LIFELONG LEARNING INSTITUTE – MANASSAS

SPRING 2017
PROGRAM GUIDE

Learn as if you were to live forever.
-Mahatma Gandhi
How to Contact LLI

LLI-Manassas
PO Box 284
Haymarket, VA 20168

Website: www.LLI-manassas.org

E-mail: llimanassas@gmail.com

Inclement Weather Policy

If Prince William County Schools are cancelled, or students are sent home early because of inclement weather, LLI classes and all other activities for that day are cancelled. If Prince William County Schools have a delayed opening, LLI classes and all other activities will be held as scheduled. Exceptions may be made for bus trips. For school closings call 703-791-2776 and choose menu item 3. Cancellations will be posted on LLI’s website.

Lifelong Learning Institute (LLI)-Manassas
is hosted by the
Manassas Campus of Northern Virginia Community College.

Cover photograph: LLI members visit the Miklosovich Garden during the Spring 2016 semester.

Photographer: Patricia Campbell
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Spring Registration & Social

Wednesday, January 11, 2017
1:00-3:00 p.m.
Hylton Performing Arts Center
10960 George Mason Circle, Manassas, Va.

Directions: From Prince William Parkway turn right onto University Blvd. if you’re going north, left if you’re going south. Take first left and then left at dead end and follow into parking lot.

- Invite prospective members to attend
- Register for classes and meet coordinators
- Learn about LLI’s various clubs
- Participate in drawings for door prizes
- Socialize with other members and enjoy light refreshments

Annual Membership Meeting

Wednesday, March 22, 2017, Regency Clubhouse
15351 Championship Dr., Haymarket, VA 20169
See page 14 for details and sign-up instructions.

In Memoriam

Bruce C. Ker
October 27, 1946 – October 24, 2016

Name Tags

LLI provides each new member a complimentary name tag. Members are encouraged to wear the tags at all events. Replacement tags can be ordered from Mary Shaw, 703-753-8790, shawmae@comcast.net. Cost is $9.00, payable by check to LLI-Manassas; mail to P.O. Box 284, Haymarket, VA 20168.
DVD Lending Library

LLI has a library of DVDs used in past classes, which members can borrow for a period of one month. For a list of the DVDs and the free borrowing procedure, go to LLI’s website (lli-manassas.org) and click on the “Member Area.” Need further information? Contact Kathy Pechauer at 703-361-8162 or kapechauer@gmail.com.

Thank You to LLI Venues

The following offer meeting space free of charge:
- Bertucci’s of Gainesville
- Bethel Lutheran Church
- Hylton Performing Arts Center
- Quarry Station Senior Apartments
- Trinity Episcopal Church

Volunteer Opportunities

In order to continue to grow and develop, LLI-Manassas needs you to step forward to offer your skills and time in a variety of ways. Please contact any member of the Board of Directors to discuss how you can be of service through any one of the nine current committees. You will find the contact information for all members of the board at the back of this program guide.

NOVA Educational Opportunities for Seniors

LLI members are invited to explore educational opportunities offered by Northern Virginia Community College (NOVA) through the Workforce Development & Continuing Education office.

Details are explained in a mailer the college sends to local residents. Additional information is available on NOVA’s website: www.nvcc.edu/wdce/pwregional.

LLI-Manassas Is Grateful To

NOVEC for a grant, which helps pay for our venues.

Thornton Trust for a grant which funded the purchase of an audio enhancement system for use by class instructors.
About the Lifelong Learning Institute

The Lifelong Learning Institute (LLI-Manassas) is a membership organization managed by and for its members. Our mission is to establish a community of adults, 50 years of age and older, that provides affordable educational and social opportunities in a friendly atmosphere. We are hosted by Northern Virginia Community College (NOVA)-Manassas Campus.

We offer daytime and occasional evening classes. In addition to the classes, trips, speaker forums and clubs scheduled for fall and spring semesters, social activities and special events are offered throughout the year. Classes are held at various locations including NOVA-Manassas, churches and senior living facilities. Instructors and presenters come from diverse backgrounds and are experts in their fields and leaders in various professions. Some are also LLI members.

LLI provides a relaxed, non-threatening atmosphere to facilitate learning. Mental stimulation is as important as physical exercise in maintaining good health. Making new friends is also an important part of the LLI concept.

Dues are $100 for a twelve-month membership. Members can attend as many classes and activities as they wish, depending on available space. There will be charges for trips and for some classes and special events. Any person age 50 or older is cordially invited to become a member by completing the online membership application or the form at the back of this program guide.

LLI-Manassas is able to offer a limited number of partial scholarships (memberships) to current and potential members. If you are interested in this assistance, contact a board member, who will present your request at the next board meeting. You will then be notified of the action taken by the board.

The Manassas LLI was organized in 2003 and is one of many LLIs located throughout the United States and Canada. Most (including LLI-Manassas) are affiliates of the Elderhostel Institute Network (EIN). Visit their website at www.roadscholar.org/ein/intro.asp to learn more about other LLIs.
Spring 2017 Forums, Classes & Trips at a Glance

Forums, classes and trips are listed here in order of starting date. In the Program Guide they are listed numerically in order of class number, which is in parenthesis in this chart.

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<thead>
<tr>
<th>Forum, Class or Trip</th>
<th>Time</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Murder on the Nile (05)</td>
<td>Wed 10:30 am-noon, Jan 18</td>
<td>Hylton Performing Arts Center</td>
</tr>
<tr>
<td>Understanding Opera (09)</td>
<td>Wed 1:30-3:30 pm, Jan 18, 25</td>
<td>Bethel Lutheran Church</td>
</tr>
<tr>
<td>LLI – What's in it for You? (03)</td>
<td>Thurs 10:30 am-noon, Jan 26</td>
<td>Trinity Episcopal Church</td>
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<tr>
<td>U.S. and the Middle East (26)</td>
<td>Thurs 1:00-3:00 pm, Jan 26, Feb 2, 9, 16</td>
<td>Bethel Lutheran Church</td>
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<tr>
<td>Heart Health (23)</td>
<td>Fri &amp; Tues, 11:30 am-1:00 pm, Jan 27,</td>
<td>Bethel Lutheran Church</td>
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<td></td>
<td>Feb 7, 21, Apr 18</td>
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<tr>
<td>Story of Film: An Odyssey (10)</td>
<td>Mon 1:30-3:30 pm, Feb 6, 13, 20</td>
<td>Bethel Lutheran Church</td>
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<tr>
<td>ABCs of Death (34)</td>
<td>Wed 10:30 am-noon, Feb 8</td>
<td>Bethel Lutheran Church Sanctuary</td>
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<tr>
<td>Stonehenge Revisited (38)</td>
<td>Thurs 10:30 am-noon, Feb 9, 16, 23</td>
<td>Trinity Episcopal Church</td>
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<tr>
<td>Year in Dubai with Side Trip to Egypt (14)</td>
<td>Mon 10:00-11:30 am, Feb 13, 20</td>
<td>Hylton Performing Arts Center</td>
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<tr>
<td>Big History (27)</td>
<td>Tues 10:00 am-noon, Feb 28, Mar 7, 14, 21</td>
<td>Bethel Lutheran Church</td>
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<tr>
<td>CIA and Polygraph (15)</td>
<td>Wed 10:30 am-noon, Mar 1, 8, 15</td>
<td>Bethel Lutheran Church Sanctuary</td>
</tr>
<tr>
<td>Title</td>
<td>Location</td>
<td>Dates</td>
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<td>DNA &amp; Genealogy to Solve Mysteries (29)</td>
<td>Hylton Performing Arts Center</td>
<td>Thurs 10:30 am-noon, Mar 2</td>
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<tr>
<td>Are We Zombies of Our Biome? (24)</td>
<td>Bethel Lutheran Church</td>
<td>Thurs 1:30-3:00 pm, Mar 3</td>
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<tr>
<td>Understanding the U.S. Constitution (16)</td>
<td>Hylton Performing Arts Center</td>
<td>Fri 10:30 am-noon, Mar 3, 10</td>
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<tr>
<td>Psychological Considerations (35)</td>
<td>Bethel Lutheran Church</td>
<td>Mon 1:30-3:00 pm, Mar 3, 10, 13, 20, 27, Apr 3, 10, 17, May 1</td>
</tr>
<tr>
<td>Native Plants of Northern Virginia (40)</td>
<td>Hylton Performing Arts Center</td>
<td>Wed 2:00-3:30 pm, Mar 15, 22, 29, Apr 5, 12, 19, 26, May 3</td>
</tr>
<tr>
<td>Significance of Self: Writing Workshop (11)</td>
<td>Hylton Performing Arts Center</td>
<td>Thurs 1:30-3:00 pm, Mar 9, 16, 23</td>
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<tr>
<td>History of Medicine (41)</td>
<td>Bethel Lutheran Church</td>
<td>Fri 10:30 am-noon, Mar 9, 16, 23, Apr 5, 12, 19, 26, May 3</td>
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<tr>
<td>Great Decisions 2017 (17)</td>
<td>Prince William County Courthouse</td>
<td>Wed 11:00 am-1:00 pm, Mar 17</td>
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<tr>
<td>Do I Have a Right to Legal Counsel? (18)</td>
<td>Regency Clubhouse</td>
<td>Fri 1:30-3:00 pm, Mar 17</td>
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<tr>
<td>Elder Law, Wills and Estate Planning (36)</td>
<td>Regency Clubhouse</td>
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<tr>
<td>Annual Membership Meeting (04)</td>
<td>Hylton Performing Arts Center</td>
<td>Tues 1:30-3:00 pm, Mar 28</td>
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<tr>
<td>Is There a Song in Your Heart? (12)</td>
<td>Grace Life Community Church</td>
<td>Wed 10:30 am-noon, Mar 29</td>
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<td>Baker-Post Funeral Home (37)</td>
<td>Baker-Post Funeral Home (37)</td>
<td>Wed 10:30 am-noon, Mar 29</td>
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<td>King Arthur: History and Legend (13)</td>
<td>Bethel Lutheran Church</td>
<td>Fri 10:00 am-noon, Mar 31, Apr 14, 21, 28</td>
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<tr>
<td>Galapagos Islands (42)</td>
<td>Bethel Lutheran Church</td>
<td>Fri 10:00 am-noon, Mar 31, Apr 14, 21, 28</td>
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<tr>
<td>Science of Energy, Part Two (43)</td>
<td>Bethel Lutheran Church</td>
<td>Fri 10:00 am-noon, Mar 31, Apr 14, 21, 28</td>
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<tr>
<td>Event / Topic / Details</td>
<td>Date and Time</td>
<td>Location</td>
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<td>Baseball Strategy and Tactics (30)</td>
<td>Tues 10:30 am-noon, Apr 4</td>
<td>Heritage Hunt Club House</td>
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<tr>
<td>Kosovo: A Little Country (20)</td>
<td>Tues 1:30-3:00 pm, Apr 4</td>
<td>Bethel Lutheran Church</td>
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<tr>
<td>An Overview of Medicare (25)</td>
<td>Thurs 10:30 am-noon, Apr 6</td>
<td>Haymarket Gainesville Community Library</td>
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<tr>
<td>Tour of National Sporting Museum (31)</td>
<td>Fri 10:30 am-2:00 pm, Apr 7</td>
<td>Middleburg, Va.</td>
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<tr>
<td>The Pentagon Quilts (06)</td>
<td>Thurs 10:00 am-noon, Apr 13</td>
<td>Hylton Performing Arts Center</td>
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<tr>
<td>Smarter than Your Smart Phone? (44)</td>
<td>Fri 1:30-4:00 pm, Apr 14</td>
<td>Parrish Hall, Main NOVA Campus</td>
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<tr>
<td>Forum: Flight of Remembrance (01)</td>
<td>Wed 10:00 am-noon, Apr 19</td>
<td>Hylton Performing Arts Center</td>
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<td>“Picnic-citement!” Make &amp; Take (32 A or B)</td>
<td>Wed or Thurs 1:30-3:00 pm, Apr 19 or 27</td>
<td>Trinity Episcopal Church</td>
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<tr>
<td>Science for Seniors &amp; Grandkids (45)</td>
<td>Thurs 10:30 am-noon, Apr 20</td>
<td>Trinity Episcopal Church</td>
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<tr>
<td>Prince William Sheriff's Office (19)</td>
<td>Fri 1:30-3:00 pm, Apr 21</td>
<td>Prince William County Courthouse</td>
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<tr>
<td>Bus Trip: Mr. Jefferson's Mountain (47)</td>
<td>Mon 7:30 am-6:30 pm, Apr 24</td>
<td>Departure Location TBA</td>
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<tr>
<td>Ballroom Dancing (33)</td>
<td>Tues 10:30 am-noon, Apr 25</td>
<td>Bethel Lutheran Church Gym</td>
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<tr>
<td>Gilbert &amp; Sullivan's H.M.S. Pinafore (07)</td>
<td>Thurs 10:00 am-noon, Apr 27</td>
<td>Hylton Performing Arts Center</td>
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<tr>
<td>Cha Cha-ing through Cuba (21)</td>
<td>Mon 10:30 am-noon, May 1</td>
<td>Trinity Episcopal Church</td>
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<tr>
<td>Youth Orchestras of Prince William (08)</td>
<td>Tues 10:30 am-noon, May 2</td>
<td>Hylton Performing Arts Center</td>
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<td>The National Parks (46)</td>
<td>Bethel Lutheran Church</td>
<td>Trinity Episcopal Church</td>
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<td>Tues 1:30-3:00 pm, May 2, 9, 16</td>
<td>Tues 1:45-3:15 pm, May 23, 30, June 6</td>
<td>Thurs 1:30-3:30 pm, May 4</td>
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<tr>
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<td>Tues 1:45-3:15 pm, May 23, 30, June 6</td>
<td>Thurs 1:30-3:30 pm, May 4</td>
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Spring 2017 Registration & Other Information

On-line Registration opens January 9. To register online go to LLI’s website (lli-manassas.org). Click “LLI Class Registration” at the top of the web page. Log in using your Username and Password (LOGIN box on right.) Need help? Print directions from the registration page for How to Renew Your Membership, Register for Classes, and Manage Your Account Information.

Reminder: You must renew your annual membership dues before registering for classes.

Mail-in Registration. Use the form at the back of this program guide. Sign up online or by mail for as many forums/classes/trips/clubs as you wish, but plan to attend all, since instructors and coordinators prepare for the total number registered. If you are wait-listed for a class, the coordinator will make every effort to get you into the class and will let you know if space is available.

Coordinators. An LLI member serves as coordinator for each forum/class/trip. Contact the coordinator if you have questions. About one week before each forum/class/trip you signed up for starts, you will receive a reminder by email or phone from the coordinator.

Venues. Directions to class venues are at the back of this program guide and are included on LLI’s website (lli-manassas.org).

Bring a Guest. Members can bring a guest/potential LLI member to one class meeting each semester (space permitting and any fees paid). Please notify the class coordinator in advance anytime you plan to bring a guest.

Membership Dues must be paid before you register for classes and can be paid either by credit card online or by check with your mailed-in registration. New members who join in September will pay $100, and new members who join in January will pay $50 and will then pay $100 the following September. Yearly renewal dues of $100 are payable in September. There are no half-year memberships.

Class/Event/Bus Trip Fees must be paid with your registration either by credit card online or by check with your mailed-in registration. You will not be registered unless fees are paid. The fee will not be charged to your credit card if you are wait-listed for a class. If you registered by mail and paid by check for a class/event/trip that you are
unable to attend because it is full, a refund check will automatically be mailed to you.

Fee Refund Policy:
Some fees are non-refundable because they are paid in advance to a vendor or to purchase supplies. Bus trip refunds are explained in the write-ups. See specific situations below for other refunds.

Class/Event fees of $10 or less will not be refunded unless the class or event is canceled, in which case refund checks will be automatically mailed to all registered students.

Class/Event fees greater than $10: If you notify the class coordinator of a cancellation up to 7 days prior to the class date, you may request a refund (see procedure below). If you cancel fewer than 7 days prior to the class date, no refund will be issued.

Refund Request Procedure: You can submit a refund request online by going to the Member Area on the LLI website and supplying the necessary information, or you can complete the Request for Refund form at the back of this program guide.
Speaker Forums (S1701-02)

Forums are open to the public, and LLI members are encouraged to bring friends and neighbors. Refreshments will be served beginning at 10:00 a.m., and the presentation will begin at 10:30.

Flight of Remembrance: A World War II Memoir of Love and Survival (S1701)

Wednesday, 10:00 a.m.-noon, Apr. 19
Hylton Performing Arts Center
Speaker: Marina Kirsch

Marina Kirsch will discuss *Flight of Remembrance: A World War II Memoir of Love and Survival*, a book she has written about her parents and their experiences during WWII. The story is about her father, Rolf, a Latvian aeronautical engineering student forced to repatriate to Nazi Germany before the first Soviet takeover, and her mother, Lilo, the young German woman he met in 1940 in Berlin. *Flight of Remembrance* is a love story that spans 74 years and two continents. It is also the story of Rolf’s lifelong passion for aeronautical engineering and the expansion of this dream into the postwar U.S. space program. The author will discuss the book’s subject matter, protagonists, sources of inspiration, and special research that accompanied WWII era photographs. Books will be available for purchase.

Marina Dutzmann Kirsch spent over four years researching and writing the story of her family in Latvia, occupied Poland, and Germany during WWII. Her book, *Flight of Remembrance*, was a finalist in the narrative non-fiction category of the 2012 USA Best Book Awards. Marina lives in Kensington, NH, and is also a graphic designer and editor, a New Hampshire Humanities-to-Go speaker, and an Area Director in Toastmasters International, a world-wide organization that teaches public speaking and leadership skills. Her presentations provide an opportunity to gain a new perspective on WWII.

Nancy Arrington, LLI Coordinator
narrington1@verizon.net, 703-408-7446
Transportation in Prince William County  
(S1702)  
Wednesday, 10:00 a.m.-noon, May 10  
Hylton Performing Arts Center  
Speaker: Rick Canizales  

Rick Canizales will discuss the Prince William County Department of Transportation and its mission “to consistently improve the transportation network and meet the needs of our growing community.” His responsibilities as its new director involve coordination of the funding, planning, engineering, and construction of transportation projects. Some aspects of his job include review of development plans, oversight of traffic/safety engineering, and representation of Prince William County on numerous local, regional, and state transportation committees.

**Rick Canizales** received his bachelor’s degree in urban and regional planning and his master’s degree in transportation planning from Virginia Commonwealth University. He joined the county in 2002 and held various positions before becoming director of transportation in August 2016. Previously, he worked as an engineer with the Planning Division of VDOT and planning assistant for the Richmond Regional Planning District Commission.

**Mary Anna Johnson, LLI Coordinator**  
majic1@comcast.net, 703-368-0987
LLI – What’s in It for You? (S1703)
Thursday, 10:30 a.m.-noon, Jan. 26
Trinity Episcopal Church
Instructors: Nancy Osborne & Mary Foster

We especially encourage anyone new to LLI-Manassas to attend this class, as well as members who would like to know more about the history and operations of the organization. We will discuss how you can become involved, have fun, and meet new people -- all at the same time. Light refreshments will be served.

Nancy Osborne was on the core committee that started LLI-Manassas in 2003. She served on the Board of Directors for six years and was president of the organization for two of those years. She now serves on the Program Committee.

Mary Foster has been a member of LLI since moving to Virginia in 2011. She has been on the Board of Directors since 2013 and is currently in her third year as president. Education has been Mary's focus her entire professional career. With a master's degree in special education she has taught elementary and adult students for 23 years.

Nancy Osborne, LLI Coordinator
anosb@verizon.net, 703-361-6633

Annual Membership Meeting (S1704)
Wednesday, Mar. 22
Sign-in begins at 11:00 a.m., Meeting at 11:30 a.m.
Complimentary lunch for members only at 12:00 noon
Regency Clubhouse
15351 Championship Dr., Haymarket, VA 20169

Please sign up for the Annual Membership Meeting using the same procedure you use to sign up for classes. Last date to sign up is Feb. 27. For more information, contact Karla Anzzolin, 703-392-9620.

Directions are at the back of this program guide under Venues.
Classes & Trips

LLI-Hylton Performing Arts Center Partnership (S1705-08)

This semester LLI is partnering with Hylton Performing Arts Center to offer one class and three performances. A lecture will be held at the Hylton Center before each performance. Register for the lectures online or by using the form at the back of this program guide. You must purchase your own ticket to each performance. Instructions are included with the write-up for each performance.

Murder on the Nile (S1705)

Lecture: Wednesday, 10:30 a.m.-noon, Jan. 18  
Hylton Performing Arts Center
Instructor: Professor Lorraine Goldberg

Prepare for an exciting introduction to Dame Agatha Christie’s Murder on the Nile with this interactive presentation. Professor Goldberg will lead audience members through an adventurous literary analysis of the text and provide historical context for its inclusion among the most popular works of contemporary British Gothic fiction.

Professor Lorraine Goldberg teaches English literature, composition, and creative writing at Northern Virginia Community College-Manassas, where she specializes in Victorian and Gothic Literature. She completed her master’s degree in English at Saint Louis University in Madrid, Spain, and is a doctoral candidate in the Higher Education program at George Mason University. In addition to her teaching and research, she has presented her work for George Washington University and the National Endowment for the Humanities.

Performance: Aquila Theatre performs Murder on the Nile  
Saturday, 8:00 p.m., Jan. 21  
Hylton Performing Arts Center

Tickets $44, $37, $26. Purchase tickets online at HyltonCenter.org, or by phone 888-945-2468, or at the ticket office, 10960 George Mason Circle, Manassas, Va. Use CODE: LLI20 for LLI’s 20% Discount.

Bob Marsh, LLI Coordinator  
bandkmarsh@verizon.net, 703-368-7276
The Pentagon Quilts (S1706)
Thursday, 10:00 a.m.-noon, Apr. 13
Hylton Performing Arts Center
Instructor: June Forte

Inspired by the events of September 11, 2001, both seasoned and first-time quilters – young and old alike – fashioned quilts to honor the people who died and were injured in the attack and in appreciation for the heroic efforts of rescue workers. The Pentagon Quilts collection is as diverse as the people who created them. These quilts sprang spontaneously from freedom-loving people in small towns and big cities across the country and the world. Some shout in unity, others whisper in grief. They will remain symbols of comfort and encouragement to the Pentagon community and the nation for generations to come. More than 150 commemorative quilts are in the collection.

June Forte is the former curator of the Pentagon Quilts, a collection of commemorative quilts received from the public in response to the terrorist attack on the Pentagon, September 11, 2001. Over the course of her career, she served as an enlisted photojournalist with the Army’s 4th Infantry Division and in a variety of public affairs positions with the Air Force, the Office of the Secretary of Defense, and the Coalition Provisional Authority. She retired in 2005 and currently teaches communication courses at Northern Virginia Community College in Woodbridge, Va.

Bob Marsh, LLI Coordinator
bandkmash@verizon.net, 703-368-7276
New York Gilbert and Sullivan’s H.M.S. Pinafore (S1707)
Lecture: Thursday, 10:00 a.m.-noon, Apr. 27
Hylton Performing Arts Center
Instructor: Rick Davis

Sail the shining waters as the H.M.S. Pinafore embarks on a journey of humor and mischief in Gilbert & Sullivan's famous comic operetta about finding love on the high seas. The levity of musical theater meets the extravagance of opera in a satirical musical production that lovingly pokes fun at rigid Victorian class distinctions. Romantic sailors, sisters, cousins, and aunts sing and dance across this fanciful British naval vessel. Love finds its way aboard as the captain's daughter falls for an ordinary sailor, despite her father's plan for a more refined suitor. First performed in London in 1878, this classic has delighted audiences on both sides of the Atlantic for more than 130 years.

Rick Davis has been executive director of the Hylton Performing Arts Center since August 2011. From 2000-2007 he served as associate dean of George Mason University’s College of Visual and Performing Arts and artistic director of the Center for the Arts. He joined George Mason in 1991 as artistic director of Theater of the First Amendment and a member of the theater faculty. Rick has written four books about the theater and playwrights. A winner of the George Mason Teaching Excellence Award (1997) and an Alumni Association Distinguished Faculty Member of the Year (2006), he was educated at Lawrence University (BA) and the Yale School of Drama (MFA, DFA).

Performance: Gilbert & Sullivan’s H.M.S. Pinafore
Thursday, 8:00 p.m., May 4
Hylton Performing Arts Center

Tickets: $56, $48, $34. Purchase tickets online at HyltonCenter.org, or by phone 888-945-2468, or at the ticket office, 10960 George Mason Circle, Manassas, Va. Use CODE: LLI20 for LLI’s 20% discount.

Bob Marsh, LLI Coordinator
bandkmash@verizon.net, 703-368-7276
Youth Orchestras of Prince William: Meet the Future Stars (S1708)

Lecture: Tuesday, 10:30 a.m.-noon, May 2
Hylton Performing Arts Center
Instructor: Melvin Goodwyn

In this presentation, we will learn the history of the Youth Orchestras of Prince William (YOPW) and how it provides a stepping stone to a life of classical music for many of the youth of our community. The speaker will also introduce us to the program that YOPW will perform on May 7, 2017 at 3:00 p.m. YOPW’s season closes on a fragrant note with a performance featuring all of its performing ensembles, from youngest to oldest. This celebration of the legacy and impact that YOPW has had on the region will thrill us with selections from the romantic era. Enjoy an afternoon of youthful exuberance and exquisite music.

Melvin Goodwyn served as high school choral director and fine arts administrator in Prince William County for 21 years until his retirement in 2009. His choirs received superior ratings at the local, state, and national levels and were invited to perform at state music conferences on three occasions. Mr. Goodwyn served as guest clinician and accompanist at numerous district, state, and national choral events. He holds a bachelor’s of music degree from Westminster Choir College and a master’s of music in conducting from Catholic University.

Performance: Let it Bloom!
Sunday, 3:00 p.m., May 7
Hylton Performing Arts Center

Tickets: $20 adults, $12 seniors, students & military, youth (18 & younger) free. Purchase tickets online at HyltonCenter.org, or by phone 888-945-2468, or at the ticket office, 10960 George Mason Circle, Manassas, Va. No LLI discount.

Bob Marsh, LLI Coordinator
bandkmarch@verizon.net, 703-368-7276
Arts & Literature (S1709-13)

Understanding Opera (for People Who Hate Opera), Continued (S1709)
Wednesdays, 1:30-3:30 p.m., Jan, 18, 25
Bethel Lutheran Church
Instructor: Glenn Winters

This is a continuation of the opera class that was first offered in the fall 2015 semester. In this class the instructor will cover the two productions of the second half of Virginia Opera’s 2016-2017 Season: Weber’s romantic Der Freischutz and Puccini’s exotic Turandot. The instructor will present detailed musical and dramatic analysis illustrated with audio and video excerpts. This class is recommended for beginners and opera buffs alike.

Glenn Winters is in his thirteenth season as community outreach musical director for Virginia Opera. He is the composer of several commissioned operas, including Tales from the Brothers Grimm, The Empress and the Nightingale, The Princess and the Pea, A Tricksters Trilogy and Katie Luther. His book, The Opera Zoo: Singers, Composers and Other Primates, is available from Kendall Hunt Publishing.

Lianetta Ruettgers, LLI Coordinator
lianetta@comcast.net, 703-368-3040
The Story of Film: An Odyssey, Continued (S1710)
Mondays, 1:30-3:30 p.m., Feb. 6, 13, 20
Bethel Lutheran Church
Instructor: David Ward

The class will view *The Story of Film: An Odyssey* following the history of world cinema guided by film historian Mark Cousins.

1. New American Cinema (1967-1979)
2. Radical Directors in the 70s make State of the Nation Movies

After viewing each lecture students will discuss its content and review related questions. Students are encouraged to read *The Story of Film: An Odyssey* by Mark Cousins.

**Note**: You are welcome to attend any class that interests you. You need not take every class in the series to enjoy these lectures.

**David Ward** was a financial manager with the Department of Defense for 35 years. He graduated from George Washington University with a degree in history/philosophy and American studies and a minor in financial management. He is a past president of LLI-Manassas, membership chair and a member of the program committee. He is presenting several classes this semester, as he has done for the past few years.

**David Ward, LLI Coordinator**
philo7807@gmail.com, 703-369-1243
The Significance of Self: A Writing Workshop (S1711)
Mondays, 1:30-3:30 p.m., Mar. 6, 13, 20, 27, Apr. 3, 10, 17, May 1
Quarry Station Senior Apartments
Instructor: Mary Winsky

The significance of Self can seem to diminish as we age, but writing can be a reinvigorating force as we bring the strength we’ve lived to the page. In this workshop we will read, absorb, reflect upon, and discuss what Pulitzer Prize winning author Annie Dillard has to say in her book *The Writing Life*. Each week in the first hour of class, our own writing lives will be illuminated in light of her experience and advice. The second hour will put her wisdom to use as we write our own memories and life stories under her influence. For our first class, please get a paperback copy of *The Writing Life* by Annie Dillard and read the first ten pages (stopping at the break toward the top of page eleven). Anyone who has read any of Dillard’s books must have asked, “How does she do that?” Let’s try to find out how together – and put it to significant use.

Mary Winsky is a writer and former English teacher, staff developer and change agent. She has taught composition and literature at high school, college and graduate levels and led writing workshops for adults nationally and locally. Mary has taught for LLI since Fall of 2004.

Elizabeth Crawford, LLI Coordinator
crawforde1@juno.com, 703-594-0049
Is There a Song in Your Heart? (S1712)
Friday, 10:30 a.m.-noon, Mar. 24
Hylton Performing Arts Center
Instructor: Jeanne Kelly

If you have sung as a younger person or have never sung in your life but would like to reap the benefits of singing as you age, you will want to hear Jeanne Kelly, the founder and artistic director of Encore Creativity Chorales. In 2001, landmark research known as The Creativity and Aging Study examined the impact of art programs conducted by professional artists on the physical and mental health and social functioning of older persons. Dr. Gene D. Cohen, director of Aging, Health and Humanities at George Washington University and Ms. Kelly began a study in the D.C. Metro area specifically focusing on singing groups. You will learn how groups have formed and where they exist in our area. Currently there is not such a group in Manassas, but perhaps this class could be a springboard for one after you listen to Ms. Kelly.

Jeanne Kelly’s career of over forty years has produced a unique blend of performer, teacher, conductor and music administrator that has prepared her to be the artistic director of Encore Creativity for Older Adults. She made her professional operatic debut with the Washington Opera at the Kennedy Center. She has performed major roles in other large cities across the United States. Ms. Kelly has also maintained a private voice studio in Maryland and Virginia as well as serving on the faculties of the Levine School of Music, Washington, D.C.; Hood College, Frederick, Md.; and the Baltimore School for the Arts.

Nancy Osborne, LLI Coordinator
anosb@verizon.net, 703-361-6633
King Arthur: History and Legend (S1713)
Thursdays, 1:30-3:00 p.m., Mar. 30, Apr. 6, 13
Bethel Lutheran Church
Instructor: Dr. Michael Dennis

The tale of King Arthur and his knights and ladies may be considered the most enduring popular mythic tradition of Western civilization. In the first four lectures of this DVD series, Dr. Dorsey Armstrong, associate professor of English and Medieval Literature at Purdue University, examines the origins of King Arthur and his manifestations in Cornwall, the Latin Chronicles, and Wales. The final two lectures discuss Courtly Love and the Round Table.

Dr. Michael Dennis retired from the practice of neurosurgery after 30 years in the Washington area. He graduated from Brown University with a bachelor’s degree and earned his master’s from Yale University. He completed his surgical internship and his neurological residency at George Washington University Hospital. He became clinical professor of neurosurgery at George Washington University in 1980, where he served until December 2003. He has been on the staff of George Washington University Hospital, Washington Hospital Center, INOVA Fairfax Hospital and Reston Hospital. Dr. Dennis is a long-time member of LLI and has presented several classes on various subjects.

Elizabeth Crawford, LLI Coordinator
crawforde1@juno.com, 703-594-0049
Current Events & Economics (S1714-19)

My Year in Dubai with a Side Trip to Egypt (S1714)
Mondays, 10:00-11:30 a.m., Feb. 13, 20
Hylton Performing Arts Center
Instructor: Dr. Rebecca Hayes

Dr. Rebecca Hayes returns to the NVCC-Manassas campus after a year of teaching at American University in Dubai. She will share with us her adventure of living in a Middle Eastern country and teaching history to students from several foreign countries. She also will talk about her trip into the desert of Egypt to visit the pyramids.

**Dr. Rebecca Hayes** is honors chair and professor of history at Northern Virginia Community College, Manassas Campus. Her Ph.D. from Florida State University focused on early modern British history with minors in Medieval Europe, Classical Greece and Rome, as well as the Middle East. Dr. Hayes began her teaching career at Mississippi College in 2003 and moved to Northern Virginia in 2008. She is currently the honors chair for the Manassas campus and oversees that program. Dr. Hayes loves to travel and takes students abroad during spring break, believing that everyone should experience other cultures and get the chance to see history come alive. She has taught several classes for LLI.

**Bob Marsh, LLI Coordinator**
bandkmash@verizon.net, 703-368-7276
CIA & Polygraph, Continued (S1715)
Wednesdays, 10:30 a.m.-noon, Mar. 1, 8, 15
Bethel Lutheran Church Sanctuary
Instructor: John Sullivan

Last year John told us all about how the polygraph is used in the CIA. This spring he will discuss information in the following areas:

1. The CIA in Vietnam,
2. Spies I have known,
3. The CIA: Fact and Fiction.

John Sullivan has been a polygraph examiner with the CIA for 31 years. He is the author of two books on CIA and polygraph, Of Spies and Lies: A CIA Lie Detector Remembers Vietnam, and Gatekeeper: Memoirs of a CIA Polygraph Examiner. He has been a lecturer for Road Scholar for more than five years and for Royal Caribbean Cruise Lines. He has been an instructor at Anne Arundel Community College, a substitute teacher in the Fairfax County School System and an expert witness and consultant in court cases involving polygraph.

Lianetta Ruettgers, LLI Coordinator
lianetta@comcast.net, 703-368-3040
Understanding the United States Constitution
(S1716)
Fridays, 10:30 a.m.-noon, Mar. 3, 10
Hylton Performing Arts Center
Instructors: Ann Cain and Dan Leahy

The Constitution has been described as a living document, which affects our everyday life in very real ways. Join us for a study of the history, structure, and future of this "bundle of compromises" that is the foundation of our government. We will examine the who, what, when, where, and why of the writing of the oldest national constitution in the world. We will consider how the principles of checks and balances, federalism, and rule of law were built into our founding document. Finally, our class will discuss how amendments have allowed the U.S. Constitution to change with the times.

Ann Cain spent 39 years teaching American history and government to high school and community college students in several states including Virginia. She received her undergraduate degree in history from Duke University and her master’s degree in history from the University of Tulsa. She is a James Madison Foundation Fellow with a special interest in the creation of the United States and the U.S. Constitution. Ann is a member of the LLI program committee.

Dan Leahy is a retired federal government employee with over 30 years of public service in international trade. Dan is a longtime member of LLI and taught the Current Events Discussions and Great Decisions classes for several years. He is a past president of LLI and currently is a member of the program committee.

Ann Cain, LLI Coordinator
alcainva@yahoo.com, 703-754-8573
Great Decisions 2017 (S1717)
Wednesdays, 2:00-3:30 p.m., Mar. 15, 22, 29, Apr. 5, 12, 19, 26, May 3
Bethel Lutheran Church
Instructor: David Ward

The Great Decisions Discussion Program is the longest running and largest grassroots world affairs educational program of its kind. It is the core of the Foreign Policy Association’s (FPA) civic educational outreach efforts bringing millions of Americans together in communities, classrooms, and workplaces across the country to discover, discuss, and form opinions on foreign policy. The 2017 program will discuss the following topics: The Future of Europe; Trade and Politics; Conflict in the South China Sea; Saudi Arabia in Transition; U.S. Foreign Policy and Petroleum; Latin America’s Political Pendulum; Prospects for Afghanistan and Pakistan; Nuclear Security.

David Ward’s bio is on page 20.

David Ward, LLI Coordinator
philo7807@gmail.com, 703-369-1243
Do I Have a Right to Legal Counsel in a Court Proceeding? Part Two (S1718)
Friday, 1:30-3:00 p.m., Mar. 17
Prince William County Courthouse
9311 Lee Ave., Manassas 20110
Instructor: Honorable William E. Jarvis and Panel

We assume that we have a right to counsel in court proceedings, but exactly what does that mean? In this class, a panel of legal experts will discuss the right to counsel in various cases such as custody, arrest, post-charge, pro se rights, and also in civil contexts and other situations. The panel will consist of a commonwealth’s attorney for the prosecutor’s perspective and someone from the defense bar to give the defense’s perspective. Judge William E. Jarvis will moderate the discussion and give the judge’s point of view. This is another class in our continuing series on the court system.

**Honorable William E. Jarvis** graduated from Old Dominion University in 1985 with bachelor’s degrees in philosophy and criminal justice. After doing graduate work at the University of Virginia, he attended George Mason University School of Law and graduated in 1991. He served as a prosecutor in Pittsylvania County, Va. from 1992 to 1998 and in Marion County, Fla., from 1998 to 2002. Upon his return to Virginia in 2002, he prosecuted in Prince William County until 2012, when he was appointed to the Prince William County General District Court Bench. Judge Jarvis has taught search and seizure as well as right to counsel legal updates to police, attorneys and judges throughout his legal career.

**Bob Marsh, LLI Coordinator**
bandkmash@verizon.net, 703-368-7276
Prince William County Sheriff’s Office: History & Mission (S1719)
Friday, 1:30-3:00 p.m., Apr. 21
Prince William County Courthouse
9311 Lee Ave., Manassas 20110
Instructor: Sheriff Glendell Hill

In this class students will learn about the history and mission of the Prince William County Sheriff’s Office, the divisions within the office, and the security the office provides for the Judicial Center. Sheriff Hill will also talk about several other duties of his office including community outreach, civil process, funeral escorts, disposition of unclaimed bodies, movement of prisoners, and involvement with the public.

Sheriff Glen Hill was born and raised in New Bern, N.C. After graduating from high school, he joined the United States Army and in 1969 received an honorable discharge. He was the first African-American to join the Manassas City Police Department. In 1982, he joined the Prince William-Manassas Regional Adult Detention Center, where he has held every management position and was appointed to superintendent in 1993. In 2003, he was elected Sheriff of Prince William County (including the cities of Manassas and Manassas Park) and is currently serving his fourth term.

Bob Marsh, LLI Coordinator
bandkmmarsh@verizon.net, 703-368-7276
Experience Buffet (S1720-22)

In this popular series of classes, LLI members share their work experiences, hobbies, travels and special interests. Please consider presenting your own story next semester. Contact a program committee member if you need technical help (PowerPoint, etc.) with your presentation.

Come with Me to Kosovo: A Little Country with Big Surprises (S1720)
Tuesday, 1:30-3:00 p.m., Apr. 4
Bethel Lutheran Church
Instructor: Dorothy Johnson

Kosovo is a landlocked country in the central Balkan Peninsula, bordered by Albania and the Republic of Macedonia to the south, Montenegro to the west, and the uncontested territory of Serbia to the north and east. Originally settled by the Dardani tribe, Kosovo was later known as the Roman province of Dardania. In the Middle Ages it was part of the Byzantine Empire, the Bulgarian Empire, and Serbia. It was an important link on major trade routes, and its extensive gold, silver, copper, and iron deposits made it a prize target. Kosovo is now only partially recognized by other nations and is still claimed by Serbia despite its declaration of independence in February 2008. The speaker will explore aspects of Kosovo’s complicated history and acquaint us with this little nation as it seeks its place among the nations of eastern Europe.

Dorothy Johnson, a retired French and Spanish teacher, acquired a love of travel as a young girl. She and her husband Bill, a retired science teacher, have traveled throughout the Caribbean region and Europe. They enjoy spending “April in Paris” and visiting their Foreign Service daughter wherever she is stationed.

Mary Anna Johnson, LLI Coordinator
majic1@comcast.net, 703-368-0987
Cha Cha-ing through Cuba (S1721)
Monday, 10:30 a.m.-noon, May 1
Trinity Episcopal Church
Instructor: Alice Davis

Join Alice Davis as she describes her exciting trip to one of the newest “in-demand” travel places – Cuba. She will tell you that Cuba welcomes tourists and is eager to share its history and beauty with others. You will learn how important music, museums, art and education are to the Cuban people and their culture. You will see pictures of Havana and the surrounding countryside and hear about the admirable resourcefulness of the Cuban people.

Alice Davis is a summa cum laude graduate of Rutgers University with bachelor’s and master’s degrees in human resources and industrial relations. She began her career as a medical laboratory technologist but after continuing her education became a personnel director and then a human resources director at William Patterson University in Wayne, N.J. Alice was a choir director and organist at several churches. Alice has traveled throughout the world and gave a presentation on her trip to the Holy Land during the Fall 2015 semester. She joined LLI in 2009 when she moved to Bristow and served on the board of directors for two terms.

Nancy Osborne, LLI Coordinator
anosb@verizon.net, 703-368-6633
The Derby and the Athletes of Thoroughbred Horse Racing (S1722)
Thursday, 1:30-3:30 p.m., May 4
Trinity Episcopal Church
Instructor: Ron Farra

Ladies, don your derby hat! Gentlemen, wear your striped shirt, hat and bow tie! Bring a few dollars if you wish to purchase a mint julep to celebrate the 2017 Kentucky Derby and Virginia’s Gold Cup Horse Races. The instructor will lead a discussion about the athletes of the thoroughbred racing world – the magnificent race horses and the pint-sized men and women who guide the half-ton animals around action packed Churchill Downs and other racetracks of North America. You will learn about the plight of early American jockeys who had fewer rights than the expensive and pampered animals they rode for a living; “flipping” and other ways jockeys compete with each other; and the ways successful jockeys meld with the high-strung thoroughbreds in the fast paced, dangerous and sometimes shady business called “The Sport of Kings.”

Ron Farra was born in New York City and was raised on Long Island. His career included teaching and school administration in Saratoga Springs, N.Y., the location of one of the nation’s most famous thoroughbred racetracks. His hobbies include journalism, writing, and numerous outdoor sporting activities. He and his wife Joanna co-authored a guidebook for cross-country skiers and are the parents of an Olympic cross-country skier and four other champions. Ron presented a class on jockeys and thoroughbred race horses in 2015.

Nancy Osborne, LLI Coordinator
anosb@verizon.net, 703-361-6633
Health & Fitness (S1723-25)

Heart Health (S1723)
Bethel Lutheran Church
Instructors: INOVA Cardiology Doctors

Please join us for all four classes to learn about heart diseases and what we can do to reduce their risk.

Friday, 11:30 a.m.-1:00 p.m., Jan. 27, Heart Health: What everyone should know about heart disease: Risk factors, signs and symptoms, and prevention.

Tuesday, 11:30 a.m.-1:00 p.m., Feb. 7, Heart Rhythm Disorders: Common heart arrhythmias and potential cures and lifesaving therapies.

Tuesday, 11:30 a.m.-1:00 p.m., Feb. 21, Women and Heart Disease: How heart disease in women is both similar to and distinct from heart disease in men. Risk factors for heart disease and the indicators that it may be present will be covered.

Tuesday, 11:30 a.m.-1:00 p.m., Apr. 18, The Role of Cholesterol: Can we prevent a heart attack by reducing cholesterol?

For each presentation, the name of the doctor from INOVA Cardiology and his/her biography will be available at the class.

Karen Waltman, LLI Coordinator
geraldwaltman@hotmail.com, 703-830-5710
Are We Zombies of Our Biome? (S1724)
Thursday, 1:30-3:00 p.m., Mar. 2
Bethel Lutheran Church
Instructor: Dr. Michael Dennis

This class is the third in Dr. Michael Dennis’s series “Advances in Medical Protocols.” It will focus on one of the subtopics of the last lecture, the human biome, which refers to the various microorganisms that live in and on our bodies and the effects they have on us. Advancing knowledge in this field will enable scientists to explore the relationship between changes in the human biome and disease.

Dr. Michael Dennis’s bio is on page 23.

Elizabeth Crawford, LLI Coordinator
crawforde1@juno.com, 703-594-0049
An Overview of Medicare (S1725)
Thursday, 10:30 a.m.-noon, Apr. 6
Haymarket Gainesville Community Library
14870 Lightner Rd., Haymarket, VA 20169
Maximum class size 120
Instructor: Kristin Helfer-Koester

In this class the instructor will present a general overview of Medicare, including the parts of Medicare (A,B,C,D), Medigap and the corresponding benefits. In addition, enrollment information, costs associated with Medicare, assets and financial assistance programs to those with limited incomes will be covered.

Kristin Helfer-Koester is the Medicare counselor and coordinator for the Virginia Insurance Counseling and Assistance Program (VICAP) for Prince William County. She previously worked as a health policy analyst at the Federal Government Accountability Office and as chief for Legislative and Special Projects at the Maryland Health Care Commission. She holds a master’s degree in health services management and policy from George Washington University.

Nancy Osborne, LLI Coordinator
anosb@verizon.net, 703-361-6633
History (S1726-28)

U.S. and the Middle East: 1914 to 9/11 (S1726)

Thursdays, 1:00-3:00 p.m., Jan. 26, Feb. 2, 9, 16
Bethel Lutheran Church
Instructor: David Ward

This course features the DVDs of Professor Salim Yaqub for the Teaching Company’s “US and the Middle East (ME): 1914-9/11.” After viewing each lecture students will discuss its content and review related questions.

1. A Meeting of Two Worlds; Wilson & the Breakup of the Ottoman Empire
2. The Interwar Period; US & the ME during World War II
3. Origins of the Cold War in the ME; Truman and the Creation of Israel
4. Eisenhower, the Cold War & the ME; the Suez Crisis & Arab Nationalism.

Note: You are welcome to attend any class that interests you. You need not take every class in the series to enjoy these lectures.

David Ward’s bio is on page 20.

David Ward, LLI Coordinator
philo7807@gmail.com, 703-369-1243
Big History, Continued (S1727)
Tuesdays, 10:00 a.m.-noon, Feb. 28, Mar. 7, 14, 21
Bethel Lutheran Church
Instructor: David Ward

This class features the DVDs of Professor David Christian for the Teaching Company’s “Big History.” After viewing each lecture students will discuss its content and review related questions.

1. Long Trends – Rates of Innovation; Long Trends Disease and Malthusian Cycles
2. Comparing the World Zones; The Americas in the later Agrarian Era
3. Threshold 8 - The Modern Revolution; The Medieval Malthusian Cycle, 500-1350
4. The Early Modern Cycle, 1350-1700; Breakthrough – The Industrial Revolution.

Note: You are welcome to attend any class that interests you. You need not take every class in the series to enjoy these lectures.

David Ward’s bio is on page 20.

David Ward, LLI Coordinator
philo7807@gmail.com, 703-369-1243
World War II: A Military and Social History
(S1728)
Tuesdays, 1:45-3:15 p.m., May 23, 30, June 6
Trinity Episcopal Church
Instructors: Dan Leahy and Ann Cain

Fifty-five million people died in the Second World War, the greatest conflict in human history. These video lectures ask and answer important questions about this war:

- Might Hitler have been stopped sooner?
- Should Roosevelt have foreseen Pearl Harbor?
- Could more lives have been saved as the Holocaust became known?
- Did Truman have to use the atomic bomb at Hiroshima and Nagasaki?
- Did the Allies come closer to losing World War II than we would like to think?

In a video presentation by Professor Thomas Childers, Ph.D., University of Pennsylvania, the origins and expansion of the war in Europe and the Pacific are examined. Military and political strategies and failures are analyzed. Social and economic effects of the war are assessed.

Dan Leahy’s and Ann Cain’s bios are on page 26.

Dan Leahy, LLI Coordinator
dfleahy47@aol.com, 703-309-0914
Lifestyle (S1729-33)

Using DNA and Genealogy to Solve Family History Mysteries (S1729)
Thursday, 10:30 a.m.-noon, Mar. 2
Hylton Performing Arts Center
Instructor: William Woodard

In this class William Woodard will show how he used DNA testing combined with traditional genealogical techniques to find his biological father and, along the way, made interesting discoveries about his heritage and his ancestors who fought in the Revolutionary and Civil Wars. He will cover the basics of how DNA testing works to help you find the missing branches of your family tree and how it can lead to surprising revelations.

William Woodard is an associate professor at Northern Virginia Community College’s Manassas campus. He holds master’s degrees in Spanish, linguistics and Teaching English to Speakers of Other Languages (TESOL) and has taught Spanish, English and linguistics for over 25 years at various colleges and universities in the U.S. and abroad. In his spare time, he plays guitar and banjo, writes songs, and pursues his interests in history and genealogy. He is currently pursuing a master’s degree in American history.

Janet Wheatcraft, LLI Coordinator
jwheatcraft@verizon.net, 703-369-2499
Baseball Strategy and Tactics (S1730)
Tuesday, 10:30 a.m.-noon, Apr. 4
Heritage Hunt Club House
Maximum class size 50
Instructor: Bruce Barnard

Come join us for a discussion of beginner baseball strategies and tactics. We’ll look at in-game tactics like the hit-and-run play (and how it differs from the run-and-hit play), positioning on the field, the signs flashing between the pitcher and catcher as well as the base coaches and hitter and runners, base running tactics, pinch hitters and runners, intentional walks, and more. We’ll also look at considerations a manager employs in manning up a roster, daily line-up, and how he can use his bullpen pitchers. As we go along we’ll also take a look at how some of these tactics and strategies have changed over the years.

Bruce Barnard first became a baseball fan in the 1950s as a child in Boseman, Mont. At that time major league baseball had no teams west of Kansas City, so Bruce chose to root for the Cincinnati Reds (temporarily the Redlegs in the 1950s to avoid the attention of Senator Joe McCarthy’s red hunts). After graduating from college and law school in 1975, Bruce and his wife Liz began an odyssey that saw them attend major league games in many stadiums before settling in Manassas in 1994. They adopted the Nationals and became season ticket holders for the team’s first six seasons. While law was his vocation, baseball is his passion. This is Bruce’s third baseball class for LLI.

Karen Waltman, LLI Coordinator
geraldwaltman@hotmail.com, 703-830-5710
Tour of National Sporting Library & Museum (S1731)
Friday, 10:30 a.m.-2:00 p.m., Apr. 7
102 The Plains Rd., Middleburg, Va. 20177
Entrance fee $10.00, pay at the door

Our visit will include a tour of both the library and the museum. The library staff will present an overview of the history of the National Sporting Library & Museum and discuss select pieces from its collection of rare books. In the museum, we will learn about pieces from the permanent collection, which includes paintings, sculptures, and works on paper ranging from the 17th through the 21st centuries and features a wide variety of traditional outdoor sports. Members of the class in the mood for lunch will then meet at Salamander Resort Gold Cup Restaurant. After lunch, folks are free to explore historic Middleburg on their own.

Founded in 1954, the National Sporting Library and Museum is located in Middleburg, the heart of Virginia's beautiful hunt country. The six-acre, world class research library and fine art museum highlight the heritage and tradition of country pursuits such as angling, horsemanship, shooting, steeple chasing, fox hunting, flat racing, coaching, and polo. Salamander’s Gold Cup Restaurant serves small plates of Piedmont-inspired cuisine paired with featured Virginia and international wines.

Lynn Hoffman, LLI Coordinator
lynnhoffman00@gmail.com, 703-754-3528
Picnic-citement! “Make & Take” Dishes for Picnics, Potlucks, BBQs and Cookouts (S1732 A or B)

S1732 A. Wednesday, 1:30-3:00 p.m., Apr. 19
S1732 B. Thursday, 1:30-3:00 p.m., Apr. 27
Trinity Episcopal Church
Maximum class size 30
Class fee: $10 (include with registration)*
Instructor: Lynn Hoffman

Here are the recipes for all your Al Fresco dining experiences this summer! We will start by making a delicious Ricotta Dip to kick off any warm weather feast. We bring the heat to your picnic table with Papaya Slaw with Spicy Honey Vinaigrette. Then we will make two quick salads: Five-Minute Goat Cheese, Herb, and White Bean Salad and “Spontaneous Salad” with a Creamy Mustard Vinaigrette. No picnic is complete without dessert, and Strawberry Cheesecake in a Jar is an enjoyable and delicious way to end a perfect outing. Plus, you will receive the recipes for Popcorn Shrimp Sandwiches with Old Bay Aioli and a refreshing Melon Chiller Sangria.

*This class fee is non-refundable unless the class is cancelled. See page 11 for LLI’s fee refund policy.

Note: This is a one-session class that repeats in order to accommodate more members. When you register, please indicate whether you want to attend A on April 19 or B on April 27.

Lynn Hoffman earned a bachelor’s degree from the University of Connecticut and a master’s from Fairfield University. She was director of marketing communications for several high-tech companies including Hyperion Software, now Oracle. Lynn has enjoyed cooking and entertaining family and friends since at age five she pulled her first cake out of her Easy-Bake oven. Lynn is on LLI’s board of directors and a member of the program committee. She has taught several cooking classes for LLI.

Lynn Hofffman, LLI Coordinator
lynnhoffman00@gmail.com, 703-754-3528
Ballroom Dancing: Lecture, Demo and Practice (S1733)
Tuesday, 10:30 a.m.-noon, Apr. 25
Bethel Lutheran Church Gym
Instructors: Kathy and Randy Stachel

Put a little fun in your life with Northern Virginia Showcase Ballroom Dancing Volunteers, Kathy & Randy. They will present a short lecture on the health benefits of ballroom dancing and give a demonstration. Then it will be time for you to grab a partner and prepare to dance!

Kathy and Randy Stachel have been dancing together for over 40 years. Their dancing goal was never to have to sit down for any song that the band played, and to that end they became experienced in the American Smooth dances (Foxtrot, Waltz, Tango, and Viennese Waltz), swing, and the American Style Rhythm dances (Bolero, Cha Cha, Mambo/Salsa, Merengue, Rumba, and Samba). Currently, they teach couples dancing in their community at Heritage Hunt.

Mary Anna Johnson, LLI Coordinator
majic1@comcast.net, 703-368-0987
Preparing for the Inevitable (S1734-37)

The ABCs of Death (S1734)
Wednesday, 10:30 a.m.-noon, Feb. 8
Bethel Lutheran Church Sanctuary
Instructor: Ron Brandt

Two classic books had a powerful influence on The American Way of Death, and now there’s a third book that is especially important for today’s seniors. The instructor will mention these books in connection with what he calls the ABCs of Death: Accept it, be ready for it, and – when the time comes – Choose Care rather than Cure. He will explain what each of us can do to make things easier for those who will survive us.

Ron Brandt is the retired executive editor of publications at a professional education association in Alexandria. He has been a teacher, principal, director of staff development, and associate superintendent for instruction. He has a doctorate in educational administration from the University of Minnesota. He grew up on a small Nebraska farm, attended a one-room country school, and was a radio announcer before becoming an educator.

Nancy Arrington LLI Coordinator
narrington1@verizon.net, 703-408-7446
Psychological Considerations (S1735)
Friday, 10:30 a.m.-noon, Mar. 3
Bethel Lutheran Church
Instructor: Dr. Denna Brown

It is said that man is the only animal with the foreknowledge of his own death. Yet many of us live in a type of denial about this fact. This class will look at the psychological preparations for our own deaths. We need to communicate clearly to others our wishes regarding being alive under various difficult conditions like pain and disability. This means we must examine our own values about what makes life worth living. We need to clarify our own legacies and how we wish to be remembered. We need to teach others what they must know to live without us. All our affairs must be in order so those we leave behind do not have to deal with our messes and disorganization when they are grieving. While our foreknowledge of death can be daunting, the plus side is that it gives us time to deal with many needed issues.

Dr. Denna (Dee) Brown is a clinical psychologist by vocation and an animal loving world traveler by avocation. Her 40 years of work included research, clinical work, and university teaching on three continents. Now retired, she continues to travel, works in dog rescue and Guiding Eyes for the Blind training, is an avid native plant gardener, spends a lot of time working with live theater in the D.C./Northern Virginia area and continues to keep her lifelong love of learning.

Kathy Marsh, LLI Coordinator
bandkmash@verizon.net, 703-368-7276
Elder Law, Wills and Estate Planning (S1736)
Friday, 10:30 a.m.-noon, Mar. 17
Bethel Lutheran Church
Instructor: Thomas D. Duling

In this class on practical estate planning techniques, Tom Duling will discuss the use of Wills, Revocable Living Trusts, and estate planning techniques to avoid the imposition of estate taxes. He will explain the probate process in Virginia and other estate planning documents that are commonly used, including Powers of Attorney and Advance Medical Directives. His primary focus, however, will be the use of Wills and Trusts in the transfer of property at death or disability.

**Thomas Duling** is a founding member of the law firm of Compton & Duling, L.C. He has been in private practice for 43 years. His main area of interest is estate planning and probate administration. He has extensive experience in the area of Wills and estates. He graduated from Ohio University, summa cum laude, in 1969 and attended law school at the University of Virginia, graduating in 1972. After a short period of time as an officer in the U.S. Army, he began his private practice in 1973. He is a frequent speaker on the topic of estate planning and is a member of different estate planning councils.

**Lianetta Ruettgers, LLI Coordinator**
lianetta@comcast.net, 703-368-3040
Baker-Post Funeral Home and Cremation Center Lecture/Tour (S1737)
Tuesday, 1:30-3:00 p.m., Mar. 28
10001 Nokesville Rd., Manassas, VA 20110
Maximum class size 50
Instructor: Michael Post

Michael Post will give a tour of the Baker-Post Funeral Home and talk about the services it provides. His experienced, highly professional, and compassionate staff embraces traditional values, diversity, and innovation in honoring the spirit and life of each person they serve. They provide help and guidance for clients in pre-planning, selection of products, preparation of funeral services, and many other details. Baker-Post was established over 119 years ago and is among the oldest businesses in Manassas and Prince William County.

Funeral Director Michael Post has been involved in the funeral business for over 22 years. He is licensed in Virginia, Washington, D.C., and New York and is a Maryland Courtesy Card Holder. He graduated from the Pittsburgh Institute of Mortuary Science and received a bachelor’s degree in business from Empire State College. He was the licensed director and manager of Baker-Post Funeral Home for over four years, and now he and his wife, Gina, are the owners and operators of this family business.

Lianetta Ruettgers, LLI Coordinator
lianetta@comcast.net, 703-368-3040
Religion & Philosophy (S1738-39)

Stonehenge Revisited (S1738)
Thursdays, 10:30 a.m.-noon, Feb. 9, 16, 23
Trinity Episcopal Church
Instructor: The Rev. Stuart Schadt

In the past five years there have been a lot of new discoveries around Stonehenge and the people who built it. In this class we will look at the stones, the surrounding landscape, and the Durrington Walls where the people lived. The instructor will talk about the Archer, also called the king of Stonehenge. Then we will take a leap to Wales and consider the origin of the “not so blue stones” and the puzzle of how they could be brought to Salisbury. We will struggle with the ever-present questions of: how was it built, why was it built, and how was it used.

The Rev. Stuart Schadt has served as Rector of Trinity Episcopal Church in Manassas for the past 26 years. He has a bachelor’s degree in sociology and social work from the University of Texas, Austin and a master’s degree in divinity from Virginia Theological Seminary. He has made two visits to Stonehenge and previously taught a class titled “Exploring Stonehenge and other Sacred Sites.” He also presented a class on The DaVinci Code.

Nancy Osborne, LLI Coordinator
anosb@verizon.net, 703-361-6633
Concepts and Doctrines in Christianity (S1739)
Thursdays, 10:30 a.m.-noon, May 11, 18, 25
Trinity Episcopal Church
Instructors: The Rev. Stuart Schadt & The Rev. Vinnie Lainson

The major religions of the world have foundational concepts and doctrines at their core. Often those core understandings take on broader meanings that are not found in sacred scripture. In this three-session class we will explore the foundational concepts and doctrines of Christianity, where they come from, the connection to sacred scripture, and the intersection with culture over time. Join us for a lively discussion!

Note: This class was scheduled for last semester but had to be postponed.

The Rev. Stuart Schadt’s bio is on page 48.

The Rev. Vinnie Lainson is the associate rector at Trinity Episcopal Church in Manassas. She came to the church as a seminarian in 1998. She leads retreats, writes meditations, is a hospice chaplain and has written adult curricula for spiritual formation and theology. Vinnie has taught several classes for LLI.

Nancy Osborne, LLI Coordinator
anosb@verizon.net, 703-361-6633
Science, Technology & Nature (S1740-46)

Native Plants of Northern Virginia (S1740)
Tuesday, 1:30-3:00 p.m., Mar. 7
Bethel Lutheran Church
Instructors: Nancy Vehrs and Harry Glasgow

What’s all the hoopla about native plants? What are native plants, anyway? Aided by photographs, and without preaching or overwhelming technical details, the presenters will discuss the relationship of insects to plants and the general importance of native plants to the overall ecology of our planet. They will also talk about native plant gardening and local hot spots where displays of spring wildflowers can be found.

Harry Glasgow and Nancy Vehrs, now retired from government service, are partners in conservation and environmental causes. Nancy, a native of Prince William County, is the president of both the Virginia Native Plant Society and its local chapter, the Prince William Wildflower Society. Harry is a birder and participant in untold environmental organizations. Nancy is a member of the board of directors for the Prince William Conservation Alliance, and Harry serves as its conservation chair. They live in the Manassas area and share their cozy home with two cats.

Janet Wheatcraft, LLI Coordinator
jwheatcraft@verizon.net, 703-369-2499
History of Medicine (S1741)
Thursday, 1:30-3:00 p.m., Mar. 9, 16, 23
Bethel Lutheran Church
Instructor: Dr. Michael Dennis

In the 21st century, as we talk about organ transplants, DNA, and the human genome, it is interesting to look back at where Western medicine all began. In the first six lectures of this DVD series, Yale Professor Sherwin B. Nuland, M.D., will discuss early investigation into healing, disease, anatomy, circulation of the blood, pathology, and the introduction of science into surgery.

Michael Dennis’s bio is on page 23.

Elizabeth Crawford, LLI Coordinator
crawforde1@juno.com, 703-594-0049
Fauna and Flora of the Galapagos Islands
(S1742)

Wednesday, 10:30 a.m.-noon, Mar. 29
Grace Life Community Church
Instructor: Dr. James Zimbelman

The Galapagos Islands were recognized as a unique oasis of diverse life when Charles Darwin described them in his seminal publications. The island group has a geological setting similar to, yet distinct from, that of the Hawaiian Islands. In this lecture Dr. Zimbelman will review the geological setting of the island group and some of the distinctive flora and fauna that have used the isolated islands as the place to evolve some species seen nowhere else in the world.

Dr. James R. Zimbelman is a planetary geologist in the Center for Earth and Planetary Studies at the Smithsonian Institution’s National Air and Space Museum. He has been at the Smithsonian since 1988, conducting research on analysis of spacecraft imaging data of the planets, geologic mapping of Mars and Venus, and investigations of lava flows and sand dunes on planetary surfaces. Dr. Zimbelman is a lecturer on cruises organized by the Smithsonian Journey program and on commercial cruise lines for which the Smithsonian provides lecturers. He has presented several classes for LLI-Manassas.

Nancy Arrington, LLI Coordinator
narrington1@verizon.net, 703-408-7446
The Science of Energy, Part Two (S1743)
Fridays, 10:00 a.m.-noon, Mar. 31, Apr. 14, 21, 28
Bethel Lutheran Church
Instructor: Warren Beeton

Energy is, without a doubt, the very foundation of the universe. It’s the engine that powers life and fuels the evolution of human civilization. At the root of modern society is the ability to harness energy. In this next segment of “The Science of Energy,” we will study the numerous ways this has been accomplished: fossil fuels and their drawbacks; carbon dioxide as a pollutant and what can be done about it; the science of nuclear power; sun power and solar; and wind and water power providing electricity. Classes will be supported by DVDs from The Great Courses featuring lectures of Dr. Michael E. Wysession. Plans are underway to visit a Northern Virginia specialized power generation plant. The trip date will be announced during classes.

**Warren Beeton** is a 1966 graduate of Cornell University with bachelor’s and master’s degrees in mechanical engineering. After 45 years in leadership positions in the air conditioning and refrigeration industry, he retired in 2012 as vice-president of engineering for Emerson Climate Technologies, a global developer and manufacturer of HVAC compressors and electronic controls. During his career with Emerson, he worked with Congress and the EPA on legislative and regulatory issues, focusing on ozone protection, climate change and energy efficiency. Warren has been active in organizations, including the American Society of Heating, Refrigeration and Air Conditioning Engineers, the American Heating and Refrigeration Institute’s Government Affairs Committee, and as a board member of the Alliance for Responsible Atmospheric Policy, a Washington, D.C. organization that coordinates industry and government work on international and U.S. ozone protection and climate change policy.

E. Perley Eaton, LLI Coordinator
perlman1@aol.com, 703-754-9344
Are You Smarter than Your Smart Phone?
(S1744)
Friday, 1:30-4:00 p.m., Apr. 14
Parrish Hall, Main NOVA Campus
Instructors: NOVA Honor Society Members

This class has been given over the last five years. But many students need an update to keep abreast of the improvements in the latest model smart phones. In these classes the instructors will ensure that those attending are competent in the latest functional operations on their smart phones, tablets, or eReaders. Special attention will be provided to the differences in operation of Apple-manufactured products and those classed as androids. A new feature of all types of smart phones is the use of applications to improve and track the user’s health. This class will introduce the use of one’s smart phone to provide these most beneficial activities.

The Honor Society at NOVA and LLI-Manassas have a history of working together. Honor Society members have instructed LLI-Manassas members on the use of smart phones and current communication devices for several semesters. This bridge between generations is fostered by NVCC as well as LLI-Manassas. All NOVA students are invited to all LLI’s Speaker Forums.

E. Perley Eaton, LLI Coordinator
perlman1@aol.com, 703-754-9344
Science for Seniors and Their Grandkids
(S1745)
Thursday, 10:30 a.m.-noon, Apr. 20
Trinity Episcopal Church
Instructor: Lois Montgomery

The instructor will demonstrate an array of hands-on activities you can conduct at home to amaze your grandkids, nieces and nephews, or the neighborhood children. Lois will teach you some entertaining science tricks and experiments you can do in the kitchen with common materials you probably have at home. Written directions will be provided.

Note: This class was originally scheduled for the Spring 2016 semester but was canceled because of snow.

Lois Montgomery was a science teacher in Fairfax County for 38 years. She lives in a home on the waterfront in Prince William County and spends free time gardening with native plants, teaching religious education and working in the food pantry at Bull Run Unitarian Universalist Church, and crafting hand-made things from all different kinds of materials.

Karen Waltman, LLI Coordinator
geraldwaltman@hotmail.com, 703-830-5710
The National Parks: America’s Best Idea
(S1746)
Tuesdays, 1:30-3:00 P.M., May 2, 9, 16
Bethel Lutheran Church
Instructor: Dan Leahy

The National Parks: America’s Best Idea is a six-episode DVD series produced by Ken Burns and Dayton Duncan and written by Dayton Duncan. Some of nature’s most spectacular locales from Acadia to Yosemite, Yellowstone to the Grand Canyon, the Everglades of Florida to the Gates of the Arctic in Alaska were filmed over the course of more than six years. This is nonetheless a story of people from every conceivable background – rich and poor; famous and unknown; soldiers and scientists; natives and newcomers; idealists, artists and entrepreneurs; people who were willing to devote themselves to saving some precious portion of the land they loved, and in doing so reminded their fellow citizens of the full meaning of democracy.

Dan Leahy’s bio is on page 26.

Dan Leahy, LLI Coordinator
dfleahy47@aol.com, 703-309-0914
Bus Trips (S1747-48)

Members, non-members and guests going on this semester’s bus trips must fill out and return the Acknowledgement, Release and Waiver form along with the Emergency Contact Information section.

If registering by mail, fill out the form found at the back of this program guide and include it with your check and registration form.

If registering online, follow these steps:

Sign into lli-manassas.org

Click on the “Member Area” box about half way down the page
Type the password llimanassas! (all lower case letters with an explanation mark (!) at the end, then click on “submit”
At the next screen, click on “Trip Acknowledgement, Release and Waiver” from the left column
Fill in the required information for each trip
When complete, click “submit” at the bottom; the waiver will be sent directly to the Trip Coordinator

Mr. Jefferson’s Mountain (S1747)

Monday, 7:30 a.m.-6:30 p.m., Apr. 24
Minimum trip size 35, maximum 54
Trip cost $98 (include with registration and waiver)

This trip includes a tour of James Monroe’s Ashland-Highland, a tour of historic Michie Tavern, where a buffet lunch will be served, and a tour of Thomas Jefferson’s Monticello. Included in the fee are roundtrip bus fare, admission fees, buffet lunch, and gratuities.

Note: The last day to register for this trip is Apr. 3, 2017. After that date, the fee is non-refundable unless you find a replacement or if there is a waitlist. You will receive a detailed itinerary prior to departure.

Jill Gentry, LLI Coordinator
traveljillll@aol.com, 703-335-1529
White Oak Lavender Farm & Purple Wolf Vineyards (S1748)
Thursday, 7:00 a.m.-7:00 p.m., June 22
Harrisonburg, Va.
Minimum trip size 35, maximum 54
Trip cost $87 (include with registration and waiver)

During the height of the lavender blooming season, we will tour the farm gardens with information on growing, distilling and cleaning the flower buds. After our boxed lunch, we will walk to the vineyards and taste delicious wines. The trip fee includes roundtrip bus, admissions, boxed lunch and gratuities.

Note: The last day to register for this trip is May 19, 2017. After that date, the fee is non-refundable unless you find a replacement or if there is a waitlist. You will receive information about lunch choices and a detailed itinerary closer to departure.

Jill Gentry, LLI Coordinator
taveljilll@aol.com, 703-335-1529
Ongoing Activities (S1749-53)

The following clubs are open to all LLI members. Please list them on your registration form. New members are welcome to join at any time. Participants must be LLI members.

**Book Club (S1749)**

*Wednesday, 1:30 p.m., Jan. 25 and subsequent last Wednesdays*

*Bethel Lutheran Church*

**Facilitator: Barbara Deegan, 703-670-9969**

One of the longest running activities offered by LLI, the Book Club meets once a month. Books, both fiction and non-fiction, are selected by the members, usually one or two months in advance. The discussions are fun for all, including those who may not have finished reading the current book. Your participation will be sure to enhance your pleasure in reading. Members are encouraged to lead discussions.

**Bridge Club (S1750)**

*Thursdays, 1:00-4:00 p.m.*

*Bertucci's, 8114 Stonewall Shops (Wegmans Sh. Ctr.), Gainesville*

**Facilitator: Alan Hemer, 703-743-9296**

Join us every Thursday afternoon, or whenever you can make it, for an informal and enjoyable afternoon. Playing experience is required.

**Camera Club (S1751)**

*Friday, 1:30-3:00 p.m., Jan. 6 and subsequent 1st and 3rd Fridays*

*Regency Clubhouse*

**Instructor: Dr. Michael Dennis**

**Facilitator: Bert Kriebel, 703-330-6873**

This club offers a unique opportunity to get the help needed to take perfect photos of your trips and special occasions. The instructor will help you learn how to make your camera a better tool to record special occasions and how to enhance those images utilizing Adobe Photoshop. Meeting time will be spent learning the techniques needed to improve photographic skills and the use of digital enhancement to further improve your images. An in-class critique of club members’ photos offers an additional learning opportunity.
Computer Club (S1752)
Friday, 2:00-3:30 p.m., Mar. 24 and subsequent 2nd and 4th Fridays
Bethel Lutheran Church
Facilitators: David Klinkhamer, 703-754-9607 and Perley Eaton, 703-754-9344

This club will help LLI members use their computers through sharing with other members. Potential discussion and hands-on working topics may include the use of email software, access to free software, the use of Google, YouTube and other informational sources, and hooking up to a local area network. Members should bring their Wi-Fi-capable laptops, tablets or smartphones to the meetings. We will not learn to program our computers but will still learn how to get more out of them.

Mah Jongg Club (S1753)
Tuesdays, 2:00-4:00 p.m.
Bertucci’s, 8114 Stonewall Shops (Wegmans Sh. Ctr.), Gainesville
Facilitator: Toni Kline, 571-233-0931

Every Tuesday, 2:00-4:00 p.m., we meet for fun, laughter and a good time. All levels of experience are welcome from beginners through master players. Instruction will be provided for those who need it and competitive games will be provided for those who wish them. New cards are ordered at the end of March each year for a fee of $9.
LLI Board of Directors

Mary Foster (2019), President, 571-222-7012 (H), 949-466-0168 (C)
maryfoster42@gmail.com

Mike Ahern (2017), Vice President, 703-969-2381
mike@theaherns.com

Barbara Marotta (2018), Treasurer, 703-743-5363
barbara13454@comcast.net

Ann Cain (2018), Secretary, 703-754-8573 (H), 757-250-7152 (C)
alcainva@yahoo.com

Karla Anzzolin (2018), Events Coordinator, 703-392-9620
rocmusisn@comcast.net

Nancy Arrington (2017), Programs, 703-408-7446 (C)
narrington1@verizon.net

Nancy Fisher (2019), 703-392-4038 (H), 703-283-5574 (C)
nsfisher3@gmail.com

Lynn Hoffman (2018), Venues, 703-405-2718
lynnhoffman00@gmail.com

Kathy Marsh (2019), 703-368-7276
bandkmarsh@verizon.net

Ernie Pino (2018), 703-369-3795 (H), 571-435-3166 (C)
emanpino@verizon.net

Susan Powell, Ph.D. (2019), 703-670-6537 (H), 571-276-5748 (C)
ysprincipal@aol.com

Mitch Rachlis (2018), 703-753-6710 (H) 703-727-6036 (C)
rachlism@msn.com

Karen Waltman (2019), 703-830-5710 (H),
geraldwaltman@hotmail.com
LLI Program Committee

Nancy Arrington, Chairman, 703-408-7446, narrington1@verizon.net

Ann Cain, 703-754-8573, alcainva@yahoo.com

Elizabeth Crawford, 703-594-0049, crawforde1@juno.com

Jill Gentry, 703-335-1529, traveljilll@aol.com

Lynn Hoffman, 703-405-2718, lynnhoffman00@gmail.com

Mary Anna Johnson, 703-368-0987, majic1@comcast.net

Dan Leahy, 703-309-0914, dfleahy47@aol.com

Bob and Kathy Marsh, 703-368-7276, bandkmash@verizon.net

Nancy Osborne, 703-361-6633, anosb@verizon.net

Kathy Pechauer, 703-361-8162, kapecchauer@gmail.com

Lianetta Ruettgers, 703-368-3040, lianetta@comcast.net

Karen Waltman, 703-830-5710, geraldwaltman@hotmail.com

David Ward, 703-369-1243, philo7807@gmail.com

Janet Wheatcraft, 703-369-2499, jwheatcraft@verizon.net
LLI-Manassas Membership Application

Membership dues are as follows:

- $100 if joining or renewing in September. This covers participation for two consecutive semesters (Fall and Spring).
- $50 if joining in January. This covers the Spring semester only. Must renew ($100) in September.

First Name ____________________________ MI ______

Last Name_______________________________________

Preferred LLI Badge Name: __________________________

Street Address: __________________________________

City _____________________ State _____ Zip ________

Home Phone   __________________________

Cell Phone __________________________

Email ______________________________________

- Your personal information will not be shared or sold to anyone outside the LLI-Manassas organization.
- Photographs: By becoming a member of LLI and participating in classes and other activities, you may be photographed and your picture may appear in our publications or on our website.
- See Class Registration Form (next page) for payment and LLI mailing address information.
Class Registration Form

Use a SEPARATE FORM for each member

Name (last, first) ____________________________________________

Email ______________________________________________________

Membership Dues........................................ $ ____________
($100 if joining or renewing in Sept; $50 if joining in January)

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<th>Class Number</th>
<th>Title (can abbreviate)</th>
<th>Fee (if any)</th>
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</table>
Enclose check for total balance due. You will not be registered if membership dues and fees are not paid. Mail with all forms to:
LLI-Manassas
PO Box 284
Haymarket, VA 20168

Are you registering for any trips? If so, be sure to include the Acknowledgement, Release and Waiver form, along with Emergency Contact Information section (next page).

(For Office Use Only)

Date Registration Received: _______________________

Username _______________________________________

Password _______________________________________

☐ Account Created / Verified
☐ Membership Dues
☐ Registered for Classes
☐ Payment Received
Acknowledgment, Release and Waiver

Mr. Jefferson’s Mountain, Apr. 24, 2017
Lavender Farm & Vineyards, June 22, 2017

Complete and return with registration.

The undersigned:

Acknowledges that he/she plans to participate in the Mr. Jefferson’s Mountain and/or lavender Fields & Vineyards bus trip(s).

Hereby waives and releases LLI-Manassas from any and all claims for injury or damage sustained by, through or as a result of such trip.

Holds LLI-Manassas harmless for any claims resulting therefrom.

Signature …………………………………………………………………………………

Print Name ……………………………………………………………………………

Your Cell Phone Number ………………………

Today’s Date ……………………………

Emergency Contact Information

Name of Contact ………………………………………………………………………

Contact’s Phone Number ……………………….

Make a copy of this form and have any non-LLI member who is your guest fill it out and return it with your registration.
Request for Refund

Date __________

Name ____________________________________________

Street Address ______________________________________

City _____________________ State _____ Zip ________

Class/Event Title & Number ___________________________

Date of Class/Event __________________________

Date of Cancellation Notice to Coordinator ___________

Refund Amount $___________

Payment Method: Check or Credit Card (circle one)

Mail this form to:  
LLI Treasurer  
P.O. Box 284  
Haymarket, VA 20168

________________________________________________

Office Use

Check Number _________

Date _________________
Venues

Directions for each venue are given below. You can also check Google Maps or MapQuest for up to date maps and directions.

**Bethel Lutheran Church**, 8712 Plantation Ln., Manassas 20110, 703-368-3943, is located at the intersection of Plantation Ln. and Sudley Rd. near the main post office and across Sudley Rd. from Java Rock and Manassas Baptist Church.

**Grace Life Community Church**, 9560 Linton Hall Rd., Bristow 20136, 703-594-3300. From Rt. 29 South, turn left onto Linton Hall Rd.; church will be 4.5 miles on the right. From Rt. 28 South, turn right onto Linton Hall Rd.; church will be about 1 mile on the left. Church is across Linton Hall Rd. from the Benedictine Monastery. Parking lot is in front of the church.

**Heritage Hunt Club House**, 6901 Arthur Hills Dr., Gainesville, 20155, 703-743-1000. From Centreville, take I-66 west and exit at 29 S 43 B. From Prince William Parkway, take 234 N and exit at 29 S 43 B. From Warrenton, take 29 N and turn left at Heathcote Blvd. All should continue on Heathcote Blvd. to Heritage Hunt Dr. and turn right. After entering the guard gate, continue on Heritage Hunt Dr. to Arthur Hills and turn left. Handicapped spaces are available in the parking lot.

**Hylton Performing Arts Center**, 10960 George Mason Circle, Manassas 20110. From Prince William Parkway turn right onto University Blvd. if you’re going north, left if you’re going south. Take the first left onto the George Mason Campus and then left at dead end and follow to parking lot. From Manassas take Godwin Dr. South and turn right on University Blvd. Go about one mile and turn right onto the George Mason Campus and follow above directions.
Quarry Station Senior Apartments, 8750 Quarry Rd., Manassas 20110, 703-393-7788. From points north and west, take Prince William Parkway to Sudley Manor Dr. North and follow it to Sudley Rd. Turn right on Sudley Rd. (Rt. 234) and follow it toward Manassas. Sudley Rd. becomes Prescott Ave. at its intersection with Rt. 28. At 4-way stop on Prescott, turn left onto Quarry Rd. and follow to apartments on left. From points south and east, take Prince William Parkway to its intersection with Liberia Ave. and continue straight on Wellington Rd. Turn right on Fairview Ave., right on Center St. which becomes Prescott Ave. Continue as above.

Regency Clubhouse, 15351 Championship Dr., Haymarket, 20169, 571-261-3335. Take the Rt. 15 North Exit off I-66. After approximately 2 miles, turn left onto Dominion Valley Dr. Go straight at the first traffic light and turn right on Regency Club Dr. Stop at the gatehouse (names will be provided for access). Turn left onto Championship Dr. and then left into the club parking lot (adjacent to the gatehouse).

Trinity Episcopal Church, 9325 West St., Manassas, 20110, 703-368-4231, is located on Church St. near the corner of West St. in Old Town Manassas. Park in the church’s parking lot directly behind the downtown post office. Use the church’s West St. entrance (double glass doors).
Lifelong Learning Institute - Manassas
PO Box 284
Haymarket VA 20168