions from the Roman and Byzantine eras. She has toured several European countries to see the mosaic art of the world and currently uses her artistic knowledge and skills by creating free form mosaics. Andrea is a former middle school science teacher and is currently active with community theater in the Prince William area.

Nancy Osborne, LLI Coordinator
anosb@verizon.net, 703-361-6633

S1913 Our Stories, Our Inspiration, Our Selves: A Writing Workshop

Mondays, 1:30-3:30 p.m., Mar. 11, 18, 25, Apr. 1, 8, 15, 22, 29

Quarry Station Senior Apartments

Instructor: Mary Winsky

Our stories reside within. Our inspiration comes from other writers. Our selves are revealed in the presence of the two when we write. We will write this semester in tandem with Lauren Groff's "innovative and beautifully written" collection of nine short stories, *Delicate Edible Birds and Other Stories*. Please get a paperback copy and read the first story, "Lucky Chow Fun," (pages 1-39) for our opening class. That way we can start right in discussing the story and writing our own stories or poems or memoirs or essays with book in hand. Each session will consist of collaborative talk of text, then writing and sharing of our own pieces of choice. We will listen for the gifts in Groff's voice, the voices of others, and our own.

Mary Winsky is a writer and former English teacher, staff developer and change agent. She has taught composition and literature at high school, college and graduate levels and led writing workshops for adults nationally and locally. Mary has taught for LLI since the Fall of 2004.

Elizabeth Crawford, LLI Coordinator
crawforde1@juno.com, 703-594-0049

S1914 Hallelujah! The Music and Life of Leonard Cohen

Wednesday, 10:00 a.m.-noon, Mar. 20

Hylton Performing Arts Center

Instructor: Bill Hoyle

“Suzanne,” “So Long Marianne,” and “Hey, That’s No Way to Say Goodbye” are a few of the songs written by Leonard Cohen. His most famous song, “Hallelujah,” was released in 1984, but it did not become popular until it was covered by other artists years later. Today there are more than 300 different recorded versions of the song. A French-Canadian Jewish poet, Cohen was also a Buddhist monk, yet he wrote many songs about Christianity. This class will include music videos of Cohen, as well as renditions of his songs from Judy Collins, k.d. lang, Roberta Flack, Rufus Wainwright and others. Lyrics will be distributed and singing along is welcome

Bill Hoyle is a life-long music lover, frequent concert goer, and former choral singer. He saw Leonard Cohen perform in 2009 at Merriweather Post and in 2013 at New York’s Radio City Music Hall. Hoyle retired in 2014 from his non-musical day job as senior investigator for the U.S. Chemical Safety Board.

Lynn Hoffman, LLI Coordinator

lynnhoffman00@gmail.com, 703-405-2718

S1915 'S Wonderful: The Music of George Gershwin

Tuesday, 10:00 a.m.-noon, Mar. 26

Hylton Performing Arts Center

Instructor: Dan Sherman

Although he died at age 38, George Gershwin produced some of the most memorable tunes in the Great American Songbook, in addition to masterpieces such as “Rhapsody in Blue” and “Porgy and Bess.” This class will cover Gershwin’s life and career and feature recordings from many great performances of his work, including rare recordings and interviews of George, Ira, and Frances Gershwin.

Dan Sherman is a recently retired economist who earned his doctorate at Cornell University. He has taught more than 25 courses to lifelong learning groups in the Washington area, mostly on topics related to musical theatre. He gave his first LLI-Manassas class in April 2018, on “Hamilton: The Man and The Musical,” and in October he presented classes on Frank Lloyd Wright and Oscar Hammerstein.

Nancy Arrington, LLI Coordinator

narrington1@verizon.net, 703-408-7446

S1916 Sir Kenneth Clark's View of Civilization, Cont'd.

Tuesdays, 10:00 a.m.-noon, Apr. 30, May 7, 14, 21

Bethel Lutheran Church

Facilitator: Holly Goliver

Come and enjoy a view of civilization as seen through the eyes and wry wit of Sir Kenneth Clark, the retired director of the National Gallery, London. Although this series was produced 50 years ago, it promotes a wonderful appreciation of the Western Art, architecture, and philosophy that is as compelling now as it was then. Topics of this semester's lectures include:

- Grandeur and Obedience (Rome in the counter Reformation)
- The Light of Experience (revolutionary change in thought)
- The Pursuit of Happiness (18th century rococo and classicism)
- The Smile of Reason
- The Worship of Nature
- The Fallacies of Hope
- Heroic Materialism

Holly Golliver holds a bachelor's degree from Ball State University, Indiana. She was an English teacher and substitute while raising a family, originally in Fairfax County and later at Gar-field and Osborne Park High Schools in Prince William County. She first saw this series 50 years ago and was inspired to read and study the art introduced here. When her husband was in the Air Force, Holly was fortunate to live in England for a year, and she has traveled frequently in Europe. She has been a member of LLI for several years.

Kathleen Pechauer, LLI Coordinator
kapechauer@gmail.com, 703-975-5049

Current Events (S1917-19)

S1917 Great Decisions

Tuesdays, 1:30 -3:00 p.m., Feb. 19, 26, Mar. 19, 26

Bethel Lutheran Church

Class Fee: \$32 for the Briefing Book (see Note below)

Instructor: Dan Leahy

Great Decisions is America's largest world affairs discussion program. The program model involves reading the Great Decisions Briefing Book, watching the DVD and meeting in a discussion group to discuss the most critical global issues facing America today. The 2019 program will discuss the following topics: Refugees and Global Migration; The Middle East: Regional Disorder; Nuclear Negotiations: Back to the Future? The Rise of Populism in Europe; Decoding U.S. - China Trade; Cyber Conflicts and Geopolitics; The United States and Mexico: Partnership Tested; and State of the State Department and Diplomacy. We will discuss the first four topics this semester. The remaining topics will be discussed in the Fall 2019 semester.

Note: Information on purchasing the Briefing Book will be sent to members who register for the class.

Dan Leahy is a retired federal government employee with over 30 years of public service in the area of international trade. Dan is a longtime member of LLI and taught the Current Events Discussions and Great Decisions classes for several years. He is a past president of LLI and currently is a member of the program committee.

Dan Leahy, LLI Coordinator
dfleahy47@aol.com, 703-309-0914

S1918 Dealing with Difficult People

Wednesday, 1:30-3:00 p.m., Mar. 13

NOVA-Manassas, Colgan Hall Auditorium

Maximum class size 125

Instructor: Lt. John M. Weinstein

Words matter! What we say and how we say it can be the difference between an argument and a pleasant exchange. The words we choose, our tone, pitch, and volume, along with our non-verbal cues, can further our communications and interactions, and, in the case of a toxic situation, defuse it in a positive manner. In this informative and entertaining class Lt. Weinstein will discuss the training police officers receive that can also help private citizens deal with potentially explosive situations. Topics include:

- Ten phrases you should never use
- Why others do not hear what we say
- How to establish a link and build rapport between yourself and an angry individual
- The biggest obstacle to effective communications
- How to end an angry individual's rant
- What to do when words fail

Note: NOVA parking information will be sent to members who register for this class.

Lt. John Weinstein is the commander of strategic planning and outreach for the NOVA Police Dept. He has served as a deputy sheriff and chief of police and teaches numerous law enforcement topics, such as firearms, active shooter response, and communications at local police academies. He has been at NOVA for over seven years. Lt. Weinstein holds a Ph.D. in international politics and is a nationally recognized expert in nuclear weapons command and control. He contributes regularly to *Campus Safety* magazine and serves on its editorial board. In his spare time, he is a cross-country motorcyclist.

Mike Ahern, LLI Coordinator

mike@theaherns.com, 703-969-2381

S1919 Close Encounters with the Law: Judge Jarvis Continues His Series on the Judicial System.

Friday, 1:30-3:30 p.m., Apr. 12

Prince William County Courthouse, 9311 Lee Ave., Manassas

Maximum class size 125

Instructor: Honorable William E. Jarvis

Judge Jarvis returns, by popular demand, to continue talking about our legal rights in court and on the street. He plans to be joined again by a member of the defense bar and a representative from the Commonwealth Attorney's Office. All who attended his earlier classes enjoyed his presentations and the questions that followed. In this session, Judge Jarvis will continue with police/citizen encounters and add a discussion on the different ethical obligations of prosecutors and defense lawyers.

Honorable William E. Jarvis graduated from Old Dominion University in 1985 with bachelor's degrees in philosophy and criminal justice. After doing graduate work at the University of Virginia, he attended George Mason University School of Law and graduated in 1991. He served as a prosecutor in Pittsylvania County, Va. from 1992 to 1998 and in Marion County, Florida from 1998 to 2002. Upon his return to Virginia in 2002, he prosecuted in Prince William County until 2012, when he was appointed to the Prince William County General District Court Bench. Judge Jarvis has taught search and seizure as well as right to counsel legal updates to police, attorneys and judges throughout his legal career.

Bob Marsh, LLI Coordinator

omarshva@icloud.com, 703-789-6681

Experience Buffet (S1920-21)

In this popular series of classes, LLI members share their work experiences, hobbies, travels and special interests. Please consider presenting your own story next semester. Contact a program committee member if you need technical help (PowerPoint, etc.) with your presentation.

S1920 Let's Talk about Hearing Loss

Wednesday, 1:30-3:00 p.m., Apr. 10

Bethel Lutheran Church

Instructor: Alice Crume

Have you noticed that people seem to mumble? Do you often ask people to repeat what they said? Do you have loved ones who rarely join in conversations or seem to ignore people who speak to them? Hearing loss affects everyone – those who have the hearing loss as well as the people around them. Some people with hearing loss don't know how much their loss has affected their quality of life and their circle of communication. This class will begin with the impacts of hearing loss, explore different types of hearing loss, and end with a brief overview of hearing aids and cochlear implants. Questions will conclude the session.

Alice Crume is a retired 20-year human communication professor with a research specialty in mediation. She has had a progressive hearing loss since 1988 and now has a deafened left ear and wears a cochlear implant. She has 30% hearing in her right ear and wears a hearing aid. Alice was trained with the HLAA/N-Chatt (Hearing Loss Association of America/Network of Consumer Hearing Assistive Technology Trainers) project in Spring 2017. N-Chatt trains volunteers to give free talks on hearing loss assistive technology equipment – information only, no selling involved.

Elizabeth Crawford, LLI Coordinator
crawforde1@juno.com, 703-594-0049

S1921 It Really *Is* Rocket Science!

Thursday, 10:30 a.m.-noon, May 2

Holy Trinity Church, Room 105-106

8213 Linton Hall Rd., Gainesville

Maximum class size 60

Instructor: Jerry Fisher

In this class Mr. Fisher will explore the early history of rockets and missiles in the United States. He will concentrate mainly on defensive systems but will also discuss some of the offensive weapons like the V-2. Mr. Fisher's involvement in all of the above in his career will prove to be very interesting.

Note: Holy Trinity Church is located at the intersection of Linton Hall Rd. and Limestone Dr. Use the entrance on the left side of the building; classroom is just inside.

Jerry Fisher is a physicist with a graduate degree in systems engineering. He has worked on military systems for 52 years. His experience includes anti-aircraft missiles, anti-missile missiles, satellite systems, and anti-submarine warfare systems. He is a Fellow of the International Council on Systems Engineering.

Janet Wheatcraft, LLI Coordinator

jwheatcraft@verizon.net, 703-475-4222

Health & Fitness (S1922-26)

S1922 The Aging Brain, Cont'd.

Thursdays, 1:30-3:00 p.m., Feb. 14, 21, 28

Bethel Lutheran Church

Instructor: Dr. Michael Dennis

These classes will follow the format introduced in the prior semester, with DVD lectures developed by The Great Courses featuring Professor Thad A. Polk, professor of psychology at the University of Michigan. Dr. Michael Dennis will update these video lectures with the most current physical and psychological information available and lead discussions designed to make complexities of the aging process more understandable.

Week 1. Strategies for an Aging Memory; Dementia and Alzheimer's Disease

Week 2. Parkinson's Disease and Stroke; Aging Well by Staying Active

Week 3. Aging Well through Proper Diet and Reduction of Stress; The Science of Immortality

Dr. Michael Dennis retired from the practice of neurosurgery after 30 years in the Washington area. He graduated from Brown University with a bachelor's degree and earned his master's from Yale University. He completed his surgical internship and his neurological residency at George Washington University Hospital. He became clinical professor of neurosurgery at George Washington University in 1980, where he served until December 2003. He has been on the staff of George Washington University Hospital, Washington Hospital Center, INOVA Fairfax Hospital and Reston Hospital. Dr. Dennis is a long-time member of LLI and has presented several classes on various subjects.

E. Perley Eaton, LLI Coordinator

eperley.eaton01@gmail.com, 703-795-1923

S1923 A or B Introduction to Tai Chi Chuan

S1923 A. Tuesday, 10:30 a.m.-noon, Mar. 5

S1923 B. Wednesday, 10:30 a.m.-noon, Mar. 13

Bethel Lutheran Church

Instructor: Jeffery Smith

This class will provide general instruction in tai chi chuan, which has been translated “Grand Ultimate Fist.” Tai chi chuan is a popular Chinese martial art, often performed for its health benefits, which include relaxation, coordination and balance. The movements are performed slowly and fluidly, which makes it good for people who want to relax and who do not want to or who cannot perform high-impact, strenuous moves. We will discuss tai chi chuan, do short warm up, and practice typical movements. We will put this together and start learning a short form (a short series of movements), which is very popular for exercise. Students should wear comfortable, loose clothing.

Note: This is a one-session class that repeats in order to accommodate more members. When you register, please indicate whether you want to attend A on March 5 or B on March 13.

Jeffrey Smith, a native of Annapolis, is a published poet and editor, polyglot, and government civilian and military retiree. He has taught as an assistant in martial arts schools. He started learning tai chi chuan when stationed overseas and has demonstrated the form at martial arts tournaments in the U.S. Mr. Smith has a second-degree black belt in tae kwon do and taught tae kwon do to a group of U.S. Army personnel while deployed to Iraq. He recently started practicing jeet kune do fundamentals

Kathy Marsh, LLI Coordinator
omarshva@icloud.com, 703-789-6502

S1924 Walk with Jerry

Thursday, 10:00 a.m.-noon, Apr. 4

Prince William Forest Park Visitor Center

18170 Park Entrance Rd., Triangle

Instructor: Jerry Laffey

Meet at the Visitor Center in Prince William Forest Park, off Dumfries Rd. (Rt. 234 S) or I-95's Exit 150 West. We will be in the forest for an easy 1.5-mile walk, followed by lunch at a nearby restaurant.

Directions will be furnished a week before the walk.

Note: This walk was scheduled for September 14, 2018, but the threat of Hurricane Florence caused it to be canceled. Let's try it again!

Jerry Laffey worked 12 years for two private companies in Pennsylvania, then moved to Northern Virginia and worked for four years for the Department of Defense Inspector General and 19 years with the Department of the Treasury. He retired on December 31, 2007 and became an LLI member in 2008. During his 'prime' years he loved tennis and volley ball, but in recent years, hiking has moved to the top of the list. Jerry is a bicyclist and a volunteer at Sky Meadows State Park. In a recent semester he gave an Experience Buffet presentation on how he learned to play the bagpipes.

Karen Waltman, LLI Coordinator

geraldwaltman@hotmail.com, 703-830-5710

S1925 Staying Alive...Can You Respond?

Date TBD (see Note below)

Prince William Hospital Center, 8700 Sudley Rd., Manassas

Maximum class size 75

Instructors: Novant Health UVA Health System Team

Have you noticed that those of us on the plus side of 50 are becoming more familiar with doctor' offices and sometimes even hospital emergency rooms? Unfortunately, we older individuals are more prone to falls and fractures, strains and scrapes, bumps and burns, even sunburn and subsequent skin diseases. In this class you will learn vital ways to help yourself or aid family and friends who suffer the many accidents that plague aging active adults. You will learn initial responses to emergencies and first aid for falls, bleeding, strokes, chest pain, cardiac arrest, and strains/sprains/breaks/joint dislocation. You will become familiar with CPR and use of the AED defibrillator, the lifesaving device for heart attacks.

Note: A date for this one-session class will be chosen from these options: Saturday, Mar. 23, or Mar 30, or Apr. 6 or Apr. 13, and the membership will be notified.

The Novant Health UVA Health System Team will be staffed with doctors, certified nurses and technicians from the Prince William and Haymarket Medical Centers. This broad skilled team of healthcare professionals is dedicated to providing comprehensive care to help you live a healthy and active lifestyle. The team has previously presented this program to active adults residing in Regency at Dominion Valley in Haymarket. Feedback was unanimous: "the best approach to reducing the medical risks associated with aging and staying active that we have ever come across."

E. Perley Eaton, LLI Coordinator
eperley.eaton01@gmail.com, 703-795-1923

S1926 Depression

Monday, 10:30 a.m.-noon, May 13

Trinity Episcopal Church

Maximum class size 80

Instructor: Dr. Ramfis Marquez

According to the American Psychiatric Association depression is described as “a common and serious medical illness that negatively affects how you feel, the way you think and how you act. Fortunately, it is also treatable. Depression causes feelings of sadness and/or a loss of interest in activities once enjoyed. It can lead to a variety of emotional and physical problems and can decrease a person’s ability to function at work and at home.” Every year one in 15 adults experience depression, and one in every six people may experience it over a lifetime. In this class Dr Marquez will describe the symptoms of depression that vary from mild to severe. He will also review different type of treatments that are available.

Dr. Ramfis Marquez is the director of the Behavioral Health Department for the Greater Prince William Health Center. He holds a Ph.D. in clinical psychology and is a licensed professional counselor in Virginia. He studied at Walden University and Inter American University of Puerto Rico and has worked in the field of mental health for 17 years plus. He has worked with children, adults, geriatrics, individuals, couples and families in both English and Spanish. Dr. Marquez has expertise in the areas of trauma, ADHD, Asperger’s Disorder (Autism Level 1), depression, anxiety and other DSM disorders. Dr. Marquez approaches therapy from a holistic perspective, using techniques from client focused, humanistic, motivational and reality-based therapies. In his free time he enjoys reading, music, history, stand up paddle boarding, cooking, dancing, playing the guitar, sports cars and martial arts.

Nancy Osborne, LLI Coordinator
anosb@verizon.net, 703-361-6633

History (S1927-31)

S1927 The Great War in America: World War I and Its Aftermath

Tuesday, 10:30 a.m.-noon, Jan. 29

Hylton Performing Arts Center

Speaker: Garrett Peck

Join author, historian and tour guide Garrett Peck for a discussion around his latest book, *The Great War in America*. The book is a chronicle of the American experience during World War I and the unexpected changes that rocked the country in its immediate aftermath – the Red Scare, race riots, women’s suffrage, and Prohibition. Books will be available for purchase and signing.

Garrett Peck is an author, historian and tour guide in the nation’s capital. He leads tours through Politics & Prose and The Smithsonian Associates. His Temperance Tour of Prohibition-related sites has been featured on C-SPAN Book TV and the History Channel program “Ten Things You Didn’t Know About” with punk rock legend Henry Rollins. Mr. Peck is on the advisory council of the Woodrow Wilson House and is a member of the Association of the Oldest Inhabitants of D.C. A native Californian, a U.S. Army veteran, and graduate of the Virginia Military Institute and George Washington University, he lives in Arlington. www.garrett.peck.com

Dan Leahy, LLI Coordinator
dfleahy47@aol.com, 703-309-0914

S1928 Unprecedented Discovery at Manassas National Battlefield Park

Wednesday, 10:30 a.m.-noon, Feb. 6

Manassas National Battlefield Park Visitor Center

6511 Sudley Rd. (Rt. 234 N), Manassas

Instructor: Brandon Bies

In 2014, workers at Manassas National Battlefield Park discovered a “limb pit” from a Union field hospital. Brandon Bies, now superintendent of MNBP, helped conduct an archaeological dig the following year to recover the remains. He will present the fascinating findings of this excavation of two northern soldiers and eleven amputated limbs from the Second Battle of Manassas. The two soldiers were reinterred at Arlington National Cemetery in September 2018.

Brandon Bies is superintendent of Manassas National Battlefield Park, where he manages its 5,000 acres of historic meadows and woodlands. MNBP draws more than 500,000 visitors annually. Before taking the helm at Manassas in March 2017, Mr. Bies served as the legislative coordinator for the National Capital Region of the National Park Service (NPS). During that time, he also served as the regional project manager for the rehabilitation of Arlington House, Robert E. Lee’s historic home. He held the position of site manager of Arlington House from 2010-2014. Mr. Bies began his NPS work in 2001 as an archaeologist at Monocacy National Battlefield. He served as the cultural resources specialist for George Washington Memorial Parkway and had assignments as the site manager of Great Falls Park and in the NPS headquarters Office of Legislative and Congressional Affairs. He holds a master’s degree in applied anthropology and bachelors’ degrees in American history and anthropology.

Karen Waltman, LLI Coordinator

geraldwaltman@hotmail.com, 703-830-5710

S1929 The Big Store: History of the American Department Store

Tuesday, 10:00 a.m.-noon, Feb. 12

Dar al-Noor Islamic Community Center

Maximum class size 100

Instructor: Dennis Van Derlaske

From the late 1800s and throughout the 20th century, the big department store emporiums represented the mainstream of mercantile commerce, where much of America was seen shopping and “shopped to be seen.” We will explore the phenomenon of shopping in the United States from the earliest days of the country, how it grew to be more complex and bountiful in the wares that were available, and, inevitably, how it became a form of entertainment. Along the way, the immense buildings and their architecture will be explored, including the special features that allowed these structures to function behind the scenes and provide the creature comforts that increasingly sophisticated shoppers demanded. We will also look at topics such as the roles that men and women played in the department store experience and how that changed with time, sexual mores in clothing displays, social stigmas of mannequins, the politics of display windows and learn about the controversial “lock-up cell” for shoplifters in the basement of a famous store. And, given that most department stores devote most of their floorspace to women’s fashion, the story of how women’s fashion evolved hand-in-hand with these stores will be explored. We will close with the challenges department stores face today and ask the question: will they still be around in the future?

Dennis Van Derlaske is a member of the county historical society, Historic Prince William, and serves on the Prince William County Historical Commission. He regularly lectures on topics of vernacular history at University of Mary Washington ElderStudy in Fredericksburg. He has taught several classes for LLI-Manassas.

Dan Leahy, LLI Coordinator
dfleahy47@aol.com, 703-309-0914

S1930 Post Civil War America

Tuesday, 10:30 a.m.-noon, Mar. 12

Dar al-Noor Islamic Community Center

Maximum class size 100

Instructor: William Johnson

The opening of the western half of the American continent for settlement caused enormous change. Immigration of German-speaking people from poverty-stricken eastern and southern Europe increased to over five million. In addition, there was significant immigration from Scandinavia and Ireland. We will examine how America handled these new immigrants, the problems associated with the influx of so many people, and how they were assimilated. We will look at the primary immigration ports in America (Castle Garden and Ellis Island) and examine the records created by these new citizens. In addition, we will consider the issues surrounding emancipation – what happened to the newly freed slaves and what happened in the post-war South. Many of the issues associated with this period of rapid growth are still felt today.

Bill Johnson has been involved in historical and genealogical research for over 50 years. In the early years of personal computers, he edited a newsletter on computer software for genealogy. In 1982, he was elected to the board of directors of the National Genealogical Society (NGS). Bill is an LLI member and has presented several classes for LLI.

Janet Wheatcraft, LLI Coordinator
jwheatcraft@verizon.net, 703-369-2499

S1931 World War II: A Military and Social History, Cont'd.

Fridays, 1:30-3:00 p.m., Mar. 22, 29, Apr. 5

NOVA-Manassas, Parrish Hall

Facilitators: Dan Leahy and Ann Cain

Fifty-five million people died in the Second World War, the greatest conflict in human history. These video lectures ask and answer important questions about this war:

- Might Hitler have been stopped sooner?
- Should Roosevelt have foreseen Pearl Harbor?
- Could more lives have been saved as the Holocaust became known?
- Did Truman have to use the atomic bomb at Hiroshima and Nagasaki?
- Did the Allies come closer to losing World War II than we would like to think?

In a video presentation by Professor Thomas Childers, Ph.D., University of Pennsylvania, the origins and expansion of the war in Europe and the Pacific are examined. Military and political strategies and failures are analyzed. Social and economic effects of the war are assessed. Class discussions will follow each video.

Dan Leahy's bio is on page 29.

Ann Cain spent 39 years teaching American history and government to high school and community college students in several states including Virginia. She received her undergraduate degree in history from Duke University and her master's degree in history from the University of Tulsa. She is a James Madison Foundation Fellow with a special interest in the creation of the United States and the U.S. Constitution. Ann is a member of the LLI program committee.

Dan Leahy, LLI Coordinator
dfleahy47@aol.com, 703-309-0914

Lifestyle (S1932-35)

S1932 Outdoors in Northern Virginia

Friday, 10:30 a.m.-noon, Mar. 8

Manassas Park Community Center

Maximum class size 80

Instructors: Mike Ahern, Bill Willis, Nancy Vehrs, Harry Glasgow, Jerry Laffey

The instructors will furnish maps and information on Northern Virginia's local parks, scenic overlooks, clear rivers, and beautiful wildflowers and birds to inspire you to get out and enjoy nature nearby or an hour or so from home.

Mike Ahern has been fishing and canoeing his favorite rivers and lakes since moving to Virginia in 1991. He will discuss the best spots for fishing, including fly fishing, and will offer plenty of advice on where to spend lots of money on flies, tackle and other equipment.

Bill Willis has been a volunteer for the Fish and Wildlife Service since 2013. He and his wife love to view birds, deer, turkeys, foxes, beavers, and other wildlife along the wide trails and marshes of the Occoquan Bay National Wildlife Refuge.

Harry Glasgow has been a prominent birder in Northern Virginia for many years. He leads a weekly bird walk at Huntley Meadows Park in Fairfax County as well as walks in other local hotspots such as Merrimack Farm near Nokesville.

Nancy Vehrs, a native of Northern Virginia, is president of the Virginia Native Plant Society and the local Prince William Wildflower Society. She will talk about where to find spring, summer, and fall wildflowers and provide information on Merrimack Farm's April Bluebell Festival.

Jerry Laffey, a volunteer at Sky Meadows State Park, recommends the hiking, biking or running trails near the metropolitan area, in places such as Prince William Forest Park, Manassas National Battlefield Park, Washington and Old Dominion Park, and Mount Vernon, or a distance away at Skyline Drive or the Great Smoky Mountains National Park.

Karen Waltman, LLI Coordinator
geraldwaltman@hotmail.com, 703-830-5710

S1933 The Pleasures of Recreational Mathematics

Thursday, 10:00 a.m.-noon, April 18

Bethel Lutheran Church

Instructor: Dan Sherman

Although some would say “recreational mathematics” is a contradiction of terms, using math to correctly answer questions such as whether to switch doors in the “Let’s Make a Deal” television show can be highly entertaining and will provide a better appreciation of mathematics. In this class you will encounter a number of challenging problems that can be solved using high-school math. The instructor will also provide historical background on recreational mathematics and include discussion of Lewis Carrol and Martin Gardner. The class will be inter-active, and participants are asked to bring a deck of cards to work through some problems.

Dan Sherman’s bio is on page 27.

Nancy Arrington, LLI Coordinator

narrington1@verizon.net, 703-408-7446

S1934 A or B Party on the Patio

S1934 A. Thursday, 1:30-3:00 p.m., Apr. 25

S1934 B. Wednesday 1:30-3:00 p.m., May 1

Trinity Episcopal Church

Minimum class size 15, maximum 30

Class fee: \$15 will be collected on the class day

Instructor: Lynn Hoffman

Friends coming over? Here are the crowd-pleasing dishes we will make to help you deliciously navigate through backyard barbecues, picnics, cookouts and patio parties: Salami Flower Appetizers, Marinated Artichoke Humus, 3-Bite Roast Beef Sandwiches, and Carrot Cake with Marzipan Baby “Carrots.” Plus, to really impress your guests, you will learn how to make a Pineapple Palm Tree that does double duty as a great centerpiece and delicious fruit desert! And as always, we will have a trivia quiz to test your “foodie” knowledge.

Note: This is a one-session class that repeats in order to accommodate more members. When you register, please indicate whether you want to attend A on April 25 or B on May 1. **Class fee of \$15 will be collected on the day of class. Please bring exact cash or a check made out to LLI-Manassas.**

Lynn Hoffman earned a bachelor’s degree from the University of Connecticut and a master’s from Fairfield University. She was director of marketing communications for several high-tech companies including Hyperion Software, now Oracle. Lynn has enjoyed cooking and entertaining family and friends since at age five she pulled her first cake out of her Easy-Bake oven. Lynn is on LLI’s board of directors and a member of the program committee. She has taught several cooking classes for LLI.

Lynn Hoffman, LLI Coordinator

lynnhoffman00@gmail.com, 703-405-2718

S1935 Effingham Winery Tour and Wine-Food Pairing

Wednesday, 1:00-3:00 p.m., May 8

Effingham Manor Winery, 14325 Trotters Ridge Pl., Nokesville

Minimum class size 15, maximum 60

Class fee \$30 (include with registration)

Enjoy a six-wine tasting at Effingham Manor Winery, where each wine will be paired with a small plate of food. The wines, all made locally, feature Virginia's finest varietals including Viognier, Chardonnay and Merlot. Afterwards, you will be able to tour this 250-year-old property, which includes the circa 1767 manor house, a three-tiered English garden, a blacksmith shop, a smokehouse, and slave quarters (converted into a guesthouse by recent owners). A Western red cedar tree on the northwest corner of the property was grown from cuttings brought back from the Lewis and Clark expeditions in the early 1800s.

Note: The last day to register for this class is Wednesday, April 24. After that date, the fee is non-refundable unless you find a replacement or if there is a wait list. See page 7 for information on requesting a refund.

Jerry Fisher, LLI Coordinator

gerard.h.fisher@comcast.net, 703-403-4300

Religion & Philosophy (S1936-41)

S1936 The Book of Job, Part 2

Thursdays 10:00 a.m.-noon, Jan. 24, Feb. 21

Trinity Episcopal Church

Maximum class size 80

Instructor: The Rev. James Hughes

The Book of Job occupies a prominent place among compositions in the Bible. It is placed in the Hebrew Scriptures but is well known to a wide Christian audience. One reason for its popularity is its universal application to all who read it, whether to a Jewish, Christian or Muslim audience. Textually, Job is classified as Wisdom Literature. This is a genre of writing popular and widely disseminated through the ancient Near East. The one Hebrew word that best sums up Wisdom's attraction to Israel is "takbullah," the art of steering. Imagine yourself sitting at the helm of a boat as it coasts down the river and your job is to steer it to safe harbor. That is how Wisdom applies to one's everyday life: steering its devotees toward wise and careful life decisions. Why bad things happen to good people has been and will continue to be a very timely topic for us. Those attending should bring a Bible. Make sure the Book of Job is in the table of contents since some editions omit Job. This class is a continuation of the first two classes in the Fall of 2018. Attendance at the first two classes is not a prerequisite to register for The Book of Job, Part 2.

The Rev. James Hughes was ordained as a priest in the Roman Catholic Church in 1982. More recently he studied at the Virginia Theological Seminary, which led to being received as an Episcopal priest in December 2016. Currently he serves as an associate priest at Trinity Episcopal Church in Manassas. Rev. Hughes holds bachelor's degrees in philosophy and the classics and a master's in biblical studies and systematic theology from Catholic University in Washington, D.C. He taught two very popular classes for LLI on The Library of Congress, where he worked for 23 years in the Visitor Services Office.

Nancy Osborne, LLI Coordinator
anosb@verizon.net, 703-361-6633

S1937 Is the Universe Designed to Provide Earth with Life?

Mondays, 10:30 a.m.-noon, Feb. 4, 11

Trinity Episcopal Church

Maximum class size 80

Instructor: Larry Springer

The Anthropic Principle states that the structure of the universe, and the laws and constants of nature, have a bearing upon the existence of life on earth. Clearly, humanity's very existence depends upon many exacting coincidences: the proper constants for matter, the type of galaxy the earth is in and where, the structure of the Solar System, multiple properties of the Earth, Sun, and Moon, some of the extraordinary properties of water, earth's surface minerals, etc. If these parameters were altered, some just infinitesimally, no form of life could exist. Science judges these values to be entirely fortuitous, and their significance, if any, is not understood. Alternatively, the universe may be purposefully fine-tuned in order to endow earth with life. In this class we will review the major parameters and their uniqueness compared to the cosmic picture of nearly 4,000 planets discovered orbiting other stars, none favorable to life.

Larry Springer is originally from Wisconsin and has a bachelor's degree in electrical engineering. He spent two years in the Army and worked at IBM for 30 years in Rochester, Minn. and Manassas. After retiring in 1998, he has read through the Bible several times and extensively studied other materials on Christianity and religion, as well as on evolutionary and creation science including the origin of life, genetics and DNA, the fossil and geologic record, and cosmology. He has a substantial library of books and journals in the fields of Christianity, world religions, creation science, and evolution. Larry has been a member of Potomac Crest Baptist Church in Woodbridge for 13 years and serves in several ministries.

Karen Waltman, LLI Coordinator
geraldwaltman@hotmail.com, 703-830-5710

S1938 Introduction to Moral Philosophy

Thursdays, 10:30 a.m.-noon, Mar. 7, 14, 21, 28

Bethel Lutheran Church

Instructor: James J. Fletcher, Ph.D.

Is it ever permissible to take another human's life? Do I have to keep my promises? Does my sibling have more value than a stranger? In general, how do I distinguish right actions from wrong actions? Does my life have a purpose? If it does, how can it be achieved? When all is said and done, why should I be moral? These and other questions are the subject matter of moral philosophy. In this class the instructor will examine the meaning of terms like "right," "wrong," "good," "evil," "happiness," and "duty" from the perspective of leading figures in Western philosophy. He will discuss the dominant theories of moral philosophy with the goal of assessing their strengths and weaknesses. Among the philosophers to be covered are Aristotle, J.S. Mill, and Immanuel Kant.

James J. Fletcher received his bachelor's degree from Iona College, his master's from Marquette University and his Ph.D. from Indiana University. He is professor emeritus of philosophy at George Mason University. He joined the George Mason faculty in 1972 serving in a variety of teaching and administrative capacities, including fifteen years in the Office of the Provost as associate provost and dean for undergraduate studies. He specialized in courses in general ethics, bioethics and the ethics of health care. His research interests in bioethics included organizational ethics for health care providers, end of life issues and community health needs. In addition, he has written and presented extensively on higher education issues relating to faculty roles and rewards. He was the ethics collaborator in the Office of Health Care Ethics in the College of Nursing and Health Sciences. He served as a community member of the Prince William Health Systems Bioethics Committee and chaired its Human Subjects Review committee. He is currently a member of the Institutional Review Board for American Type Culture Collection. In 2003, he was the recipient of the Loftus Award for Outstanding Achievement in Education from his alma mater, Iona College.

Janet Wheatcraft, LLI Coordinator
jwheatcraft@verizon.net, 703-369-2499

S1939 Is There a Life Hereafter? Discussions on the Concepts of the Soul, Cont'd.

Thursdays, 1:30-3:00 p.m., Mar 7, 14, 21

Bethel Lutheran Church

Maximum class size 60

Instructor: Dr. Michael Dennis

This three-session continuation of the fall 2018 class will further explore the concept of Heaven and what happens to the soul upon death. We will continue to address the perceptions of soul, transmigration, resurrection and reincarnation. Discussions will center around questions such as: What is the soul? When did the concept of the soul develop? Are the soul and body one? Does the soul pre-exist the body? Are consciousness and the soul the same? Are all souls immortal? What happens to the soul with the death of the body? Is there an afterlife? A fine background in preparation for our discussions is *12 Major Religions* by Zephyros Press.

Dr. Michael Dennis retired from the practice of neurosurgery after 30 years in the Washington area. He graduated from Brown University with a bachelor's degree and earned his master's from Yale University. He completed his surgical internship and his neurological residency at George Washington University Hospital. He became clinical professor of neurosurgery at George Washington University in 1980, where he served until December 2003. He has been on the staff of George Washington University Hospital, Washington Hospital Center, INOVA Fairfax Hospital and Reston Hospital. Dr. Dennis is a long-time member of LLI and has presented several classes on various subjects.

E. Perley Eaton, LLI Coordinator
eperley.eaton01@gmail.com, 703-795-1923

S1940 An Introduction to Personal Prayer – When, How and So What?

Monday, 10:00 a.m.-noon, May 6

Trinity Episcopal Church

Maximum class size 80

Instructor: The Rev. Linnea Turner

In an introductory overview, this class will begin with a brief survey of some of the definitions of prayer and of the Judaeo-Christian traditions of public and private prayer. We will consider the various inherent spiritual types of prayer (somewhat analogous to the various personality types identified in the Myers-Briggs typologies) and the practice(s) of prayer most natural to each type. Finally, Rev. Turner will offer suggestions for specific ways to begin or deepen one's prayer life (e.g. the Ignatian examination or a gratitude journal). Questions and comments will be welcomed throughout the class presentation.

The Rev. Linnea Summers Turner was ordained an Episcopal priest in 1990, after previous careers as a stay-at-home mom and a technical editor/analyst for a government consulting company. She served as an assistant rector at St. Patrick's, Falls Church and All Saints, Chevy Chase, Md. For 18 years she was rector of Leeds Church, Markham, Va. Now retired from full-time parish ministry, she serves as a priest associate at Trinity, Manassas. Rev. Turner has taught numerous adult courses on church history and theology, prayer, and personal spiritual development. She has also acted as supervisor and mentor to numerous seminarians in the ordination process.

Nancy Osborne, LLI Coordinator
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S1941 Maintaining Unity in the Midst of Diversity, Part 2

Thursdays, 10:30 a.m.-noon, May 9, 16

Bethel Lutheran Church

Instructor: Rev. Dr. Jeffrey M. Wilson

There is no doubt that deep divisions exist in our country. Yet we are told that polite company does not discuss politics or religion. These are important parts of who we are, and, if we only discuss them with like-minded people, the divisions remain. Pastor Jeff will discuss the role and responsibility of individuals and houses of worship alike in the overall health and well-being of our community. He will do so in a way that does not privilege any particular religious or political perspective and base it on research from his dissertation published in May 2017. This class is a continuation of Dr. Wilson's Spring 2018 class.

Rev. Dr. Jeffrey M. Wilson has been ordained for 15 years and has served as pastor of Bethel Lutheran Church for 10 years. He received his doctoral degree in Ministry in Congregational Mission and Leadership from Luther Seminary, St. Paul, Minn. in 2018.

Lianetta Ruettgers, LLI Coordinator

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Science and Technology (S1942-47)

S1942 Introduction to Einstein's Theory of Relativity

Fridays, 3:00-4:30 p.m., Jan. 25, Feb. 8, 15

NOVA-Manassas, Parrish Hall

Maximum class size 50

Instructor: Mark Dodge

In 1905, Albert Einstein introduced to the world a new understanding of how the universe works. Ultimately this became his theory of relativity. We'll explore the historical reasons why this theory was needed, then experience the brilliant "thought experiments" by which Einstein developed it. We'll look at the (admittedly rather weird) new understandings of our universe that the theory gives us. Along the way, we'll meet Einstein the man, a somewhat eccentric but always fascinating genius.

Mark Dodge earned a bachelor's degree in physics from the University of California Berkeley and a master's in engineering physics from the University of Virginia. He worked at IBM as an engineering scientist for 12 years and as a high school physics teacher for 24 years. He has been fascinated by astronomy ever since he gazed through his first telescope when he was in seventh grade. Mr. Dodge is also fascinated by ancient cultures and how they still influence us today. This class is a compilation of several of his most popular presentations from his high school teaching.

E. Perley Eaton, LLI Coordinator
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S1943 Are You Smarter than Your Smart Phone?

Friday, 1:30-4:00 p.m., Mar. 1

NOVA-Manassas, Parrish Hall

Maximum class size 50

Instructors: NOVA Volunteer Students & Dr. Dahlia Henry-Tett

An LLI standard for many semesters, this class teaches LLI members ways to make these phones more than just communication devices. This spring our smart phone coaches, the Northern Virginia Community College Honor Society members, along with their faculty leader, Dr. Dahlia Henry-Tett, will offer a boutique of ways for you to structure your smart phones and iPads to complement your lifestyles. Whether it's the basic use of your phone as an on-the-spot foreign language translator or as a way to provide real time video between two users, the coaches will ensure that you learn all the operational techniques so that your smart phone becomes an extension of you. Come to class with a list of "needs and wants" for your smart phone and leave class with a 21st century device that mirrors your desired technological lifestyle.

Dr. Dahlia Henry-Tett holds a Ph.D. from Teachers College, Columbia University and has over 20 years of experience in higher education. She joined the NOVA Manassas Campus family as a faculty member and program administrator in Fall 2008. During her tenure at NOVA, Dahlia received several professional awards for leadership, innovation, teaching and service. Outside NOVA, she was the recipient of several distinguished faculty awards, including induction into the Track and Field Athletic Hall of Fame for her undergraduate alma mater. For the 2018-2019 academic year, Dahlia serves as the Campus Honors Program Leader; Center for Excellence in Teaching and Learning (CETL) Faculty Mentor (MSTB Division); and professor in the Health and Physical Education Department.

E. Perley Eaton, LLI Coordinator
eperley.eaton01@gmail.com, 703-795-1923

S1944 Legends and Discoveries: From the Inca Trail to the Galapagos Islands

Friday, 10:30 a.m.-noon, Apr. 5

Hylton Performing Arts Center

Instructors: Dr. Rebecca Hayes and Tom Sakole

Dr. Rebecca Hayes and her husband Tom Sakole visited Machu Picchu and the Galapagos Islands last year. They especially wanted to visit the Galapagos Islands because visits to the islands will likely be limited in the near future. They will share their pictures of these two amazing places as they incorporate the history of the Incas at Machu Picchu and the impact of Darwin's visit to the Galapagos Islands.

Dr. Rebecca Hayes currently serves as a director for the College Board overseeing the AP government and politics courses. She was a full professor of history, and the honors chair at Northern Virginia Community College, Manassas, where she also served as the assistant dean of social sciences. She has taught at Mississippi College and at the American University in Dubai. Her Ph.D. from Florida State University focused on early modern British history with minors in medieval Europe, classical Greece and Rome, as well as the Middle East. Dr. Hayes' research and publications focus on political factionalism and the Anglo-Irish during the Restoration period. Dr. Hayes has led many study-abroad programs for both students and adults. She has taught several classes for LLI.

Thomas J. Sakole teaches AP world history and human geography at Riverside High School in Landsdowne, after teaching at the prestigious Dubai American Academy. Previously he taught for 12 years at Westfield High School in Fairfax County. Tom has been an avid traveler throughout his life, exploring many of the islands of the Caribbean, almost the entire European continent, New Zealand and Australia, with only Antarctica left to check off before he has traveled to all seven continents. He spent two months in China on a Fulbright-Hayes Scholarship. Tom has led student tours to many foreign countries.

Bob Marsh, LLI Coordinator

omarshva@icloud.com, 703-789-6681

S1945 Rare Earth

Wednesday, 10:30 a.m.-noon, Apr. 10

Hylton Performing Arts Center

Instructor: Dr. James R. Zimbelman

In the last twenty years we have learned that at least thousands of planets orbit stars beyond our Sun, yet very few of these newly discovered planets appear to be similar to Earth. How 'rare' is our Earth? This lecture is based around the many factors that contribute to reaching an answer to this question, as described in the 2000 book *Rare Earth*, by Peter D. Ward and Donald Brownlee (Copernicus/Springer). Our Sun turns out to be just the right type of star to provide stable conditions in which life was able to flourish on Earth, but also the neighboring planets in our solar system, along with a host of unique properties of our planet, all played important roles in making Earth the right place for complex life to abound. The conclusion reached by the authors is that while simple (single celled) life may turn out to be somewhat common off the Earth, complex (multi-cellular) life like the plants and animals we are familiar with may be extremely rare. We will also review some recent discoveries about exoplanets (those orbiting stars other than the Sun) and about objects in our solar system, both of which are relevant to the general question of the rarity of conditions that we take for granted here on Earth.

Dr. James R. Zimbelman is a planetary geologist in the Center for Earth and Planetary Studies at the Smithsonian Institution's National Air and Space Museum. He has been at the Smithsonian since 1988, conducting research on analysis of spacecraft imaging data of the planets, geologic mapping of Mars and Venus, and investigations of lava flows and sand dunes on planetary surfaces. Dr. Zimbelman is a lecturer on cruises organized by the Smithsonian Journey program and on commercial cruise lines for which the Smithsonian provides lecturers. He has presented several classes for LLI-Manassas.

Nancy Arrington, LLI Coordinator
narrington1@verizon.net, 703-408-7446

S1946 Biology, Cont'd.

Fridays, 1:30-3:30 p.m., Apr. 26, May 3, 10, 17, 24

NOVA-Manassas, Parrish Hall

Maximum class size 50

Instructor: Frank Gregorio

The most amazing, unfathomable component of our universe is LIFE. Frank Gregorio returns to continue his tour of life classes:

Week 1. Discover some of the detailed biochemistry of how life works, with a focus on cellular respiration and the amazing process of photosynthesis.

Week 2. Find out how the biological process of evolution really works. What are its steps? What are natural selection and survival of the fittest?

Week 3. Explore genetic engineering. How did humans discover the means to manipulate, edit, and “improve” the genetic code of all life forms on Earth? How does a scientist edit DNA? What is the amazing new technique of CRISPR?

Week 4. Look into the world of bacteria, the oldest, most numerous, toughest, and most varied forms of life on Earth. Learn why they are practically indestructible.

Week 5. Consider viruses, which are not actually alive, but rather just complex chemicals able to be stored for hundreds of years.

Frank Gregorio is a retired earth sciences and biology teacher for Prince William County Schools. With degrees in earth science and biology, and over 40 years as a practicing scientist, CEO of an international biotechnology corporation, vice president of regulatory affairs for a major medical device company, senior investigator with the FDA, and 20 years of experience as an award-winning science teacher for Prince William County, Frank is well qualified to bring the universe to life. He operates a very popular educational YouTube channel, on which over 70 million children have seen his exciting videos in their classrooms.

Perley Eaton, LLI Coordinator
eperley.eaton01@gmail.com, 703-795-1923

S1947 Space Satellites: What They Are and How They Benefit the U.S.

Wednesday, 10:30 a.m.-noon, May 15

Hylton Performing Arts Center

Instructor: Gary Jacobsen

This non-technical, unclassified overview of the American space program will focus on nine categories of satellites and the functions that are unique to each. Communications satellites will be discussed in depth, along with satellites for position location, navigation, search and rescue, astronomy, weather, earth observation, and national defense. Miniature satellites will also be illustrated and discussed. With the help of full-color PowerPoint slides and short video clips, the instructor will simplify an otherwise complex subject.

Grant G. Jacobsen was a communications officer during his Marine Corps career. He commanded the 7th Communications Battalion on Okinawa and held other senior staff positions. His last military assignment, as a colonel, was head of the Military Command Centers Division of the Command, Control, Communications, and Computers Directorate (J6) of the Joint Staff at the Pentagon.

Ann Cain, LLI Coordinator

alcainva@yahoo.com, 757-270-7152

Bus Trips (S1948-49)

The following policies apply to all LLI-sponsored bus trips:

1. To participate in an LLI bus trip activity, you must be registered for the trip and actually ride on the bus. (For contractual and liability reasons, you may not travel independently and then join the group at the destination).
2. After the specified date in the program guide, the bus trip fee is non-refundable unless a wait-listed person registers in your place, or if you find a replacement.
3. In addition to trip registration and fee, each person must complete an **Acknowledgement, Release and Waiver Form, with the Emergency Contact Information**. Your registration is not complete unless this form is submitted, using one of the methods below:
 - a. By mail: Fill out the Acknowledgement, Release and Waiver form found at the back of this program guide and include it with your registration form and check for fees.
 - b. Online: On the LLI website, go to the Member Area (generic password llimanassas!) and click the Trip Acknowledgement and Waiver form from the left column. Fill in the information for the trip, and then click “Submit” at the bottom. The form will be sent directly to the Trip Coordinator.

S1948 The War Came by Train: B&O Railroad Museum

Thursday, 7:00 a.m.-7:00 p.m., Apr. 11

Minimum trip size 35, maximum 53

Trip cost \$90 (include with registration and waiver)

Moving hundreds of troops and tons of supplies for the Union war effort, the B&O was the most important and influential railroad during the Civil War. In addition to hearing the personal stories of the soldiers and civilians during the war, we will ride along the first commercial mile of railroad track laid in America. Buffet lunch is included after which you will be free to explore the museum on your own. Included in the fee are round-trip transportation, tour admissions, buffet lunch and gratuities.

Note: The last day to register for the trip is Friday, March 22, 2019. After that date, the fee is non-refundable unless you find a replacement or if there is a wait list. You will receive a detailed itinerary prior to departure.

Jill Gentry, LLI Coordinator
traveljill@aol.com, 703-335-1529

S1949 Jefferson's Retreat and the D-Day Memorial

Wednesday, 6:00 a.m.-7:00 p.m., May 29

Minimum trip size 35, maximum 53

Trip cost \$83 (include with registration and waiver)

Poplar Forest, Thomas Jefferson's retreat, provided him with significant income to pursue his passions of reading and writing and provided him a place to elude British capture in 1781. After his death, the plantation was sold to help pay off his debts. We will have a guided tour and then a picnic lunch on the lawn of Poplar Forest. In the afternoon, we will visit the National D-Day Memorial in Bedford. This small Virginia town proportionally suffered the nation's severest D-Day losses. Congress established the memorial to honor Bedford's citizen-soldiers. The trip fee includes round trip transportation, tour admissions, picnic lunch and gratuities.

Note: The last day to register for this trip is Friday, May 10, 2019. After that date, the fee is non-refundable unless you find a replacement or if there is a wait list. You will receive a detailed itinerary prior to departure.

Jill Gentry, LLI Coordinator
traveljill@aol.com, 703-335-1529

Clubs (S1950-54)

The following clubs are open to all LLI members. Please list them on your registration form. New participants are welcome to join at any time and must be LLI members.

S1950 Book Club

Wednesdays (last of each month), 1:30-3:00 p.m.

Bethel Lutheran Church

Facilitator: Barbara Deegan, 703-670-9969

Books, both fiction and non-fiction, are selected by the members, usually one or two months in advance. The discussions are fun for all, including those who may not have finished reading the current book. Your participation will be sure to enhance your pleasure in reading. Members are encouraged to lead discussions.

S1951 Bridge Club

Thursdays, 1:00-4:00 p.m.

Venue: Check with facilitator

Facilitator: Alan Hemer, 703-743-9296

Join us every Thursday afternoon, or whenever you can make it, for enjoyable games of Contract Bridge. An intermediate level of bidding and playing is required, and familiarity with the following books is necessary: *The American Contract Bridge League Series: Vol. 1 Bidding in the 21st Century*, *Vol. 2 Play of the Hand in the 21st Century*, and *Vol. 3 Defense in the 21st Century*. A one-volume learning guide is *Bridge for Dummies*, based on the same basics as the ACBL series.

S1952 Lunch Club

First Friday of the m

onth, Feb.-June, Noon

Venue: Juke Box Diner, 8637 Canterbury Village Shopping Center, Manassas

**Facilitators: Mary Foster and Nancy Osborne,
maryfoster42@gmail.com/anosb@verizon.net**

The Lunch Club convened for the first time in the Fall of 2018. The purpose of the club is for LLI members to enjoy a meal together and become better acquainted with fellow members. There will not be a

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planned program or topic – we will just chat about anything that comes to mind. Participants will pay for the cost of their own meals.

S1953 Mah Jongg Club

Tuesdays, 2:00-4:00 p.m.

Juke Box Diner, 8637 Sudley Rd., Canterbury Village Shopping Center, Manassas

Facilitator: Kathy Fowler, 703-368-7315

Every Tuesday, 2:00-4:00 p.m., we meet for fun, laughter and a good time. All levels of experience are welcome from beginners through master players. Instruction will be provided for those who need it and competitive games will be provided for those who wish them. New cards are ordered annually at the end of March at a cost of \$9 each.

S1954 Technology Club

Friday p.m. date to be determined

Venue to be determined

Facilitator: Perley Eaton, 703-795-1923

Have you found lately that your Smart Phone, Smart TV, Smart Car, new Smart Refrigerator, even Siri and Alexa all seem to be smarter than you are? Then you need this club.

Topics include: So, You Really Want a Smart House? Who is Driving Your Car – Siri, Alexa or Watson? Untouched by Human Hands – the Work of Robots. Also, at all meetings there will be a “Smart Time” when hints, short cuts and knowledge will be exchanged on the better use of the many “smart devices” that aid you when using computers, smart phones, and other items. Some meetings may involve visits to local sites. Be sure and bring both your real self and virtual self to these interesting meetings.

LLI Board of Directors

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Janet Wheatcraft, 703-475-4222, jwheatcraft@verizon.net

LLI-Manassas Membership Application

Membership dues are as follows:

- \$125 if joining or renewing in September. This covers participation for two consecutive semesters (Fall and Spring).
- \$75 if joining in January. This covers the Spring semester only. Must renew (\$125) in September.

First Name _____ MI _____

Last Name _____

Preferred LLI Badge Name: _____

Street Address: _____

City _____ State _____ Zip _____

Home Phone _____

Cell Phone _____

Email _____

- Your personal information will not be shared or sold to anyone outside the LLI-Manassas organization.
- Photographs: By becoming a member of LLI and participating in classes and other activities, you may be photographed and your picture may appear in our publications or on our website.
- See Class Registration Form (next page) for payment and LLI mailing address information.

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Registration Form Spring 2019

Use a SEPARATE FORM for each member

Name (last, first) _____

Email _____

Check the box next to each item you are registering for. Add the fees and enter total on next page.

	Membership, Join Spring 2019	\$75
	Class, Forum, Trip, Club Number & Title	Fee
	S1901 PWC: An Aerial Perspective	
	S1902 What's New at NOVA?	
	S1903 No. Va. Transportation: Update	
	S1904 New Member Orientation	
	S1905 Social Connect	
	S1906 Annual Membership Meeting	
	S1907 Steel Magnolias	
	S1908 Tin Pan Alley	
	S1909 Anne of Green Gables	
	S1910 Yellow Buses at Hylton: PAK	
	S1911 Understanding Opera	
	S1912 Mosaic History & Hands On	
	S1913 Our Stories: Writing Workshop	
	S1914 Hallelujah! Leonard Cohen	
	S1915 'S Wonderful: George Gershwin	
	S1916 Sir Kenneth Clark's Civilization	
	S1917 Great Decisions	
	S1918 Dealing with Difficult People	
	S1919 Close Encounters with the Law	
	S1920 Hearing Loss	
	S1921 Rocket Science	
	S1922 Aging Brain	
	S1923A Tai Chi Chuan	
	S1923B Tai Chi Chuan	
	S1924 Walk with Jerry	
	S1925 Stayin' Alive	

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	S1926 Depression	
	S1927 The Great War in America	
	S1928 Discovery at Man. Natl. Bf. Park	
	S1929 The Big Store: Am. Dept. Store	
	S1930 Post Civil War America	
	S1931 WWII	
	S1932 Outdoors in No. Va.	
	S1933 Recreational Mathematics	
	S1934A Party on the Patio	
	S1934B Party on the Patio	
	S1935 Effingham Winery	\$30
	S1936 The Book of Job	
	S1937 Universe Designed for Life?	
	S1938 Moral Philosophy	
	S1939 Life Hereafter?	
	S1940 Personal Prayer	
	S1941 Unity in Diversity	
	S1942 Einstein's Theory of Relativity	
	S1943 Smarter than Smart Phone?	
	S1944 Inca Trail & Galapagos Islands	
	S1945 Rare Earth	
	S1946 Biology, Cont'd.	
	S1947 Space Satellites	
	Bus Trips	
	S1948 B&O Railroad Museum	\$90
	S1949 Jefferson's Retreat & D-Day	\$83
	Clubs	
	S1950 Book Club	
	S1951 Bridge Club	
	S1952 Lunch Club	
	S1953 Mah Jongg Club	
	S1954 Technology Club	

Total balance due \$ _____

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Enclose a check payable to LLI-Manassas for total balance due. You will not be registered unless membership dues and class fees are paid.

Are you registering for the bus trip? If so, you must include the Acknowledgement, Release and Waiver form, along with Emergency Contact Information, (next page).

**Mail all forms and check to:
LLI-Manassas
PO Box 284
Haymarket, VA 20168**

For Office Use Only

Date Registration Received _____

- Account Created/Verified**
- Membership Entered; Dues Paid**
- Registered for Classes**
- Payment Received**

Acknowledgment, Release and Waiver

**The War Came by Train: B&O Railroad Museum, Apr. 11, 2019
Jefferson’s Retreat and the D-Day Memorial, May 29, 2019**

Complete and return with registration.

The undersigned:

Acknowledges that he/she plans to participate in the B&O Railroad Museum and/or the Jefferson’s Retreat and D-Day Memorial trip(s).

Hereby waives and releases LLI-Manassas from any and all claims for injury or damage sustained by, through or as a result of such trip.

Holds LLI-Manassas harmless for any claims resulting therefrom.

Signature

Print Name

Your Cell Phone Number

Today’s Date

Emergency Contact Information

Name of Contact

Contact’s Phone Number

Make a copy of this form and have any non-LLI member who is your guest fill it out and return it with your registration.

Request for Refund

Date _____

Name _____

Street Address _____

City _____ State _____ Zip _____

Class/Event Title & Number _____

Date of Class/Event _____

Date of Cancellation Notice to Coordinator _____

Refund Amount \$ _____

Payment Method: Check or Credit Card (circle one)

Mail this form to:

LLI Treasurer

P.O. Box 284

Haymarket, VA 20168

Office Use

Check Number _____

Date _____

Venues

Location and/or directions for each venue are given below. You can also check Google Maps or MapQuest for up to date maps and directions.

Bethel Lutheran Church, 8712 Plantation Ln., Manassas 20110, 703-368-3943, is located at the intersection of Plantation Ln. and Sudley Rd. near the main post office and across Sudley Rd. from Java Rock and Manassas Baptist Church.

Dar al-Noor Islamic Community Center, 5404 Hoadly Rd., Manassas 20112, 703-580-0808. From the intersection of Liberia Ave., Wellington Rd. and Prince William Parkway/Rt. 294, follow Prince William Parkway/Rt. 294 east for 7 mi. Turn right onto Hoadly Rd. and drive 0.7 mi., and the community center is on your right. From Woodbridge and Lake Ridge, take Prince William Parkway/Rt. 294 west. Turn left onto Hoadly Rd. and drive 0.7 mi. and the community center is on your right.

From the south on Dumfries Rd./Rt. 234, Spriggs Rd. and Dale Blvd. follow these directions north to Hoadly Rd.

Grace Life Community Church, 9560 Linton Hall Rd., Bristow 20136, 571-229-1700. From Rt. 29 South, turn left onto Linton Hall Rd.; church will be 4.5 miles on the right. From Rt. 28 South, turn right onto Linton Hall Rd.; church will be about 1 mile on the left. Church is across Linton Hall Rd. from the Benedictine Monastery. Parking lot is in front of the church.

Hylton Performing Arts Center, 10960 George Mason Circle, Manassas 20110. From Prince William Parkway turn right onto University Blvd. if you're going north, left if you're going south. Take the first left onto the George Mason Campus and then left at dead end and follow to parking lot. From Manassas take Godwin Dr. South and turn right on University Blvd. Go about one mile and turn right onto the George Mason Campus and follow above directions.

Manassas Park Community Center, 99 Adams St., Manassas Park, VA 20111, 703-335-8872. From Manassas, take Rt. 28 (Centreville Rd.) toward Centreville. Get in the left lane and go through the traffic light at Manassas Dr. At the next traffic light, make a U turn and then take the first right onto Old Centreville Rd. Follow to the Manassas Park Post Office. Then take a left just past the post office onto Spruce

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St. and follow a short distance to Adams St. Take a left onto Adams and follow around to the front of the community center.

NOVA-Manassas, Parrish Hall, 9601 Sudley Rd., Manassas 20190. From points east and south, get on Sudley Rd. north. After crossing under 1-66, go straight at the traffic light at Battleview Pkwy, then turn right at the campus marquee (Campus Dr.). From points west, take 1-66 east to Exit 47B; use two left lanes to turn sharply left onto Sudley Rd. northbound and follow above directions. After turning into campus, proceed to the traffic circle, go three-quarters of the way around the circle to continue on Campus Dr. After exiting the circle, Parrish Hall will be on your right. Turn right and park in lot B2.

Quarry Station Senior Apartments, 8750 Quarry Rd., Manassas 20110, 703-393-7788. From points north and west, take Prince William Parkway to Sudley Manor Dr. North and follow it to Sudley Rd. Turn right on Sudley Rd. (Rt. 234) and follow it toward Manassas. Sudley Rd. becomes Prescott Ave. at its intersection with Rt. 28. At 4-way stop on Prescott, turn left onto Quarry Rd. and follow to apartments on left. From points south and east, take Prince William Parkway to its intersection with Liberia Ave. and continue straight on Wellington Rd. Turn right on Fairview Ave., right on Center St. which becomes Prescott Ave. Continue as above.

Regency Clubhouse, 15351 Championship Dr., Haymarket, 20169, 571-261-3335. Take the Rt. 15 North Exit off 1-66. After approximately 2 miles, turn left onto Dominion Valley Dr. Go straight at the first traffic light and turn right on Regency Club Dr. Stop at the gatehouse (names will be provided for access). Turn left onto Championship Dr. and then left into the club parking lot (adjacent to the gatehouse).

Trinity Episcopal Church, 9325 West St., Manassas, 20110, 703-368-4231, is located on Church St. near the corner of West St. in Old Town Manassas. Park in the church's parking lot directly behind the downtown post office. Use the church's West St. entrance (double glass doors). **Parking is limited so please carpool if possible.**