Learn as if you were to live forever.
-Mahatma Gandhi
How to Contact LLI

LLI-Manassas
PO Box 162
Manassas, VA 20108

Website: www.lli-manassas.org

E-mail: llimanassas@gmail.com

Inclement Weather Policy

If Prince William County Schools are cancelled, or students are sent home early because of inclement weather, LLI classes and all other activities for that day are cancelled. If Prince William County Schools have a delayed opening, LLI classes and all other activities will be held as scheduled. Exceptions may be made for bus trips. For school closings call 703-791-2776 and choose menu item 3. Cancellations will be posted on LLI’s website.

Lifelong Learning Institute (LLI)-Manassas
is hosted by the
Manassas Campus of Northern Virginia Community College.

Cover photograph: LLI members visit Copper Fox Distillery during the Fall 2015 semester.

Photographer: Patricia Campbell
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Spring Registration & Social

Wednesday, January 13, 2016 (snow date Friday 15th)
1:00-3:00 p.m.
2:00 p.m. New Member Orientation
Hylton Performing Arts Center
10960 George Mason Circle

Directions: From Prince William Parkway turn right onto University Blvd. if you’re going north, left if you’re going south. Take first left and then left at dead end and follow into parking lot.

- Invite prospective members to attend
- Register for classes and meet coordinators
- Learn about LLI’s various clubs
- Participate in drawings for door prizes
- Socialize with other members and enjoy light refreshments

Annual Business Meeting

Wednesday, March 23, 11:00 a.m., Regency Clubhouse
15351 Championship Dr., Haymarket, VA 20169
See page 55 for details and sign-up instructions.

DVD Lending Library

LLI has a library of DVDs used in past classes, which members can borrow for a period of one month. For a list of the DVDs and the rental procedure, contact Kathy Pechauer, kapechauer@gmail.com, 703-361-8162.

Name Tags

LLI provides each new member a complimentary name tag. Members are encouraged to wear the tags at all events. Replacement tags can be ordered from Mary Shaw, 703-753-8790, shawmae@comcast.net. Cost is $9.00, payable by check to LLI-Manassas; mail to P.O. Box 162, Manassas, VA 20108.
Thank You to LLI Venues

The following offer meeting space free of charge:
  Bertucci’s of Gainesville
  Bethel Lutheran Church
  Hylton Performing Arts Center
  NOVA Manassas Innovation Park (MIP)
  Quarry Station Senior Apartments
  Trinity Episcopal Church

Volunteer Opportunities

In order to continue to grow and develop, LLI-Manassas needs you to step forward to offer your skills and time in a variety of ways. Please contact any member of the Board of Directors to discuss how you can be of service through any one of the nine current committees. You will find the contact information for all members of the board at the back of this program guide.

NOVA Educational Opportunities for Seniors

LLI members are invited to explore educational opportunities offered by Northern Virginia Community College (NOVA) through the Workforce Development & Continuing Education office.

Tuition-free, non-credit courses for seniors are available at the Manassas and Woodbridge campuses on a space-available basis. Seniors age 60 and older who have lived in Virginia for a minimum of one year may take up to three courses per semester. The current semester has course offerings in computers, photography, interior design, drawing, estate planning and more.

Details are explained in a mailer the college sends to local residents. Additional information is available on NOVA’s website: www.nvcc.edu/wdce/pwregional.

LLI-Manassas Is Grateful To

NOVEC for a grant which helps pay for our venues.

Thornton Trust for a grant which funded the purchase of an audio enhancement system for use by class instructors.
About the Lifelong Learning Institute

The Lifelong Learning Institute (LLI-Manassas) is a membership organization managed by and for its members. Our mission is to establish a community of adults, 50 years of age and older, that provides affordable educational and social opportunities in a friendly atmosphere. We are hosted by Northern Virginia Community College (NOVA)-Manassas Campus.

We offer daytime and occasional evening classes. In addition to the classes, trips, speaker forums and clubs scheduled for fall and spring semesters, social activities and special events are offered throughout the year. Classes are held at various locations including NOVA-Manassas, churches and senior living facilities. Instructors and presenters come from diverse backgrounds and are experts in their fields and leaders in various professions. Some are also LLI members.

LLI provides a relaxed, non-threatening atmosphere to facilitate learning. Mental stimulation is as important as physical exercise in maintaining good health. Making new friends is also an important part of the LLI concept.

Dues are $100 for a twelve-month membership and can be paid at fall registration (September). Those who join at spring registration (January) will pay $50 and then $100 in September. Members can attend as many classes and activities as they wish, depending on available space. There will be charges for trips and for some classes and special events. Any person age 50 or older is cordially invited to become a member by completing the online membership application or the form at the back of this program guide.

LLI-Manassas is able to offer a limited number of partial scholarships (memberships) to current and potential members. If you are interested in this assistance, contact a board member, who will present your request at the next board meeting. You will then be notified of the action taken by the board.

The Manassas LLI was organized in 2003 and is one of many LLIs located throughout the United States and Canada. Most (including LLI-Manassas) are affiliates of the Elderhostel Institute Network (EIN). Visit their website at www.roadscholar.org/ein/intro.asp to learn more about other LLIs.
# Spring 2016 Forums, Classes & Trips at a Glance

Forums, classes and trips are listed here in order of starting date. In the Program Guide they are listed numerically in order of class number, which is in parenthesis in this chart.

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<th>Time</th>
<th>Venue</th>
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<td>Tues 10:30 a.m.-noon, Jan 26</td>
<td>Boys and Girls Club of Manassas</td>
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<tr>
<td>Opera (For People who Hate Opera) (07)</td>
<td>Wed 10:00 a.m.-noon, Feb 3, 10</td>
<td>Hylton Performing Arts Center</td>
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<tr>
<td>The Story of Film: An Odyssey (08)</td>
<td>Mon 1:30-3:00 p.m., Feb 8, 15, 22, 29</td>
<td>Bethel Lutheran Church</td>
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<tr>
<td>CIA and the Polygraph (23)</td>
<td>Tues 10:30 a.m.-noon, Feb 9, 16, 23</td>
<td>Bethel Lutheran Church</td>
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<tr>
<td>American Pops Valentine’s Lecture (04)</td>
<td>Thurs 1:00-2:30 p.m., Feb 11</td>
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</tr>
<tr>
<td>Gainesville Ballet’s Carmen Lecture (05)</td>
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<td>Crazy Christian Ideas (31)</td>
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<td>Senior Stretch (19)</td>
<td>Wed 1:00-2:30 p.m., Feb 17</td>
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<tr>
<td>Great Decisions (11)</td>
<td>Wed 2:00-3:30 p.m., Feb 24, Mar 2, 9, 16, 23, 30, Apr 6, 13</td>
<td>Bethel Lutheran Church</td>
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<tr>
<td>An Albanian Adventure (17)</td>
<td>Tues 1:30-3:00 p.m., Mar 1</td>
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<td>Judicial Branch Government, State Level (12)</td>
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<td>Prince William County Courthouse</td>
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<tr>
<td>Alzheimer’s Warning Signs &amp; Healthy Living (20)</td>
<td>Fri 10:30 a.m.-noon, Mar 4, 11</td>
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<td>Women’s Suffrage in Va., 1869-1920 (24)</td>
<td>Mon 10:30 a.m.-noon, Mar 7</td>
<td>Trinity Episcopal Church</td>
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<tr>
<td>Event Description</td>
<td>Location</td>
<td>Dates</td>
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<tr>
<td>Big History (25)</td>
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<td>Tues 10:00 a.m.-noon, Mar 8, 15, 22, 29</td>
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<td>Manassas Ballet’s Sampler Lecture (06)</td>
<td>Hylton Performing Arts Center</td>
<td>Thurs 1:30-3:00 p.m., Mar 10, 17</td>
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<tr>
<td>Plate Tectonics &amp; Continental Drift (35)</td>
<td>Trinity Episcopal Church</td>
<td>Thurs 1:30-3:00 p.m., Mar 10, 17, 24, 31,</td>
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<tr>
<td>Myth in Human History, Part 2 (32)</td>
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<td>Gifts of Reflection: Writing Workshop (09)</td>
<td>Hylton Performing Arts Center</td>
<td>Mon 1:30-3:30 p.m., Mar 14, 12, 21, 28,</td>
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<tr>
<td>Passenger Rail Service (13)</td>
<td>Trinity Episcopal Church</td>
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<tr>
<td>Forum: Arch. Cemetery Excavation (01)</td>
<td>Hylton Performing Arts Center</td>
<td>Wed 10:00 a.m.-noon, Mar 11, 18, 25, 29</td>
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<tr>
<td>Forum: Rollicking Shakespeare (02)</td>
<td>NOVA Manassas Innovation Park (MIP)</td>
<td>Apr 15</td>
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<tr>
<td>Smarter than Your Smart Phone? (38)</td>
<td>Hylton Performing Arts Center</td>
<td>Fri 1:30-3:30 p.m., Mar 22</td>
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<tr>
<td>Tour The Graffiti House (26)</td>
<td>Hylton Performing Arts Center</td>
<td>Sat 8:00 a.m., Apr 2</td>
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<tr>
<td>Bacteria &amp; Viruses: Good and Bad (22)</td>
<td>NOVA Manassas Innovation Park (MIP)</td>
<td>Fri 11:00 a.m.-1:00 p.m., Apr 8</td>
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<tr>
<td>Cosmic Redux (36)</td>
<td>Pr. Wm. Co. Landfill and Eco-Park</td>
<td>Mon 10:30 a.m.-noon, Apr 11, 18, 25</td>
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<tr>
<td>Cosmos Redux (36)</td>
<td>Trinity Episcopal Church</td>
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<tr>
<td>Healthy Living for Seniors (21)</td>
<td>Hylton Performing Arts Center</td>
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<tr>
<td>Tour Pr. Wm. Co. Landfill &amp; Eco-Park (37)</td>
<td>Trinity Episcopal Church</td>
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<td>Winter Art (24)</td>
<td>Trinity Episcopal Church</td>
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<tr>
<td>Event Description</td>
<td>Date and Time</td>
<td>Location</td>
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<tr>
<td>Invest in Grandkids: 529 College Plans (14)</td>
<td>Tues 10:30 a.m.-noon, Apr 12</td>
<td>Quarry Station Senior Apartments</td>
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<tr>
<td>American Roots Music (10)</td>
<td>Wed 10:30 a.m.-noon, Apr 13</td>
<td>Hylton Performing Arts Center</td>
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<tr>
<td>Dinner Alfresco (29)</td>
<td>Wed 1:30-3:00 p.m., Apr 13 or 20</td>
<td>Trinity Episcopal Church</td>
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<tr>
<td>Looking for Liars (15)</td>
<td>Thurs 10:30 a.m.-noon, Apr 20</td>
<td>Hylton Performing Arts Center</td>
</tr>
<tr>
<td>Existentialism and Camus (33)</td>
<td>Fri 10:30 a.m.-noon, Apr 15</td>
<td>Bethel Lutheran Church</td>
</tr>
<tr>
<td>Tobacco and Slavery in No. Va. (27)</td>
<td>Tues 10:00-11:30 a.m., Apr 19</td>
<td>Hylton Performing Arts Center</td>
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<tr>
<td>Forum: Do You Know What NVCC Is Doing Now (03)</td>
<td>Wed 10:00 a.m.-noon, Apr 27</td>
<td>Hylton Performing Arts Center</td>
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<tr>
<td>Miklosovich Garden Tour (18)</td>
<td>Wed 1:30 or 2:30 p.m., Apr 27</td>
<td>14504 Lloyd Ct., Haymarket, Va.</td>
</tr>
<tr>
<td>Baseball History &amp; Strategy (30)</td>
<td>Sun 11:30 a.m.-3:00 p.m., May 1</td>
<td>Pfitzner Stadium, Woodbridge, Va.</td>
</tr>
<tr>
<td>Citizen's Defending the Homeland (28)</td>
<td>Wed 10:30 a.m.-noon, May 4</td>
<td>Boys and Girls Club of Manassas</td>
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<tr>
<td>Hillwood Museum and Gardens (41)</td>
<td>Wed 8:00 a.m.-6:00 p.m., May 4</td>
<td>Departure Location TBD</td>
</tr>
<tr>
<td>What Money Can't Buy (34)</td>
<td>Fri 10:30 a.m.-noon, May 6</td>
<td>Bethel Lutheran Church</td>
</tr>
<tr>
<td>Annapolis: On Land and Sea (42)</td>
<td>Fri 7:30 a.m.-8:30 p.m., June 24</td>
<td>Departure Location TBD</td>
</tr>
<tr>
<td>Castleton Festival: Jazz (43)</td>
<td>Sun 12:30-7:30 p.m., July 24</td>
<td>Departure Location TBD</td>
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Spring 2016 Registration & Other Information

Online Registration opens Jan. 11. To register online, go to LLI’s website (lli-manassas.org). Go to “Class Registration” and enter your user name and password. Click on “Class Registration” on the top menu bar. Choose the link “click here to register for classes” and follow instructions for registering and paying class and trip fees as well as your membership dues by credit card.

Mail-in Registration. Use the form at the back of this program guide.

Sign up online or by mail for as many forums/classes/trips/clubs as you wish, but plan to attend all, since instructors and coordinators prepare for the total number registered. If you are wait-listed for a class, the coordinator will make every effort to get you into the class and will let you know if space is available.

Coordinators. An LLI member serves as coordinator for each class/trip. Contact the coordinator if you have questions. About one week before each class/trip you signed up for starts, you will receive a reminder by email or phone from the coordinator.

Venues. Directions to class venues are at the back of this program guide and are included on LLI’s website (lli-manassas.org).

Bring a Friend. Members may bring potential LLI members to one class meeting (space permitting and fee paid if applicable).

Fees and Refunds. Please pay fees at registration – you will not be registered unless fees are paid. LLI will refund fees if a class, trip or event is full or is cancelled. LLI will also refund fees for classes and carpooled-trips if the member notifies the coordinator at least seven days in advance that he/she is unable to attend unless the fee is non-refundable. If costs for an event are adjusted, fee over-payments of $10 or more will be refunded. See bus trip write-ups for information regarding refunds.

Photographs. By becoming an LLI member and participating in classes, trips and other activities, you may be photographed and your photo may appear in our publications and/or on our website.

Classes are subject to change due to high registration or weather. Please check our website (lli-manassas.org) or emails for updates. Coordinators will call members without email addresses.
Speaker Forums (S1601-03)

Forums are open to the public, and LLI members are encouraged to bring friends and neighbors. Refreshments will be served from 10:00-10:30 a.m. before the presentations, and the “lunch bunch,” open to everyone, meets afterward at a nearby restaurant.

Archeological Cemetery Excavation in Prince William County (S1601)
Wednesday, 10:00 a.m.-noon, Mar. 16
Hylton Performing Arts Center
Speaker: John P. Mullen

This forum will focus on archeological investigations at a 19th-century family burial ground at the 12th Prince William High School site near Independent Hill. The project, conducted in 2013 by Thunderbird Archeology (a Division of Wetland Studies and Solutions in Gainesville, Va.), included archeological cemetery delineation, archival research, the archeological removal of human remains from the cemetery under a permit issued by the Virginia Department of Historic Resources, analysis of the recovered skeletal remains and artifacts, and the ultimate re-interment of remains at another location on the site. Mr. Mullen will also talk about some of his company's other projects including an 18th-century warehouse foundation discovered on Hotel Indigo's property in Alexandria, Va. Additional subjects will include Harmony Cemetery investigations in Washington, D.C. and excavations at Accotink Quarter located near Lorton, an important 18th-century slavery site.

John P. Mullen brings 25 years of experience in cultural resource management to Wetland Studies and Solutions, Inc. where he serves as principal archeologist and assistant manager of archeology. Mr. Mullen has conducted all phases of archeological research in the Middle Atlantic region. He has participated in and conducted research on diverse site types, including prehistoric lithic quarries and palisaded villages, early 19th-century military forts, Civil War campsites, 19th-century iron works, a 19th-century prison, historic cemeteries, and numerous 19th- and 20th-century domestic sites.

Nancy Arrington, LLI Coordinator
narrington1@verizon.net, 703-408-7446
Rollicking Reconciliations: Foods & Feasting in Shakespeare’s Comedies (S1602)

Thurs., 10:00 a.m.-noon, Mar. 24
Hylton Performing Arts Center
Speaker: Joyce Johnston

The woods and gardens of Shakespeare’s festive comedies are really interior landscapes, where self-deception runs humorously amok in the thickets of the human mind. In Midsummer Night’s Dream, As you Like It, Twelfth Night, and The Taming of the Shrew, what looks like true love may actually be ambition, or a donkey, or someone who’s really not that into you. Friends and lovers disappear, gender seems to be negotiable, the familiar landscape of daily life metamorphoses into a shifting territory of seductive voices, beckoning fairy lights and misleading pathways. The human search for companionship slips endlessly away, leaving loneliness and isolation behind. How will the characters learn enough to replace their cherished illusions with real affection and a supportive community? When they finally achieve the wisdom to laugh at themselves, then it's time to feast indeed. In fact, in the true spirit of LLI forums, at the end we’ll feast with them.

Joyce Johnston’s lifetime of travel as an Army brat has given her a love of unexplored places and a taste for adventure. Now retired from public school teaching after 37 years, she has extended her love of diverse cultures to her multicultural students at George Mason University and to frequent travel with her husband Craig. Previously, she has shared her experiences in the cities of Eastern Europe, her knowledge of Beowulf as a window into aging and her intersection with light and life above the Arctic Circle. This semester she is sharing her love of literature plus her love of food in an original presentation on food and feasting in the comedies of Shakespeare.

Kathy Marsh, LLI Coordinator
bandkmash@verizon.net, 703-368-7276
Do You Know What Northern Virginia Community College (NVCC) Is Doing Now? (S1603)
Wednesday, 10:00 a.m.-noon, April 27
Hylton Performing Arts Center
Speakers: Dr. Scott Ralls and Dr. Roger Ramsammy

Northern Virginia Community College is the second largest community college in the nation, serving more than 78,000 students at Manassas and four other Northern Virginia campuses. In this presentation Dr. Scott Ralls, president of NVCC, and Dr. Roger Ramsammy, Manassas campus provost, will explain the many diverse services the college provides. With a strong emphasis on preparing students for the future, NVCC established the successful SySTEMic Solutions that promotes studies and careers in Science, Technology, Engineering and Mathematics. The SySTEMic Solutions program was selected as the Governor’s choice for the most innovative program in 2014. In addition to its varied degrees and vocational training, NVCC offers programs that positively affect our entire community including tuition-free, non-credit courses for seniors offered through Workforce Development and Continuing Education.

Dr. Scott Ralls holds a Ph.D. in industrial and organizational psychology from the University of Maryland and was named honorary fellow of Warwickshire College in Leamington, England. He currently serves as co-chair for the Policy Leadership Trust for Student Success, a national effort sponsored by Jobs for the Future, to advance state policy improvements that promote completion for community college students.

Dr. Roger Ramsammy, “Dr. R.,” as he is affectionately called by his students, staff and colleagues, has worked as a tenured professor and administrator for nearly two decades. He was associated with an LLI group in Florida before coming to Manassas.

Mary Anna Johnson, LLI Coordinator
majic1@comcast.net, 703-368-0987
This semester LLI is partnering with Hylton Performing Arts Center to offer three performances. Lectures, held at the Hylton Center, will precede the performances. Register for the lectures online or by using the form at the back of this program guide. *You must purchase your own ticket to each performance. Instructions are included with the write-up for each performance.*

**American Festival Pops Orchestra’s Valentine’s Concert (S1604)**

**Lecture:** Thursday, 1:00-2:30 p.m., Feb. 11  
**Hylton Performing Arts Center**  
**Instructors:** Anthony Maiello and Bryan Kidd

Join **Anthony Maiello and Bryan Kidd** for a ‘heartfelt’ discussion about popular love songs and romantic standards from the Great American Songbook. Maestro Maiello is Founder and Music Director of the American Festival Pops Orchestra and a Professor of Music at George Mason University where he currently teaches graduate and undergraduate Conducting, Jazz Theory & Arranging and Advanced Sight-Singing. Bryan Kidd serves as Composer/Arranger-in-residence for the American Festival Pops Orchestra and is formerly Chief Composer and Arranger for the United States Navy Band where he arranged and composed in a wide variety of styles for the Navy Band’s multiple ensembles.

**Performance: Valentine’s Day Pops, American Festival Pops Orchestra**  
**Saturday, 8:00 p.m., Feb. 13**  
**Hylton Performing Arts Center, Merchant Hall Family-Friendly Event**

Treat your Valentine to an evening of romance and enjoy today’s most cherished love songs. In this special Valentine’s Day concert, the American Festival Pops Orchestra performs romantic standards and treasured love songs from the Great American Songbook. Anthony Maiello has assembled some of the finest musicians in the region to create this ensemble, renowned for its musical virtuosity and its delightful interpretations of the 20th century’s most beloved music.
Tickets $50, $43, $30. Purchase tickets online at HyltonCenter.org, or by phone 888-945-2468, or at the ticket office, 10960 George Mason Circle, Manassas, Va. Use CODE: LLI20 for LLI’s 20% discount.

Bob Marsh, LLI Coordinator
bandkmash@verizon.net, 703-368-7276
Gainesville Ballet Presents *Carmen* (S1605)

**Lecture:** Tuesday, 1:30-3:00 p.m., Feb. 16  
**Hylton Performing Arts Center**  
**Instructor:** Elysabeth Muscat Hegab

Learn about Northern Virginia's rising star of the dance world, Gainesville Ballet, and their upcoming performance of the world premiere ballet *Carmen*, based on the Opera by Bizet. Meet the director, watch video clips, and feel free to ask questions. Gainesville Ballet thrilled audiences this past season with the premiere of *Carmina Burana* and with the annual performance of *Nutcrackers* at the Hylton Center featuring world famous guest stars. Dancers from the company will perform some short excerpts and will be available to answer questions.

**Elysabeth Muscat Hegab**, managing director, is taking Gainesville Ballet to new heights, after serving as managing director of Baltimore Ballet for twelve years. Also a former professional opera singer, she sang in many top European opera houses and is on the faculty of the Peabody Insitute of Johns Hopkins University. She teaches privately in Gainesville, has served on several nonprofit boards and is currently on the board of the Prince William Arts Council. She and her husband, Rafik Hegab of Egypt, are the directors of Gainesville Ballet.

**Performance: Carmen**  
**Saturday, 7:30 p.m., Feb. 20**  
**Hylton Performing Arts Center**

**Tickets $35; children 12 and under $15.** Purchase tickets online at HyltonCenter.org, or by phone 888-945-2468, or at the ticket office, 10960 George Mason Circle, Manassas, Va. Use CODE: LLI20 for LLI’s 20% discount.

**Bob Marsh, LLI Coordinator**  
bandkmash@verizon.net, 703-368-7276
Manassas Ballet Theatre’s Spring Sampler (S1606)
Lecture: Tuesday, 1:30-3:00 p.m., Mar. 8
Hylton Performing Arts Center
Instructor: Amy Wolfe

Amy Wolfe is back with another wonderful class on the program of the Manassas Ballet. Amy will introduce the Manassas Ballet Theatre’s annual spring program featuring a mixed repertoire of both classical pieces and exciting, original choreography, accompanied by the Manassas Ballet Theatre Orchestra. With several up-and-coming choreographers within the company, this offering promises to be a highlight of MBT's ballet season.

Amy Wolfe has been a soloist with Ballet Dallas, Ballet Midland, Irving Ballet, Richardson Ballet, Dallas Metropolitan Ballet, Southwest Dance Collective, Ohio Opera Company, and Berea Summer Theatre. In 1990, she moved to Manassas and became a teacher at Manassas School of Dance (now MBA) and dancer for Manassas Dance Company (now MBT). In 1997, she became associate director and helped lead MBT’s expansion into a professional ballet company and in 1999 became its artistic director. In 2008, Ms. Wolfe received a Seefeldt Pioneer Award for Arts Excellence by the Prince William County Park Authority Arts Council for stellar achievement over time.

Performance: Spring Sampler
Fri. & Sat., 7:30 p.m., Mar. 11 & 12; Sun. 3:00 p.m., Mar. 13
Hylton Performing Arts Center

Tickets (range of prices). Purchase tickets online at HyltonCenter.org, or by phone 888-945-2468, or at the ticket office, 10960 George Mason Circle. Manassas, Va. Use CODE:LLI20 for LLI’s 20% discount.

Bob Marsh, LLI Coordinator
bandkmash@verizon.net, 703-368-7276
Arts & Literature (S1607-10)

Understanding Opera (for People Who Hate Opera) Part 2 (S1607)
Wednesdays, 10:00 a.m.-noon, Feb. 3, 10
Hylton Performing Arts Center
Instructor: Glenn Winters

This is a continuation of the opera class offered in the fall 2015 semester. In this class the instructor will cover the two productions of the second half of Virginia Opera’s 2015-2016 Season: Gounod's passionate Shakespearean adaptation of Romeo and Juliet and Wagner’s thrilling tale of the supernatural, The Flying Dutchman. Musical and dramatic analysis will be illustrated with audio and video excerpts.

Glenn Winters is in his twelfth season as community outreach musical director for Virginia Opera. He is the composer of several commissioned operas, including Tales from the Brothers Grimm, The Empress and the Nightingale, The Princess and the Pea, A Tricksters Trilogy and Katie Luther. His book, The Opera Zoo: Singers, Composers and Other Primates, is available from Kendall Hunt Publishing.

Lianetta Ruettgers, LLI Coordinator
lianetta@comcast.net, 703-368-3040
The Story of Film: An Odyssey (S1608)
Mondays, 1:30-3:00 p.m., Feb. 8, 15, 22, 29
Bethel Lutheran Church
Instructor: David Ward

The class will view *The Story of Film: An Odyssey* following the history of world cinema guided by film historian Mark Cousins.

1. Birth of the Cinema
2. The Hollywood Dream
3. The Golden Age of World Cinema
4. The Arrival of Sound

After viewing each lecture students will discuss its content and review related questions. Students are encouraged to read *The Story of Film: An Odyssey* by Mark Cousins

**Note:** You are welcome to attend any class that interests you. You need not take every class in the series to enjoy these lectures.

**David Ward** was a financial manager with the Department of Defense for 35 years. He graduated from George Washington University with a degree in history/philosophy and American studies and a minor in financial management. He is a past president of LLI-Manassas, membership chair and a member of the program committee. He is presenting several classes this semester, as he has done for the past few years.

**David Ward, LLI Coordinator**
dward222@verizon.net, 703-369-1243
The Gifts of Reflection: A Writing Workshop (S1609)
Mondays, 1:30-3:30 p.m., Mar. 14, 21, 28, Apr. 4, 11, 18, 25, May 2
Quarry Station Senior Apartments
Instructor: Mary Winsky

Give yourself the gifts of writing and reflecting to bring back time,
 enhance the present, and leave a legacy. Composing is more than
 remembering; it is creating. Come create in a circle of readers and
 writers under the influence this time of Louise DeSalvo. Her book *The
 Art of Slow Writing: Reflections on Time, Craft and Creativity* will
 keep us company and inspire us with new ideas.

Please get a paperback copy of *The Art of Slow Writing* and read the
 preface and introduction for our first class. We will use it to launch our
 own writing.

**Mary Winsky** is a writer and former English teacher, staff developer
 and change agent. She has taught composition and literature at high
 school, college and graduate levels and led writing workshops for
 adults nationally and locally. Mary has taught for LLI since Fall of
 2004.

**Elizabeth Crawford, LLI Coordinator**
crawforde1@juno.com, 703-594-0049
An Introduction to American Roots Music (S1610)
Wednesday, 10:30 a.m.-noon, Apr. 13
Hylton Performing Arts Center
Instructor: Ray Sheehan

This class will explore the fundamental forms of music arising out of American culture in the nineteenth and twentieth centuries: gospel, blues, folk, Celtic, country, old-time, and bluegrass. Emphasis will be placed on distinguishing among the various musical forms, and we will be treated to live performances by the three musicians presenting the class. Students will leave this class with a fuller appreciation of the richness of the American tradition in music.

Tim Noone (Harmonica, Guitar, Vocals) Raised on blues, country, folk, and bluegrass, Tim has been studying and exploring those musical styles for over 40 years. Tim is now involved in Celtic music through Wicked Olde and is a philosophy professor at Catholic University.

Heather Butler (Violin, Mandolin, Vocals) Heather chose a career in music therapy so she could use her skills and joy of music to assist those with disabilities. She moved to the Shenandoah Valley, where she was exposed to old time, blue grass, country, and Celtic music. She currently plays in several ensembles, including Wicked Olde and occasionally Cool McFinn, and teaches a variety of instruments to students of all ages.

Ray Sheehan (Guitar, Vocals) Raised in an Irish American neighborhood, Ray naturally gravitated toward traditional Irish folk songs and the Celtic dance tunes of Ireland and Scotland, but had to go through 30 years of rock, singer-songwriter music, and blues to get there. A founding member of Fairfax’s Celtic group Cool McFinn in 2002, he and Tim formed Wicked Olde in 2013 as a vehicle for exploring all of our musical influences. A lawyer by trade, Ray currently practices retirement.

Lianetta Ruettgers, LLI Coordinator
lianetta@comcast.net, 703-368-3040
Current Events & Economics (S1611-15)

Great Decisions (S1611)
Wednesdays, 2:00-3:30 p.m., Feb. 24, Mar. 2, 9, 16, 23, 30, Apr. 6, 13
Class fee $22 (include with registration)
Bethel Lutheran Church
Instructor: David Ward

The Great Decisions Discussion Program is the longest running and largest grassroots world affairs educational program of its kind. It is the core of the Foreign Policy Association's (FPA) civic educational outreach efforts bringing millions of Americans together in communities, classrooms, and workplaces across the country to discover, discuss, and form opinions on foreign policy. The 2016 program will discuss the following topics: Middle East Alliances; The Rise of ISIS; The Future of Kurdistan; Migration; The Koreas; The United Nations; Climate Change; Cuba and the U.S.

Note: Please include $22 for the 2016 Briefing Books with your registration.

David Ward’s bio is on page 18.

David Ward, LLI Coordinator
dward222@verizon.net, 703-369-1243
Judicial Branch of Government at the State Level (S1612)  
Thursday, 1:30-3:00 p.m., Mar. 3  
Prince William County Courthouse, Courtroom 4  
9311 Lee Ave., Manassas  
Instructors: Judge Mary Grace O’Brien and Judge Angela Horan

In this presentation the two judges will give us an introduction to the Judicial Branch of Government at the state level. They will also discuss the jurisdiction and types of cases heard by each of the three trial levels of court -- Juvenile and Domestic Relations District Court, General District Court, and Circuit Court – as well as the two appellate levels, Court of Appeals and Supreme Court. The judges will then talk about the Canons of Ethics for judges and how judges are selected in Virginia. Finally, the judges will focus on the evolving role of women as attorneys and judges.

**Judge Mary Grace O’Brien** is currently a Virginia Court of Appeals judge in Prince William County. She has a bachelor’s degree from LeMoyne College and a juris doctorate from Washington & Lee University School of Law. Judge O’Brien has been an assistant commonwealth attorney (criminal prosecution) and a judge in the Juvenile and Domestic Relations Court and the Prince William County Circuit Court.

**Judge Angela Horan** sits on the General District Bench in Prince William County. Previously she was an assistant county attorney and then county attorney for Prince William County. Her office represented county agencies such as the police in state and federal court. Additionally, as county attorney she advised the Board of County Supervisors on legal issues.

**Kathy Pechauer, LLI Coordinator**  
kapecbauer@gmail.com, 703-975-5049
Passenger Rail Service in the U.S.: Current Reality and Future Promise (S1613)
Tuesday, 2:00-3:30 p.m., Mar. 15
Trinity Episcopal Church
Instructor: Michael Smedberg

Amtrak was formed in 1971 through the government-sponsored consolidation of most of the preexisting passenger rail in the U.S. It operates more than 300 trains each day on 21,300 miles of track connecting more than 500 destinations (including Manassas and Woodbridge) in 46 states and three Canadian provinces. This class will be a presentation of the current status of intercity passenger train travel in the U.S., with an overview of future projects in the works and under discussion. The instructor will also describe what train travel looks like in other parts of the world.

Michael Smedberg retired from Amtrak in June of 2015, after several years of managing the Amtrak print shop. While not in a policy making, corporate communications, or sales and marketing position, Mr. Smedberg had contact with all of these areas. He has an avid interest in transportation policy and political economy in general.

Nancy Arrington, LLI Coordinator
narrington1@verizon.net, 703-408-7446
Invest in Your Grandkids: The 529 College Savings Plans (S1614)
Tuesday, 10:30 a.m.-noon, Apr. 12
Quarry Station Senior Apartments
Instructor: Richard Phillips

Grandparents, parents and aunts and uncles can invest in a child's future college expenses with 529 College Savings Plans. The instructor will discuss what these plans are and how they work, as well as the advantages and potential drawbacks of establishing such plans.

Richard Phillips is a former trial attorney who now works exclusively in estate planning law and assisting families in achieving peaceful wealth preservation. He received a bachelor's degree from James Madison University in 1995 and a juris doctorate from George Mason University School of Law in 1999. He is a member of the Prince William County Chamber of Commerce and occasionally donates his legal expertise to non-profit organizations. His hobbies are reading, creative writing, music and hiking.

Karen Waltman, LLI Coordinator
geraldwaltman@hotmail.com, 703-830-5710
Looking for Liars (S1615)
Thursday, 10:30 a.m.-noon, Apr. 14
Hylton Performing Arts Center
Instructor: Donald Sheehan

Building on the introduction to the detection of nonverbal deception provided during the Fall semester, attendees will learn how liars prefer to deceive and a simple technique which frequently identifies deception in conversations. Indicators of deception such as flag words, phrases and statements will be covered. You will learn to recognize stalling tactics and how camouflage expressions are used to evade revealing true intent. Pointer responses and guilt signatures will be covered as well.

Donald Sheehan is happily retired from the U.S. Marine Corps and the Federal Bureau of Investigation (FBI), where he commanded a counterintelligence team and managed the FBI National Academy’s interview and interrogation program respectively. For ten years Don was an adjunct faculty member at the University of Virginia and was awarded the prestigious Jefferson Award for research excellence. He is currently an adjunct professor of psychology at Nova Southeastern University, Fort Lauderdale, Florida, where he teaches graduate level courses in applied criminal psychology. Don’s wife, Melodee, will assist in this presentation.

Kathy Marsh, LLI Coordinator
bandkmash@verizon.net, 703-368-7276
Experience Buffet (S1616-18)

In this popular series of classes, LLI members share their work experiences, hobbies, travels and special interests. Please consider presenting your own story next semester. Contact a program committee member if you need technical help (PowerPoint, etc.) with your presentation.

Science for Seniors and Their Grandkids (S1616)
Tuesday, 10:30 a.m.-noon, Jan. 26
Boys and Girls Club of Manassas, Craft Room
Fee of $1.00 for materials will be collected at the door
Instructor: Lois Montgomery

The instructor will offer an array of hands-on activities that you can do with your grandkids using mostly common items in your kitchen. She will provide instruction and materials for a variety of experiments that class members can participate in. Who knows, you could become the one everybody invites to their party because you do great science tricks. Come and be amazed and wear old clothes in case things get messy.

Lois Montgomery was a science teacher in Fairfax County for 38 years. She lives in a home on the waterfront in Prince William County and spends her free time gardening with native plants, teaching religious education at the Bull Run Unitarian Universalist Church, working at the food pantry, and crafting hand-made things from all different kinds of materials. Lois taught a class on evolution in the fall 2015 semester.

Karen Waltman, LLI Coordinator
geraldwaltman@hotmail.com, 703-830-5710
An Albanian Adventure (S1617)
Tuesday, 1:30-3:00 p.m., Mar. 1
Bethel Lutheran Church
Instructor: Dorothy Johnson

Albania, a place closed to trade and travel for forty-six years following World War II, is a land of mystery, enchantment and delight. Located in the Balkans, Albania was at the crossroads of many historical events. Located adjacent to Yugoslavia and Greece, Albania has been influenced by Roman, Greek, Illyrian and Byzantine cultures. During World War II, Albania was occupied by Nazis. Following the war, an ultra-repressive government under Enver Hoxha closed the country until “free” elections in 1991. Even today, the majority of farms in Albania lack mechanization and there is almost no industry. Discover an ancient, beautiful, historic country with exceptional shopping bargains.

Dorothy Johnson, a retired French and Spanish teacher, acquired a love of travel as a young girl. She and her husband Bill, a retired science teacher, have traveled throughout the Caribbean region and Europe. They enjoy spending “April in Paris” and visiting their Foreign Service daughter wherever she is stationed.

Mary Anna Johnson, LLI Coordinator
majic1@comcast.net, 703-368-0987
Miklosovich Garden Tour (S1618 A or B)
S1618A. Wednesday, 1:30 p.m., April 27 (Rain date May 4)
S1618B. Wednesday, 2:30 p.m., April 27 (Rain date May 4)
Maximum class size 40
Miklosovich Backyard Garden
14504 Lloyd Ct., Haymarket, VA 20169

The garden area is approximately 50 x 70 feet. Steve will explain the components of his anti-deer system and how they have worked to keep deer out of the garden. He will also demonstrate his rain water collection system, which collects 650 gallons of water from one inch of rain and, through a network of pumps, distributes it to the garden 100 feet away. A vegetable garden will have been planted, as well as 150 tulip bulbs.

Note: Steve will conduct tours of the garden at 1:30 and 2:30 p.m. Please sign up for the time you wish to attend.

Steve Miklosovich retired from AT&T and has been an active Master Gardener for 16 years. He spends a great deal of time year-round in the vegetable and flower gardens and surrounding landscape. He volunteers for Feed the Hungry and teaches nature/science appreciation for school kids via Science in the Park at Silver Lake in Prince William County. He has been an LLI member for two years.

Janet Wheatcraft, LLI Coordinator
jweatcraft@verizon.net, 703-369-2499
Health & Fitness (S1619-22)

Senior Stretch (S1619)
Wednesday, 1:00-2:30 p.m., Feb. 17
Bethel Lutheran Church, Great Hall
Instructor: Tara McAuley

Develop balance, strength, and flexibility using yoga postures. The pace of the class is slower and more restorative than a traditional yoga class. Participants may stand or sit in a chair – no need to sit on the floor. Please wear loose-fitting clothes and tennis/running shoes.

Note: This is a repeat of the class offered in the fall of 2015 due to students’ requests.

Tara McAuley, a certified yoga instructor, teaches a variety of yoga classes at the Manassas Park Community Center. One of the most popular classes she teaches is senior yoga. Tara also teaches the aquatic yoga, aquatic aerobics, and senior strength and stretch.

Kathy Pechauer, LLI Coordinator
kapechauer@gmail.com, 703-361-8162
Alzheimer’s Disease: The Basics and 10 Warning Signs; Healthier Habits, Healthier You (S1620)
Friday, 10:30 a.m.-noon, Mar. 4, 11
Boys and Girls Club of Manassas
Instructor: Jane Priest

The first class is an introduction to Alzheimer’s disease and related dementias. It will cover the 10 signs of Alzheimer’s disease and how early detection matters. It will also cover causes and risk factors, stages of the disease and hope for the future. The purpose of the class is to provide a greater understanding of the difference between age-related memory loss and dementia. It will help participants know what to do if they or a family member have signs of Alzheimer’s.

In the second class the instructor will offer research-based recommendations on aging well by taking care of both brains and bodies. A healthy lifestyle improves our brain health. Students will receive a helpful workbook.

Jane Priest is the regional program and services manager of the Alzheimer’s Association’s National Capital Area Chapter. She has served in a variety of volunteer and staff positions over the past 22 years, providing educational and supportive programs for families, diagnosed individuals and family caregivers. Earlier in her career, she served as a nurse in both hospital and long term residential settings.

Kathy Marsh, LLI Coordinator
bandkmash@verizon.net, 703-368-7276
Healthy Living for Seniors (S1621)
Tuesday, 1:30-3:00 p.m., Mar. 29
Bethel Lutheran Church
Instructor: Dr. Michael Dennis

In this presentation Dr. Dennis will explain how we can live a healthier life as we grow older. What is the best kind of exercise – walking, water aerobics, stretching, weight training? Should we eat fermented foods, take probiotics, supplements? Are there really any “super” foods, any foods that will keep our brains healthy? Do “brain games” really help? What medical tests should we get? What about the new blood pressure guidelines? Dr. Dennis will answer these questions and give us more tips on living a long, healthy and happy life.

Dr. Michael Dennis retired from the practice of neurosurgery after 30 years in the Washington area. He graduated from Brown University with a bachelor’s degree and earned his master’s degree from Yale University. He completed his surgical internship and his neurological residency at George Washington University Hospital. He became clinical professor of neurosurgery at George Washington University in 1980, where he served until December 2003. He has been on the staff of George Washington University Hospital, Washington Hospital Center, INOVA Fairfax Hospital and Reston Hospital. Dr. Dennis is a long-time member of LLI and has presented several classes on various subjects.

Lianetta Ruettgers, LLI Coordinator
lianetta@comcast.net, 703-368-3040
Bacteria and Viruses – The Good and the Bad (S1622)
Mondays, 10:30 a.m.-noon, Apr. 11, 18, 25
Trinity Episcopal Church
Instructor: Frank Gregorio

The origin of life on Earth most likely involved bacteria. There is more bacterial biomass on Earth than that of all the plants and animals combined. Viruses are not actually alive. Dangerous pathogenic bacteria represent only a small portion of all species of microbes alive today. Most germs are good to us, yet we are punishing these good bacteria by exposing them to antibiotics. New medical treatments for some diseases result in live bacteria and viruses being inoculated into us on purpose.

Frank Gregoria held several different positions leading up to his occupation as a science teacher in Prince William County Schools. He was the senior investigator with the FDA and CEO of an international biotechnology company. As a teacher, Frank stood out among his peers and was honored with recognition from Virginia as runner-up for the Presidential Science Teacher Award. USA Today named Frank one of the best teachers in America. He operates an educational You Tube channel with 19,000 subscribed science teachers.

Lois Montgomery, LLI Coordinator
lomonty@yahoo.com, 703-209-8844
History (S1623-28)

CIA and the Polygraph (S1623)
Tuesdays, 10:30 a.m.-noon, Feb. 9, 16, 23
Bethel Lutheran Church
Instructor: John Sullivan

In this class the instructor will deal primarily with how polygraph is used in the CIA. He will discuss cases in the following areas in which the CIA uses or has used the polygraph.

1. The validity, or lack thereof, of polygraph
2. The Cold War
3. American spies

John Sullivan has been a polygraph examiner with the CIA for 31 years. He is the author of two books on CIA and polygraph, Of Spies and Lies: A CIA Lie Detector Remembers Vietnam, and Gatekeeper: Memoirs of a CIA Polygraph Examiner. He has been a lecturer for Road Scholar for more than five years and for Royal Caribbean Cruise Lines. He has been an instructor at Anne Arundel Community College, a substitute teacher in the Fairfax County School System and an expert witness and consultant in court cases involving polygraph.

Lianetta Ruettgers, LLI Coordinator
lianetta@comcast.net, 703-368-3040
Women’s Suffrage in Virginia, 1869-1920 (S1624)
Monday, 10:30 a.m.-noon, Mar. 7
Trinity Episcopal Church
Instructor: Alice Reagan

After the Civil War Virginia women began the long campaign to get the right to vote. Early efforts led by Republican women and men in Richmond failed to gain much support, fading after 1872. Richmond served as the birthplace for the early 20th century Equal Suffrage League of Virginia that tried unsuccessfully to get the General Assembly to approve woman's suffrage during the 1910s. The ESL soon had a rival based in Norfolk, the National Woman's Party, allied with suffrage radical Alice Paul. The ESL and NWP battled to control the direction of the movement in the Commonwealth. Suffrage efforts received little support from the men who dominated Virginia politics, and the 19th Amendment was added to the U.S. Constitution despite Virginia. Although they won the right to vote in 1920, Virginia women still had to pay the state poll tax and pass a literacy test although some soon found a way around those restrictions.

Alice Reagan is a native of Deerfield in upstate New York. She graduated from the University at Albany with a bachelor’s degree in history and political science. She received her master’s in history from North Carolina State University and did further graduate work at the University of Maryland. Her major field is 19th century southern history and the Civil War. She came to NVCC-Woodbridge in spring 1989 and teaches the U.S. History and Western Civilization surveys, as well as the Civil War, Reconstruction, Women in American History and History of Virginia. She is currently an associate professor. She received the NVCC Alumni Federation Faculty of the Year Award in 2000 and again in 2004. In addition, she received the NVCC Educational Outstanding Service Award in 2006. She has written two books, including one on Atlanta carpetbagger Hannibal I. Kimball, and several articles. She is on the Occoquan Workhouse Museum Committee and serves as a docent.

Marilyn Scott, LLI Coordinator
marilyn_scott09@comcast.net, 703-361-7074
Big History (S1625)
Tuesdays, 10:00 a.m.-noon, Mar. 8, 15, 22, 29
Bethel Lutheran Church
Instructor: David Ward

This course features the DVDs of Professor David Christian for the Teaching Company’s “Big History.” After viewing each lecture students will discuss its content and review related questions. Lectures about Big History are as follows:

1. Hominines; Evidence of Hominin Evolution
2. Threshold 6 - What makes Humans Different?; Homo sapiens – The First Humans
3. Paleolithic Lifeways; Change in the Paleolithic Era
4. Threshold 7 - Agriculture; The Origins of Agriculture

Note: You are welcome to attend any class that interests you. You need not take every class in the series to enjoy these lectures.

David Ward’s bio is on page 18.

David Ward, LLI Coordinator
dward222@verizon.net, 703-369-1243
Tour The Graffiti House (S1626)
Friday, 11:00 a.m.-1:00 p.m., Apr. 8
19484 Brandy Rd., Brandy Station, VA 22714
Entrance fee of $3.00 will be collected at the door

The handwriting is on the wall! Used as a hospital by both Union and Confederate forces, the walls of this historic building in Brandy Station contain inscriptions, drawings, messages and signatures of Civil War soldiers, hence the name “Graffiti House.” It is believed the graffiti was made by soldiers recuperating in the hospital, by other soldiers stationed at Brandy Station, or by soldiers passing through town. We will have an in-depth tour of this amazing facility with time to view the museum collection and visit the gift shop.

Note: We’ll meet at Wegmans’ parking lot in Gainesville at 10:15 and carpool to the House, about a 45 minute-drive. This is a two-story structure with no elevator and no handicapped parking.

Lynn Hoffman, LLI Coordinator
lynnhoffman00@gmail.com, 703-754-3528
Tobacco and Slavery in Northern Virginia (S1627)
Tuesday, 10:00-11:30 a.m., April 19
Hylton Performing Arts Center
Instructor: Jim Bish

In this presentation the instructor will explain how tobacco was the cash crop that sustained wealth in Colonial Virginia, but unfortunately the cultivation of tobacco created huge demands for labor, opening the door to slavery in Virginia. The growth of slavery in Virginia will be examined including a special look at slavery in Prince William County and Northern Virginia up to the Civil War.

Jim Bish spent the past twenty-eight years teaching U.S., Virginia and Prince William County History at Prince William County’s Woodbridge Senior High School. He has published numerous articles on local history and genealogy. He serves Prince William County as a member of the Prince William County Historical Commission. Jim received his master’s degree from the University of Nebraska, where his thesis, “African American Settlement in Nebraska from 1860-1920,” earned the Elton S. Carter award for excellence. He taught a similar class on slavery for LLI in the spring 2014 semester.

Janet Wheatcraft, LLI Coordinator
jwheatcraft@verizon.net, 703-369-2499
Citizens Defending the Homeland: The Virginia State Guard (S1628)
Wednesday, 10:30 a.m.-noon, May 4
Boys and Girls Club of Manassas
Instructor: Ted Ballard

Since the Virginia Militia was formed in 1607, Virginia has had an organization of citizens ready to defend the homeland. Over the years the group has been associated with the Virginia National Guard and was a part of the U.S. Army. Today it’s called the Virginia State Guard and is part of the Department of Defense. In this presentation, the instructor will focus on the years of WW II, 1941-1947, when the Virginia Protective Force (name changed to Virginia State Guard in 1944) was formed in anticipation of the Virginia National Guard being federalized. The group assumed the in-state duties of the Virginia National Guard, which were to protect bridges, waterways, fuel storage areas and public facilities against possible Japanese or German sabotage. A total of 16,885 Virginians served in this effort.

Ted Ballard is a retired U.S. Army historian. He worked with the U.S. Army Center of Military History from 1980 to 2004. His job involved giving professional development classes to military personnel, Department of Defense civilians, State Department personnel, and sometimes VIPs, using a local Civil War battlefield as a classroom. He served as assistant division historian for the Virginia Defense Fund from 1984 to 1987. He has led walks at local Civil War Battlefields and has given Civil War presentations to local historical societies and other groups.

Mary Anna Johnson, LLI Coordinator
majic1@comcast.net, 703-368-0987
Lifestyle (S1629-30)

Dinner Alfresco II (S1629 A or B)
S1629 A. Wednesday, 1:30-3:00 p.m., Apr. 13
S1629 B. Wednesday, 1:30-3:00 p.m., Apr. 20
Trinity Episcopal Church
Maximum class size 30
Class fee: $10 (include with registration)
Instructor: Lynn Hoffman

Channel your inner chef with a new “dining under the stars” menu! We’ll begin with a Mango Peach Sangria recipe, then on to appetizers featuring a summer favorite – Watermelon: Tomato, Watermelon and Feta Skewers with Mint & Lime and a refreshing Watermelon Salsa. Then we will create a delicious Summer Lemon-Basil Antipasto. You will learn how to make Spiced Roasted Chickpeas and receive the recipe for my favorite Grilled Platter. We will end on a sweet note by making a super-sized Chocolate Chip Cookie baked in a cast iron skillet! And finally, test your watermelon wisdom with a quick quiz.

Note: This is a one-session class that repeats in order to accommodate more members. Please indicate on your registration form whether you want to attend A on Apr. 13 or B on Apr. 20.

Lynn Hoffman earned a bachelor’s degree from the University of Connecticut and a master’s from Fairfield University. She was director of marketing communications for several hi-tech companies including Hyperion Software, now Oracle. Lynn has enjoyed cooking and entertaining family and friends since at age five she pulled her first cake out of her easy bake oven. Lynn is on LLI’s board of directors and a member of the program committee. She has taught several cooking classes for LLI.

Marilyn Scott, LLI Coordinator
marilyn_scott09@comcast.net, 703-361-7074
Baseball: Major League History and Strategy (S1630)
Sunday, 11:30 a.m.-3:00 p.m., May 1
G. Richard Pfitzner Stadium, 7 County Complex Court,
Woodbridge, Va.
Instructor: Bruce Barnard

In a past semester, Bruce talked about the history of Minor League baseball; this time he will concentrate on Major League history. We’ll gather in the big tent on the first base side, and after a buffet lunch, we will have Bruce’s history lesson. Then we’ll attend a 1:05 p.m. Potomac Nationals (Class A affiliate of the Washington Nationals) game. As we watch the action on the field, Bruce will give us hints and tips that will increase our knowledge and enjoyment of the game.

Note: Further details will be sent and money will be collected as the date nears. Individual ticket prices range from $11 to $16. An all-inclusive option for $29 ($27 for 6-12 year-olds), includes a buffet lunch (hamburgers, hot dogs, coleslaw, baked beans, potato chips, cookies, brownies, soda) a reserved game seat (with a back) and a Potomac Nationals baseball cap. Parking is $5 per car.

Bruce Barnard first became a baseball fan in the 1950s as a child in Boseman, Montana. At that time major league baseball had no teams west of Kansas City, so Bruce chose to root for the Cincinnati Reds (temporarily the Redlegs in the 1950s to avoid any association with Senator Joe McCarthy’s red hunts). After graduating from college and law school in 1975, Bruce and his wife Liz began an odyssey that saw them attend major league games in many stadiums before settling in Manassas in 1994. They adopted the Nationals and became season ticket holders for the first six seasons. While law was his vocation, baseball is his passion.

Karen Waltman, LLI Coordinator
geraldwaltman@hotmail.com, 703-830-5710
Religion & Philosophy (S1631-34)

Crazy Christian Ideas (S1631)
Wednesday, 10:00-11:30 a.m., Feb. 17, 24, Mar. 2, 9
Trinity Episcopal Church
Instructors: Stuart Schadt and Vinnie Lainson

Christians have some crazy ideas and beliefs! Some might actually be true and some might just be crazy and a few might be both. Bring your crazy Christian ideas that have you wondering if YOU are crazy! Like, are angels real? As in, not real like Santa? Is heaven real? What about hell? For that matter, what about Satan? Stuart Schadt and Vinnie Lainson will explore these beliefs and more. Join them in a rousing discussion! Disclaimer: they are both crazy!

The Rev. Vinnie Lainson is the associate rector at Trinity Episcopal Church in Manassas. She came to the church as a seminarian in 1998. She leads retreats, writes meditations, is a hospice chaplain and has written adult curricula for spiritual formation and theology. Vinnie has taught several classes for LLI.

The Rev. Stuart Schadt is rector of Trinity Episcopal Church in Manassas where he has served since 1990. He is originally from Texas and has a bachelor’s degree in sociology and social work from the University of Texas, Austin, and a master’s in divinity from Virginia Theological Seminary. He previously taught a class for LLI about the DaVinci Code and another titled Exploring Stonehenge and Other Sacred Sites.

Marilyn Scott, LLI Coordinator
marilyn_scott09@comcast.net, 703-361-7074
Myth in Human History, Part 2 (S1632)

Thursdays, 1:30-3:00 p.m., Mar. 10, 17, 24, 31, Apr. 7, 14
Bethel Lutheran Church

Instructor: Dr. Michael Dennis

Through stories about creation, floods, journeys, battles, heroes, gods, and monsters, myths help us to answer fundamental questions. Dr. Michael Dennis will facilitate class discussion of lectures provided by Grant L. Voth, Professor Emeritus of English and Interdisciplinary Studies at Monterey Peninsula College. The second twelve DVDs of this series will consider myths about goddesses who were once valued over gods, shamans dating back to the Paleolithic era, creator gods, and mythic heroes such as Gilgamesh and King Arthur.

Dr. Michael Dennis’s bio is on page 31.

Elizabeth Crawford, LLI Coordinator
crawforde1@juno.com, 703-594-0049
Existentialism and Camus (S1633)
Fridays, 10:30 a.m.-noon, Apr. 15, 22, 29
Bethel Lutheran Church
Instructor: David Ward

This class follows the Teaching Company’s course “No Excuses: Existentialism and the Meaning of Life” taught by Professor Robert C. Solomon. After viewing each lecture, students will discuss its content and review related questions. Lectures are as follows:

2. *The Stranger Part 2; The Myth of Sisyphus*
3. *The Plague; The Fall*

David Ward’s bio is on page 18.

David Ward, LLI Coordinator
dward222@verizon.net, 703-369-1243
What Money Can’t Buy (S1634)
Friday, 10:30 a.m.-noon, May 6
Bethel Lutheran Church
Instructor: David Ward

This class is a continuation of Michael J. Sandel’s teaching on moral philosophy. Students are encouraged to read his book, *What Money Can’t Buy: The Moral Limits of Markets*. Students will watch a video of Professor Sandel at the Oxford Union as he discusses the moral limits of markets.

David Ward’s bio is on page 18.

David Ward, LLI Coordinator
dward222@verizon.net, 703-369-1243
Science, Technology & Nature (S1635-40)

Plate Tectonics and Continental Drift (S1635)

Thursdays, 10:30 a.m.-noon, Mar. 10, 17
Trinity Episcopal Church
Instructor: Frank Gregorio

Below Manassas an ancient mountain range exists that formed at the South Pole over a billion years ago, and under Woodbridge is an old volcanic island that formed at the tropical equator millions of years ago. Both got here through continental drift, the movement of Earth’s continents relative to each other. Earth’s crust is cracked in dozens of places forming huge tectonic plates. Mountains, ocean trenches, earthquakes and volcanoes occur at the boundaries of these plates, and new crust is formed while the old crust is submerged back into the depths of the Earth. Come and learn about this wild and fascinating ride that we are all on!

Frank Gregorio’s bio is on page 32.

Lois Montgomery, LLI Coordinator
lomonty@yahoo.com, 703-209-8844
Cosmos Redux (S1636)
Fridays, 1:30-3:30 p.m., Mar. 18, Apr. 1, 15
NOVA Manassas Innovation Park (MIP)
Instructors: Dr. Michael Komelasky and E. Perley Eaton

Again, this three-session series will use the two epic TV Cosmos programs, first by Carl Sagan and followed 35 years later by Neil DeGrasse Tyson, as a touchstone for our discussions. First, a look at the Cosmos on the micro and atomic scales – augmented by the current knowledge of the search for usable fusion. Then, a short exploration of homo sapiens’ intelligence and what scientists are finding in mapping the triune brain. And finally, a look at the future of humanity, and the questions of man’s impact on the planet. A series of videos, talks, and class discussions will point to scientific evidence for your greater understanding of: “all that is, or ever was or ever will be.”

Dr. Michael Komelasky is a retired teacher with over 20 years of experience, most recently as a science teacher and golf instructor at Notre Dame Academy in Middleburg, Va. Before that he taught chemistry at the NOVA Manassas and Woodbridge campuses. He has a bachelor’s degree in chemical engineering from Villanova University, a master’s in physical oceanography from Florida Institute of Technology, and a doctorate in environmental science and public policy from George Mason University. He spent 20 years in the Navy on diesel submarines.

E. Perley Eaton has spent over 50 years in the aviation industry, 26 years as an officer in the United States Air Force where he was a crew member, program manager for special equipments and the F-111’s avionics systems, and a military adviser to members of the Office of the Secretary of Defense. He was a member of the Presidential Interagency Council of the Jimmy Carter administration and a consultant to top managers in the FAA. Perley has served as LLI president, newsletter editor and a member of the board of directors and the program committee.

E. Perley Eaton, LLI Coordinator
perlman1@aol.com, 703-754-9344
Tour of Prince William County Landfill and Eco-Park
(S1637)
14811 Dumfries Rd., Manassas, VA 20112
Tuesday, 1:30-3:00 p.m., Mar. 22
Maximum class size 52

Prince William County Sanitary Landfill, which covers 1,000 acres, is the second most visited place in Prince William County. Prepare to be amazed at the engineering marvel this landfill represents. See how trash is managed in an environmentally efficient manner. The bus tour of this award-winning landfill features an energy plant where trash is converted into enough electricity to power 5-6,000 homes. Coming soon, the landfill will also host solar panels that will provide enough energy to operate several government facilities on and adjacent to the landfill. The landfill is also home to various species of wildlife, such as deer, wild turkey, bald eagles and many others. Tour length is approximately one hour.

Note: A member of the landfill staff will conduct the tour on a school bus, which is not handicapped-accessible. You will receive carpooling and/or parking instructions closer to the tour date.

Elizabeth Crawford, LLI Coordinator
crawforde1@juno.com, 703-594-0049
Are You Smarter than Your Smart Phone? (S1638 A or B)
S1638 A. Friday, 1:30-4:30 p.m., Mar. 25
S1638 B. Friday, 1:30-4:30 p.m., Apr. 8
Maximum class size for each session 25
NOVA Manassas at Innovation Park (MIP)
Instructors: NOVA’s PTK Members

This class has been given several times over the last five years, but many students need an update to keep abreast of the improvements in the latest smart phone models. In these classes, the instructors will ensure that those attending are competent in the latest functional operations on their devices. The instructors will provide special attention to the differences in operation of Apple-manufactured products and those classed as androids. A new feature that is more prevalent across all types of smart phones is the use of applications to improve and track the user’s health. This class will include the use of one’s smart phone to provide these beneficial activities.

Note: This is a one-session class that repeats in order to accommodate more members. Please indicate on your registration form whether you want to attend A on Mar. 25 or B on Apr. 8.

PTK Members (Phi Theta Kappa, the Honor Society at NOVA) and LLI-Manassas have a history of working together. PTK has instructed LLI-Manassas members on the use of Facebook as well as several classes on the use of current communication devices. LLI-Manassas members have participated in classes focused on the Phi Theta Kappa honors program. PTK members and all NOVA students are invited to attend LLI’s Speaker Forums.

E. Perley Eaton, LLI Coordinator
perlman1@aol.com, 703-754-9344
Dwarf Planets (S1639)
Wednesday, 10:30 a.m.-noon, Mar. 30
Hylton Performing Arts Center
Instructor: Dr. James Zimbleman

2015 was the “year of the dwarf planet” because it included the first spacecraft encounters with two dwarf planets; the Dawn spacecraft went into orbit around Ceres (the largest asteroid), and the New Horizons spacecraft flew past Pluto on July 14. These two objects are in different parts of our solar system, so they can tell us much about how conditions change as one moves farther away from the sun. This lecture will review the complex story of how the “dwarf planet” designation came into being (in 2006) and present some of the amazing findings recently learned about both dwarf planets.

Dr. James R. Zimbelman is a planetary geologist in the Center for Earth and Planetary Studies at the Smithsonian Institution’s National Air and Space Museum. He has been at the Smithsonian since 1988, conducting research on analysis of spacecraft imaging data of the planets, geologic mapping of Mars and Venus, and investigations of lava flows and sand dunes on planetary surfaces. Dr. Zimbelman is a lecturer on cruises organized by the Smithsonian Journey program and on commercial cruise lines for which the Smithsonian provides lecturers. He has presented several classes for LLI-Manassas.

Nancy Arrington, LLI Coordinator
narrington1@verizon.net, 703-408-7446
Spring Birding (S1640)
Saturday, 8:00 a.m., Apr. 2 (Rain date Saturday, Apr. 9)
Prince William Forest Park Visitor Center
18170 Park Entrance Rd., Triangle, Va.
Leader: Candice Lowther

Spring migration will be underway; wintering birds will be on the way out and the breeding birds are heading back.

Meet in the Visitor Center parking area at 8:00 a.m. Our walk in search of birds will be on mostly level ground.

Prince William Forest Park is a National Park, so the $10 Lifetime Senior Pass for Federal Recreation Lands and National Parks can be used for the entrance fee. The pass is for people age 62 and older and can be purchased online or at the Manassas National Battlefield Park’s Visitor Center. The daily entrance fee without a senior pass is $7.

Candice Lowther began birding in 1993 on a Christmas Bird Count in Nampa, Idaho. She has a bachelor’s degree in biology from the State University of New York at Cortland. She has a teaching certificate for secondary science and a master’s in curriculum and instruction from Boise State University. Candice moved to Northern Virginia in 2006 and has been co-leading and leading LLI birding trips since September 2008. She lives in Bristow with her husband and daughter.

Karen Waltman, LLI Coordinator
geraldwaltman@hotmail.com, 703-830-5710
Bus Trips (S1641-43)

Please direct your questions or specific concerns to the trip coordinator. Members, non-members and guests going on this semester’s bus trip must fill out and return the Acknowledgement, Release and Waiver form along with the Emergency Contact Information section (found at the back of this program guide) with their registration form.

Hillwood Mansion, Museum and Gardens (S1641)
Wednesday, 8:00 a.m.-6:00 p.m., May 4
Minimum trip size 30, maximum 38
Trip cost $83 (include with registration and waiver)

Hillwood, home of Post cereal heiress Marjorie Merriweather Post, opened as a public institution in 1977. We will view an orientation film, have a docent-led mansion tour, a self-guided tour of the gardens, and a 3-course lunch at the Hillwood Cafe. There will be time to explore the museum and the gift shop.

Note: The last day to register for the trip is April 4, 2016. After that date, the fee is non-refundable unless you find a replacement or if there is a waitlist. You will be contacted for your choice of appetizer, main course, and dessert before the trip. You will receive a detailed itinerary prior to departure.

Jill Gentry, LLI Coordinator
ttraveljill@aol.com, 703-335-1529
Annapolis: On Land and Sea (S1642)
Friday, 7:30 a.m.-8:30 p.m., June 24
Minimum trip size: 35, maximum 54
Trip Cost $98 (include with registration and waiver)

Annapolis, Maryland, is located on the Chesapeake Bay at the mouth of the Severn River. Our visit includes a coach and stroll tour of the United States Naval Academy and historic Annapolis, lunch on your own with time to shop, and a cruise to historic Thomas Point Lighthouse.

Note: The last day to register for this bus trip is May 27, 2016. After that date the fee is non-refundable unless you find a replacement or there is a waitlist. You will receive a detailed itinerary prior to departure.

Jill Gentry, LLI Coordinator
traveljillll@aol.com, 703-335-1529
Castleton Festival: Jazz Faculty Septet with Wynton Marsalis (S1643)
Sunday, 12:30-7:30 p.m., July 24
Minimum trip size: 30, maximum 38
Trip Cost $98 (include with registration and waiver)

The bus will take us to the Castleton Festival for the performance of the all-star septet led by Wynton Marsalis. This is the second season of the Jazz at Lincoln Center Summer Academy held at Castleton. The fee includes roundtrip bus fare, ticket to the performance and gratuities.

Note: The last day to register for this trip is June 8, 2016. After that date the fee is non-refundable unless you find a replacement or there is a waitlist. You will receive a detailed itinerary prior to departure.

Jill Gentry, LLI Coordinator
traveljill@aol.com, 703-335-1529
Ongoing Activities (S1644-48)

The following clubs are open to all LLI members. Please list them on your registration form. New members are welcome to join at any time. Participants must be LLI members.

Book Club (S1644)
Wednesday, 1:30 p.m., Jan. 27 & subsequent last Wednesdays
Bethel Lutheran Church
Facilitator: Barbara Deegan, 703-670-9969

One of the longest running activities offered by LLI, the Book Club meets once a month. Books, both fiction and non-fiction, are selected by the members, usually one or two months in advance. The discussions are fun for all, including those who may not have finished reading the current book. Your participation will be sure to enhance your pleasure in reading. Members are encouraged to lead discussions.

Bridge Club (S1645)
Thursdays, 1:00-4:00 p.m.
Bertucci’s, 8114 Stonewall Shops (Wegmans Sh. Ctr.), Gainesville
Facilitator: Alan Hemer, 703-743-9296

Join us every Thursday afternoon, or whenever you can make it, for an informal and enjoyable afternoon. Playing experience is required.

Camera Club (S1646)
Friday, 2:00-3:30 p.m., Jan. 15 and subsequent 1st and 3rd Fridays
NOVA Manassas Innovation Park (MIP)
Instructor: Dr. Michael Dennis
Facilitator: Bert Kriebel, 703-330-6873

This club offers a unique opportunity to get the help needed to take perfect photos of your trips and special occasions. The instructor will help you learn how to make your camera a better tool to record special occasions and how to enhance those images utilizing Adobe Photoshop. Meeting time will be spent learning the techniques needed to improve photographic skills and the use of digital enhancement to further improve your images. An in-class critique of club members’ photos offers an additional learning opportunity.
Computer Club (S1647)
Friday, 2:00-3:30 p.m., Jan. 22 and subsequent 2nd and 4th Fridays
NOVA Manassas Innovation Park (MIP)
Facilitators: Perley Eaton, 703-754-9344 & David Klinkhamer, 703-754-9607

This club will help LLI members use their computers through sharing with other members. Potential discussion and hands-on working topics may include the use of email software, access to free software, the use of Google, YouTube and other informational sources, and hooking up to a local area network. Members should bring their Wi-Fi-capable laptops, iPads or smart phones to the meetings. We will not learn to program our computers but will still learn how to get more out of them.

Mah Jongg Club (S1648)
Tuesdays, 2:00-4:00 p.m.
Bertucci’s, 8114 Stonewall Shops (Wegmans Sh. Ctr.), Gainesville
Instructor: Helaine Oliver, 703-753-4020
Facilitator: Beth Crean, 703-530-0131

Every Tuesday, 2:00-4:00 p.m., we meet for fun, laughter and a good time. All levels of experience are welcome from beginners through master players. Instruction will be provided for those who need it and competitive games will be provided for those who wish them. New cards are ordered at the end of March each year for a fee of $9.

Annual Business Meeting (S1649)
Wednesday, March 23
Sign-in begins at 11:00 a.m., Meeting at 11:30 a.m.
Complimentary Lunch for Members Only
Regency Clubhouse
15351 Championship Dr., Haymarket, VA 20169

Instead of the evite used in the past, we are asking you to sign up online (along with your online registration) for the annual business meeting. You can sign up closer to the time of the meeting; however, the last date to sign up is Feb. 24, 2016. If you cannot sign up online, call Karla Anzzolin, 703-392-9620.
LLI Board of Directors

Mary Foster (2016), President, 571-222-7012(H), 949-466-0168(C)
m maryfoster42@gmail.com

Mike Ahern (2017), Vice President, 703-969-2381
m mike@theaherns.com

Barbara Marotta, (2018), Treasurer, 703-743-5363
bmarotta@nvcc.edu

Dan Leahy (2016), Secretary, 703-309-0914
d dfleahy47@aol.com

rocmusisn@comcast.net

Nancy Arrington (2017), Programs, 703-408-7446
narrington1@verizon.net

Ann Cain (2018), 703-754-8573 (H); 757-250-7152(C)
alcainva@yahoo.com

Beth Crean (2017), 703-530-0131
b bethcrean@verizon.net

Lynn Hoffman (2018), Venues, 703-405-2718
lynnhoffman00@gmail.com

Kathy Marsh (2016) 703-368-7276
bandkmash@verizon.net

Lois Montgomery (2018) 703-209-8844
lomonty@yahoo.com

Ernie Pino (2018) 703-369-3795 (H) 571-435-3166 (C)
emanpino@verizon.net

Mitch Rachlis (2018) 703-753-6710 (H) 703 727-6036 (C)
rachlism@msn.com
LLI Program Committee

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narrington1@verizon.net

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marilyn_scott09@comcast.net

Ann Cain, 703-754-8573, alcainva@yahoo.com

Elizabeth Crawford, 703-594-0049, crawforde1@juno.com

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Kathy Pechauer, 703-361-8162, kapechauer@gmail.com

Lianetta Ruettgers, 703-368-3040, lianetta@comcast.net

Mary Shaw, 703-753-8790, shawmae@comcast.net

John Starsiak, 703-670-3595, jstaesiak@gmail.com

Jane Touchet, 703-405-4120, janetouchet@verizon.net

Karen Waltman, 703-830-5710, geraldwaltman@hotmail.com

David Ward, 703-369-1243, dward222@verizon.net

Janet Wheatcraft, 703-369-2499, jwheatcraft@verizon.net
LLI-Manassas Membership Application

Yearly membership dues are $100 ($100 if joining in Sept. and $50 if joining in Jan. and then $100 following Sept.). This enables you to participate in two consecutive semesters.

Name ........................................................................................................

Preferred badge name ............................................................................

Street address ...........................................................................................

City/State/Zip .............................................................................................

Telephone ..............................................

Email..................................................

Today's Date .........................

How did you learn about LLI?.................................................................

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Please check here if you do not want your name and contact information included on LLI’s membership list which is used only for communication within the organization.

Please mail form & check (payable to LLI-Manassas) to:

LLI-Manassas

P. O. Box 162

Manassas, VA 20108
Class Registration Form

Use a SEPARATE FORM for each member

Mail your completed form to:
LLI-Manassas
P. O. Box 162
Manassas, VA 20108

Name ..............................................................................................

Street address ..................................................................................

City/State/Zip ..................................................................................

Telephone ....................................................................................... 

Email............................................................................................... 

___Please check here if you do not want your name and contact information included on LLI’s membership list (used only within LLI).

Please include check payable to LLI Manassas if you are signing up for Great Decisions $22, Dinner Alfresco $10, Hillwood $83, Annapolis $98, Castleton $98.

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Dues: $________
$50 if joining in Jan. (renew in Sept. for $100)
$100 if joining or renewing in Sept.

Check enclose for total: $________

Be sure to include the Acknowledgement, Release and Waiver form along with the Emergency Contact Information section (next page) if you’re going on the Hillwood and/or Annapolis and/or Castleton bus trip(s).

Please send a check for all classes, trips and events you signed up for that have a fee. You are not registered if the fees are not paid. Please include your membership fee (in the same check) if it is due at this time.

Date registration received_______________

Photographs: By becoming a member of LLI and participating in classes, trips, forums and other activities, you may be photographed, and your photo may appear in our publications or on our website.
Acknowledgment, Release and Waiver

Hillwood, May 4, 2016
Annapolis June 24, 2016
Castleton July 24, 2016
Complete and return with registration.

The undersigned:
- Acknowledges that he/she plans to participate in the Hillwood and/or Annapolis and/or Castleton bus trip(s).
- Hereby waives and releases LLI-Manassas from any and all claims for injury or damage sustained by, through or as a result of such trip.
- Holds LLI-Manassas harmless for any claims resulting therefrom.

Signature ……………………………………………………………………………………
Print Name …………………………………………………………………………………
Your Cell Phone Number ………………………
Today’s Date ………………………………………

Emergency Contact Information

Name of Contact …………………………………………………………………………
Contact’s Phone Number ………………………………………

Make a copy of this form and have any non-LLI member who is your guest fill it out and return it with your registration.
Venues

For complete directions, consult our website (www.lli-manassas.org). There is a link on the top navigation bar. You can also check Google maps or MapQuest for up to date maps and directions.

Bethel Lutheran Church, 8712 Plantation Ln., Manassas 20110, 703-368-3943, is located at the intersection of Plantation Ln. and Sudley Rd. near the main post office and across Sudley Rd. from Java Rock and Manassas Baptist Church.

Boys and Girls Club of Manassas, 9501 Dean Park Ln., Manassas 20110, 703-365-2582, ext. 223. From Prince William Pkwy. South, turn left onto Clover Hill Rd. Follow through several stop signs including a 4-way stop at Hastings Dr. Turn left at the light onto Wellington Rd. Take the second left, which is Dean Park Ln. and follow straight back to building. From Manassas and Rt. 234 South (Dumfries Rd.), turn onto Wellington Rd. and follow above directions.

Center for the Arts, 9419 Battle St., Manassas 20110, 703-330-2787, is located in Old Town Manassas beside the railroad tracks.

Hylton Performing Arts Center, 10960 George Mason Circle, Manassas 20110. From Prince William Parkway turn right onto University Blvd. if you’re going north, left if you’re going south. Take the first left onto the George Mason Campus and then left at dead end and follow to parking lot. From Manassas take Godwin Dr. South and turn right on University Blvd. Go about one mile and turn right onto the George Mason Campus and follow above directions.

NOVA Manassas at Innovation Park (MIP), 9485 Innovation Dr., Manassas 20110. From Prince William Parkway turn onto University Blvd. and then turn onto the first street on the right, Innovation Dr., (just past Comcast). After approximately 0.2 mi. (and just past UTRON) turn left into Innovation Business Center (on Innovation Dr.). Turn right and drive around the building to the end of the parking lot and enter the back door identified by a NOVA banner. Classrooms are clearly marked. From Manassas take Godwin Dr. South and turn right on University Dr. Go about a mile, turn left on Innovation Dr. and follow above directions. Handicapped parking spaces are available at the front of the building.

Handicapped parking spaces are available at the front of the building.
Quarry Station Senior Apartments, 8750 Quarry Rd., Manassas 20110, 703-393-7788. From points north and west, take Prince William Parkway to Sudley Manor Dr. North and follow it to Sudley Rd. Turn right on Sudley Rd. (Rt. 234) and follow it toward Manassas. Sudley Rd. becomes Prescott Ave. at its intersection with Rt. 28. At 4-way stop on Prescott, turn left onto Quarry Rd. and follow to apartments on left. From points south and east, take Prince William Parkway to its intersection with Liberia Ave. and continue straight on Wellington Rd. Turn right on Fairview Ave., right on Center St. which becomes Prescott Ave. Continue as above.

Regency Clubhouse, 15351 Championship Dr., Haymarket, 20169, 571-261-3335. Take the Rt. 15 North Exit off I-66. After approximately 2 miles, turn left onto Dominion Valley Dr. Go straight at the first traffic light and turn right on Regency Club Dr. Stop at the gatehouse (names will be provided for access). Turn left onto Championship Dr. and then left into the club parking lot (adjacent to the gatehouse).

Trinity Episcopal Church, 9325 West St., Manassas, 20110, 703-368-4231, is located on Church St. near the corner of West St. in Old Town Manassas. Park in the church’s parking lot directly behind the downtown post office. Use the church’s West St. entrance (double glass doors).